



GENESEO PARK DISTRICT



Competitive Swimming



Swimming Lessons



Fun in the Sun

SUMMER 2024
ACTIVITY GUIDE

REGISTRATION OPENS
MAY 2ND FOR MEMBERS &
MAY 17TH FOR NON-MEMBERS

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WAYS TO REGISTER



CLICK ON THE ACTIVITY NUMBER IN THIS INTERACTIVE GUIDE

-OR-



VISIT GENESEOPARKDISTRICT.ORG

-OR-



IN PERSON AT THE GENESEO COMMUNITY CENTER



REGISTRATION TUTORIAL

USING THE ACTIVITY GUIDE

ACTIVITY#	DATES ^③	DAYS	TIME	FEE (M/NM) ^④
① GENESEO COMMUNITY CENTER BRIGHT BEGINNING'S PRESCHOOL ROOM				
21154.11 ^②	Sep 6- Oct 11	TU	11:15 am - Noon	\$12/\$24

- ① All programs are held at the Geneseo Community Center *unless otherwise denoted*. Room locations within The Center will be listed if available at the time of publication.
- ② Click on the Activity Number to register online. Or provide this number to the Park District staff if registering at The Center.
- ③ DATES, DAY of the week and TIME are listed for each section.
- ④ CLASS FEES are listed as Member Pricing [M] / Non-Member Pricing [NM] *Learn how you can become a Member & receive 50% off program fees on page 4.*

FITNESS & WATER FITNESS CLASS WALK-IN FEES are listed as (M) Member / (MG) Member Guest¹ / (NM) Non-Member
¹Members can bring a Non-Member Guest at a reduced Walk-In Fee

FITNESS & WATER FITNESS CLASS INTENSITY LEVELS are listed as (L) = Low | (M) = Moderate | (H) = High

WE WANT TO HEAR FROM YOU

TAKE A FEW MOMENTS AND TELL US WHAT YOU THINK ABOUT PARK DISTRICT PROGRAMS

by filling out the Activity Evaluation at

GENESEOPARKDISTRICT.ORG/VOICE-YOUR-OPINION

Your feedback will help guide us so we can better reflect your interests and desires in future programming and events.

WE VALUE YOUR INPUT.



OUTDOOR SUMMER MOVIE NIGHT

COME WATCH A FAMILY FRIENDLY MOVIE
FOR **FREE** AT THE PARK DISTRICT
MOVIE BEGINS WHEN THE SUN GOES DOWN



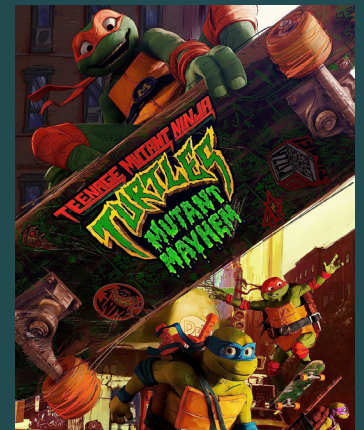
June 15, 2024
@Athletic Field



July 5, 2024
@Athletic Field



July 19, 2024
@Aquatic Center



August 2, 2024
@Athletic Field

THESE FAMILY FRIENDLY MOVIES ARE SPONSORED BY THE GENESEO PARK DISTRICT FOUNDATION!
Learn more about the Geneseo Park District Foundation at GeneseoParkDistrict.org/Foundation

Geneseo
Park District
Foundation



BECOME A MEMBER



VISIT THE GENESEO COMMUNITY CENTER
TO PURCHASE YOUR MEMBERSHIP

COMMUNITY CENTER MEMBERSHIP

With a Community Center Membership you will find something for everyone with the large variety of amenities at The Center.

AMENITIES AT THE CENTER

- Cardio & Weight Rooms
- Indoor Pool
- Sauna
- Indoor Elevated Track
- Recovery Room
- Activity Room Games/Activities
- Gym, Wallyball, Racquetball & Pickleball courts

EVEN MORE AT THE CENTER...

- Adult Lap Swim Times
- Family/Open Swim Times
- Free Equipment to check out
- 50% off Programs
excludes programs held at the Aquatic Center



AQUATIC CENTER MEMBERSHIP

With an Aquatic Center Membership you will have access to the large variety of amenities at the John & Carla Edwards Aquatic Center:

AMENITIES AT THE AQUATIC CENTER

- Pool House
- Splash Pad
- 6 Lane Lap Pool
with Drop Slide,
- 2 Diving Boards & Climbing Wall
- Activity Pool
with Zero Depth Entry, Lily Pad Walk & Current Channel

EVEN MORE AT THE AQUATIC CENTER...

- Adult Lap Swim Times
- Adult Water Walking Times
- Entry to all Swims
includes Night Swim
- 50% off Aquatic Center Programs



PARK DISTRICT MEMBERSHIP *includes everything!*

Access to all the facilities and amenities listed above
Plus 50% off all programs



as of January 1, 2024

COMMUNITY CENTER MEMBERSHIP

AQUATIC CENTER MEMBERSHIP

PARK DISTRICT MEMBERSHIP

	\$185			\$165			\$315		
Youth <i>(6 mos. - 18 yrs)</i>	\$185.00 <i>1-pay</i>	\$65.00 <i>3-pay*</i>	\$17.42 <i>12-pay*</i>	\$165.00 <i>1-pay</i>	n/a <i>3-pay*</i>	n/a <i>12-pay*</i>	\$315.00 <i>1-pay</i>	\$108.34 <i>3-pay*</i>	\$28.25 <i>12-pay*</i>
Adult <i>(19 - 64 yrs)</i>	\$235			\$165			\$365		
	\$235.00 <i>1-pay</i>	\$81.67 <i>3-pay*</i>	\$21.59 <i>12-pay*</i>	\$165.00 <i>1-pay</i>	n/a <i>3-pay*</i>	n/a <i>12-pay*</i>	\$365.00 <i>1-pay</i>	\$125.00 <i>3-pay*</i>	\$32.42 <i>12-pay*</i>
Senior <i>(65+ yrs)</i>	\$210			\$165			\$340		
	\$210.00 <i>1-pay</i>	\$73.34 <i>3-pay*</i>	\$19.50 <i>12-pay*</i>	\$165.00 <i>1-pay</i>	n/a <i>3-pay*</i>	n/a <i>12-pay*</i>	\$340.00 <i>1-pay</i>	\$116.67 <i>3-pay*</i>	\$30.34 <i>12-pay*</i>
Family <i>(1 or 2 adults w/their immediate unmarried dependent children [ages 0-25] residing at the same address)</i>	\$390			\$325			\$650		
	\$390.00 <i>1-pay</i>	\$133.34 <i>3-pay*</i>	\$34.50 <i>12-pay*</i>	\$325.00 <i>1-pay</i>	n/a <i>3-pay*</i>	n/a <i>12-pay*</i>	\$650.00 <i>1-pay</i>	\$220.00 <i>3-pay*</i>	\$56.17 <i>12-pay*</i>

Memberships purchased under false pretenses will be terminated and no refunds will be given.

Non-Resident Fee: \$75 | Aquatic Center Non-Resident Fee: \$30

**Service Fees included. See Payment Plans on page 27 for details*

LOCKER RENTAL

Make it even easier to reach your fitness goals - have all your items on hand by renting locker space. *3 sizes available for annual rental.*

- Gym 1/3 Size...\$19/yr
- Indoor Pool 1/2 Size...\$22/yr
- Gym or Indoor Pool Full Size...\$37/yr

Do you offer any discounts?

The Geneseo Park District offers a Business Membership Discount.

If your employer has a Business Membership, you could be eligible for a **10% discount.**

Please see page 29 for more information or visit with us at The Center.

STRATEGY SESSION FOR NEW & CURRENT MEMBERS

FREE to new Members / \$25 for Current Members

As part of a new membership, you get a STRATEGY SESSION that includes a Fitness Orientation, a Fitness Assessment and a Fitness Consultation. The Strategy Session will help you gain a full understanding of the Cardio & Weight Rooms and a fitness plan – *all intended to give you the tools you need to reach your goals.*

OTHER MEMBERSHIP OPTIONS

The Geneseo Park District understands that a full year membership does not work for everyone. There are 2 short term membership options; 6-month and 1-month memberships. These memberships grant you access to the amenities at The Center on a shorter contract, giving you more flexibility and a better fit for your busy schedule.

Please note: *Payment plans are not applicable for 6-month or 1-month Memberships. Non-Resident Fees do not apply to 1-month memberships. Aquatic Center, 6-month or 1-month memberships are not eligible for program or Business Membership discounts.*

6 MONTH COMMUNITY CENTER MEMBERSHIP	\$170/person
1 MONTH COMMUNITY CENTER MEMBERSHIP	\$60/person



JOHN & CARLA EDWARDS AQUATIC CENTER

Opening May 25, 2024
WITH LIMITED HOURS
WEATHER & STAFF PERMITTING

MAY 25 - JUNE 3, 2024
[LIMITED HOURS]

AQUATIC CENTER SWIMS
SPLASH PAD ONLY
FREE ADMISSION

DATE	AQUATIC CENTER SWIMS	SPLASH PAD ONLY
SATURDAY MAY 25	OPEN SWIM ¹ Noon – 5:00 pm	8:30- 11:30 am
SUNDAY MAY 26	OPEN SWIM ¹ Noon – 5:00 pm	8:30- 11:30 am
MONDAY MAY 27	OPEN SWIM ¹ Noon – 5:00 pm	---
TUESDAY MAY 28	OPEN SWIM ¹ 4:00- 6:00 pm	8:30- 11:30 am
WEDNESDAY MAY 29	OPEN SWIM ¹ 4:00- 6:00 pm	8:30- 11:30 am
THURSDAY MAY 30	OPEN SWIM ¹ 4:00- 6:00 pm	8:30- 11:30 am
FRIDAY MAY 31	OPEN SWIM ¹ 4:00- 6:00 pm	8:30- 11:30 am
SATURDAY JUNE 1	OPEN SWIM ¹ Noon – 5:00 pm	8:30- 11:30 am
SUNDAY JUNE 2	OPEN SWIM ¹ Noon – 5:00 pm	8:30- 11:30 am
MONDAY JUNE 3	OPEN SWIM ¹ 4:00- 6:00 pm	8:30- 11:30 am

JUNE 4TH REGULAR HOURS BEGIN

DAILY ADMISSION
[AT THE AQUATIC CENTER]

\$9.00 Adult/Youth/Senior (1 & under FREE)

Park District or Aquatic Center Membership required or Aquatic Center Daily Admission applies, unless otherwise indicated.

THE AQUATIC CENTER WILL BE OPEN
4th of July Noon - 5pm
(weather & staff permitting)



ADULT LAP SWIM & WATER WALKING

[FOR ALL MEMBERS DURING THE INDOOR POOL SHUTDOWN]

July 1- 14, 2024 **Not held 7/4**
M- F | 5:15- 7:00 am

FREE for Community Center, Park District & Aquatic Center Members
DAILY ADMISSION for Non-Members

JUNE 4 - AUGUST 11, 2024
[WEATHER & STAFF PERMITTING]

ADULT LAP SWIM⁵ **ADULT WATER WALKING⁴** **SPLASH PAD ONLY** **AQUATIC CENTER SWIMS**
FREE ADMISSION

DAY	ADULT LAP SWIM ⁵	ADULT WATER WALKING ⁴	SPLASH PAD ONLY	AQUATIC CENTER SWIMS
MONDAY	5:15- 7:00 am	5:15- 7:00 am 9:00- 11:00 am	8:30- 11:30 am	OPEN SWIM ¹ Noon- 5:00 pm NIGHT SWIM² 7:15- 9:15 pm
TUESDAY		9:00- 11:00 am FREE ADMISSION Not held on 7/2	8:30- 11:30 am Not held on 7/2	OPEN SWIM ¹ Noon- 7:00 pm
WEDNESDAY	5:15- 7:00 am	5:15- 7:00 am 9:00- 11:00 am	8:30- 11:30 am	OPEN SWIM ¹ Noon- 5:00 pm NIGHT SWIM² 7:15- 9:15 pm
THURSDAY		9:00- 11:00 am FREE ADMISSION Not held on 7/4	8:30- 11:30 am Not held on 7/4	OPEN SWIM ¹ Noon- 7:00 pm 7/4 Revised Open Swim Hours [Noon- 5 pm] 7/11 Revised Open Swim Hours [Noon- 4 pm]
FRIDAY		9:00- 11:00 am Not held 6/28 & 7/26	8:30- 11:30 am Not held 6/28 & 7/26	OPEN SWIM ¹ Noon- 7:00 pm 7/26 Kiwanis Fun Day [Free Admission Noon-5 pm]
SATURDAY		9:00- 10:30 am	8:30- 10:30 am	OPEN SWIM ¹ Noon- 5:00 pm SATURDAY SWIM³ 10:45- 11:45 am FREE FOR MEMBERS & PARK DISTRICT RESIDENTS
SUNDAY			8:30- 11:30 am	OPEN SWIM ¹ Noon- 5:00 pm

¹AQUATIC CENTER OPEN SWIM

FREE for Park District & Aquatic Center Members
DAILY ADMISSION for Non-Members

²AQUATIC CENTER NIGHT SWIM

FREE for Park District & Aquatic Center Members
DAILY ADMISSION for Non-Members

³AQUATIC CENTER SATURDAY SWIM

FREE for Park District, Aquatic Center Members & Park District Residents*
DAILY ADMISSION for Non-Park District Residents

*A Driver's License is required at time of admittance for proof of residency

⁴ADULT WATER WALKING

HELD IN THE ACTIVITY POOL CURRENT CHANNEL
FREE for Park District & Aquatic Center Members
DAILY ADMISSION for Non-Members
Participants must be 18 yrs or older & remain in their designated area.
FREE Admission for **EVERYONE** Tuesday & Thursdays

⁵ADULT LAP SWIM

FREE for Park District & Aquatic Center Members
DAILY ADMISSION for Non-Members
Participants must be 18 yrs or older & remain in their designated area.
All lap swim times are subject to change based on attendance & weather.



FREE EVENTS

THESE FREE SEASONAL COMMUNITY EVENTS ARE SPONSORED BY THE
Geneseo Park District Foundation
(unless otherwise listed).



FREE2PLAY [SUMMER MOVEMENT CAMP] **FREE!**

Hammond-Henry Hospital is proud to announce a Free2Play (F2P) Movement Camp for kids in grades K - 6th. The Free2Play program empowers every child to be an athlete. Our goal for F2P Camp is to help kids develop a greater appreciation for exercise and use their gifts and talents to help encourage their friends, families, and communities.

PRE-REGISTRATION REQUIRED. FIRST 50 KIDS REGISTERED WILL RECEIVE A T-SHIRT.

GRADES: K - 6

DATES	DAYS	TIME	FEE (M/NM)
GENESEO PARK DISTRICT ATHLETIC FIELD 407 EAST NORTH ST. GENESEO, IL			
June 6	TH	10:45 am- Noon	FREE

SUMMER MOVIE MATINEES **FREE!**

Doors open at 12:30 pm. Concessions available at regular price.

SEE PAGE 12 FOR MORE INFORMATION.

AGES: All ages

DATES	DAYS	MOVIE TITLE	TIME	FEE
CENTRAL THEATER 111 N STATE ST. GENESEO, IL (309) 944-3603				
June 5	W	Elemental	1:00 pm	FREE
July 3	W	Migration	1:00 pm	FREE
August 7	W	The Super Mario Bro's Movie	1:00 pm	FREE

OUTDOOR SUMMER MOVIE NIGHTS **FREE!**

Come watch a family friendly movie at the Park District.

THERE WILL BE NO MAKE UP RAIN DATE. SEE PAGE 3 FOR MORE INFORMATION.

AGES: All ages

DATES	DAYS	MOVIE TITLE	TIME / LOCATION	FEE
GENESEO PARK DISTRICT				
June 15	SA	Wonka	Dusk / Athletic Field	FREE
July 5	F	Back to the Future	Dusk / Athletic Field	FREE
July 19	F	The Little Mermaid	Dusk / Aquatic Center	FREE
August 2	F	TMNT Mutant Mayhem	Dusk / Athletic Field	FREE

MIDDLE SCHOOL FUN [BUMPER BALL SOCCER] **FREE!**

Participants don large inflatable bubbles that encase their upper bodies, leaving their legs free for running, kicking, and maneuvering the ball. The inflated bubbles serve as both protection and a source of amusement as players bump into each other while attempting to score goals.

ALL PARTICIPANTS SIGN UP INDIVIDUALLY. TEAMS WILL BE ASSIGNED ON SITE.

PRE-REGISTRATION REQUIRED BY JUNE 28, 2024. THIS EVENT IS OPEN FOR ALL INCOMING 6TH, 7TH AND 8TH GRADERS.

GRADES: 6 - 8

DATES	DAYS	TIME	FEE
GENESEO PARK DISTRICT ATHLETIC FIELD 407 EAST NORTH ST. GENESEO, IL			
July 2	TU	10:00 am- Noon	FREE

Looking for Adult FREE Programs?

Find FREE SEMINARS sponsored by Hammond-Henry Hospital and the Geneseo Park District Foundation on page 27 >
 & FREE ACTIVE ADULT / SENIOR PROGRAMS on pages 26 - 27 >

COMMUNITY CAMP OUT **FREE!**

Camp out under the stars at the Athletic Field. Bring a tent, chairs & other outdoor camping supplies you may need and join the Geneseo Park District for this fun camp out! Food and drinks for supper, outdoor games & music around a campfire will be provided. Plus join your friends for the Outdoor Summer Movie Night at dusk; **BACK TO THE FUTURE**

AGES: All ages

THERE WILL BE NO MAKE UP RAIN DATE. NO ALCOHOL IS PERMITTED.

DATES	DAYS	TIME	FEE (M/NM)
GENESEO PARK DISTRICT ATHLETIC FIELD 407 EAST NORTH ST. GENESEO, IL			
July 5	F	Gates open at 5pm	FREE

MIDDLE SCHOOL FUN [NIGHT SWIM] **FREE!**

Come out and have some fun at the John and Carla Edwards Aquatic Center! There will be a free popcorn and drink for each person and other concessions will be available for purchase. **THIS EVENT IS OPEN FOR ALL INCOMING 6TH, 7TH AND 8TH GRADERS.**

GRADES: 6 - 8

DATES	DAYS	TIME	FEE (M/NM)
JOHN & CARLA EDWARDS AQUATIC CENTER			
July 12	F	7:15- 9:15 pm	FREE

ANNUAL KIWANIS FUN DAY **FREE!**

Kiwanis Club of Geneseo & the Geneseo Park District invite you & your family to the annual Kiwanis Fun Day! Come for games with tons of prizes, watermelon and swimming all at the Aquatic Center.

AGES: All ages

NO ADULT LAP SWIM, ADULT WATER WALKING OR FREE SPLASH PAD HOURS HELD AT THE AQUATIC CENTER 07/26

DATES	DAYS	TIME	FEE (M/NM)
JOHN & CARLA EDWARDS AQUATIC CENTER			
July 26	F	Noon- 5:00 pm	FREE

BACK TO SCHOOL BASH **FREE!**

Come out to the Athletic Field with the Park District for one last Summer Bash before the new school year begins.

FAMILY FRIENDLY ACTIVITIES INCLUDE... Park District interactive Inflatables, Yard Games [Ping Pong, Bags, Giant Connect 4, Giant Jenga, Large Yatzee, Giant Checkers, Large Tic Tac Toe and many more], and Popcorn & Drinks.

ACTIVITIES WILL BE MOVED TO THE CENTER IN CASE OF INCLEMENT WEATHER.

Plus join your friends for the Outdoor Summer Movie Night at dusk; **TEENAGE MUNTANT NINJA TURTLES MUTANT MAYHEM**

AGES: All ages

DATES	DAYS	TIME	FEE (M/NM)
GENESEO PARK DISTRICT ATHLETIC FIELD			
Aug 2	F	5:00- 8:00 pm	FREE

SPONSORED IN PART BY



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(309) 944-8888 ESAEYECARE.COM



SPECIALTY PROGRAMS



LEARN HOW YOU CAN GIVE BACK TO YOUR COMMUNITY BY VOLUNTEERING AT THE GENESEO PARK DISTRICT

LET'S BUILD!

We will have a different theme each week and create a masterpiece using Legos [Legos provided]!

AGES: 5 - 8 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
JOHN & CARLA EDWARDS AQUATIC CENTER POOLSIDE ROOM				
13061-11	Jun 12- 26	W	9:00- 10:00 am	\$10/child

SPONSORED IN PART BY



S.T.E.M.

This 3 week, hands on class will focus on science, technology, engineering and mathematics. The focus will be mind bending and problem solving.

ACTIVITY#	DATES	DAYS	TIME	FEE
GENESEO COMMUNITY CENTER				
GRADES: K - 2				
13063-11	Jun 10- 24	M	4:00- 5:00 pm	\$10 / child
GRADES: 3 - 5				
13063-12	Jun 10- 24	M	5:15- 6:15 pm	\$10 / child

SPONSORED IN PART BY



SPECIAL ACCESSIBILITY SWIM

JOHN & CARLA EDWARDS AQUATIC CENTER

A special swim just for swimmers with disabilities or sensory issues. Special accessibility swimmers are welcome to bring their immediate family members to join them.

JULY
02
9:30-11:30am

FREE for Park District & Aquatic Center Members
\$5/PERSON OR \$20/FAMILY for Non-Members

S.O.S. THERAPY HORSES

Experience self-discovery and life's purpose using horses to create healthy habits. Skills developed include, but are not limited to autonomy, trust, self-confidence, communication, leadership, resilience, and motivation. Lessons and activities teach personal and interpersonal habits that, in practice, strengthen the basic qualities of healthy living while developing a strong character ethic. Why horses? Horses are a large prey animal inherently sensitive and capable of mirroring a person's emotions and behaviors. They function in a herd community like humans.

ALL ACTIVITIES ARE 100% LAND BASED. NO HORSEBACK RIDING!

ACTIVITY#	DATES	DAYS	TIME	FEE
GENESEO PARK DISTRICT ATHLETIC FIELD				
AGES: 5 - 7				
13092-11	Jun 4- 25	TU	1:00- 2:00 pm	\$160 / person
13092-21	Jul 9- 30	TU	1:00- 2:00 pm	\$160 / person
AGES: 8 - 10				
13092-12	Jun 4- 25	TU	2:00- 3:00 pm	\$160 / person
13092-22	Jul 9- 30	TU	2:00- 3:00 pm	\$160 / person
AGES: 11 - 13				
13092-13	Jun 4- 25	TU	3:00- 4:00 pm	\$160 / person
13092-23	Jul 9- 30	TU	3:00- 4:00 pm	\$160 / person
AGES: 14 - 17				
13092-14	Jun 5- 26	W	5:00- 6:00 pm	\$160 / person
13092-24	Jul 10- 31	W	5:00- 6:00 pm	\$160 / person
WOMEN ONLY AGES: 18 & OVER				
13092-15	Jun 5- 26	W	6:00- 7:00 pm	\$160 / person
13092-25	Jul 10- 31	W	6:00- 7:00 pm	\$160 / person
MEN ONLY AGES: 18 & OVER				
13092-16	Jun 5- 26	W	7:00- 8:00 pm	\$160 / person
13092-26	Jul 10- 31	W	7:00- 8:00 pm	\$160 / person



BRIGHT BEGINNINGS PRESCHOOL



Fall 2024 - Spring 2025 Class Times & Fees

Prices are based on Member (M) or Non-Member (NM) status.

PURCHASE A HOUSEHOLD MEMBERSHIP

OR A YOUTH MEMBERSHIP TO RECEIVE THE DISCOUNTED PRICING.

TWINKLEBRIGHTS

The only two year old independent preschool in Geneseo! Two year olds love to feel like big kids, so why not let them go to school. This structured class will get little learners ready for Starbrights.

MUST BE 2 YEARS OLD BY SEPTEMBER 1ST.

AGES: 2 - 3 yr

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER BRIGHT BEGINNINGS PRESCHOOL ROOM			
Sep 2024- May 2025	TU	11:15 am- Noon	\$30/\$60 per month
Sep 2024- May 2025	TH	11:15 am- Noon	\$30/\$60 per month



Only 2 yr old preschool in Geneseo!

BRIGHT BEGINNINGS PRESCHOOL DETAILS

- Preschool fees are based upon a yearly rate, but can be paid by the month for no additional fee. **PRESCHOOL FEES ARE DUE BY THE FIRST CLASS OF EACH MONTH.**
- Preschool begins after Labor Day & ends before Memorial Day. Preschool follows the Geneseo School District 228 calendar for full days off (not including early dismissals or half days).
- On days when Geneseo Schools are canceled because of weather, Preschool is also canceled. No refunds will be given.
- Preschool will not go past the scheduled school year, even if emergency school days are used by the Geneseo School District.

Preschool is located through the Gym in the 1st classroom in the Growth Inc. building. Bright Beginnings Preschool is not affiliated with Growth Inc. Child Care Center. Children from Growth Inc. are welcome to attend Bright Beginnings Preschool and will be picked up by the teacher on class days.

As a part of the Geneseo Park District, **BRIGHT BEGINNINGS PRESCHOOL** students get an enhanced learning environment by utilizing all The Center has to offer...including indoor & outdoor play areas!



2024-2025 REGISTRATION
NOW OPEN
VISIT THE CENTER TO REGISTER

STARBRIGHTS

Our second year preschool class offers a structured learning environment. We introduce letters, numbers, fine motor skills with lots of fun, dramatic play and themes. This will help each student grow academically and socially.

MUST BE 3 YEARS OLD BY SEPTEMBER 1ST.

AGES: 3 - 4 yr

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER BRIGHT BEGINNINGS PRESCHOOL ROOM			
Sep 2024- May 2025	TU TH	8:30- 11:00 am	\$110/\$220 per month
Sep 2024- May 2025	TU TH	12:30- 3:00 pm	\$110/\$220 per month



Fun



Learning



Play

KINDERBRIGHTS

The third year 3-day a week pre-kindergarten class builds on what students learned in Starbrights. In a structured setting, students will continue learning letter identification and sounds, daily S.T.E.M activities as well as plenty of music, art and free play to reinforce classroom themes.

MUST BE 4 YEARS OLD BY SEPTEMBER 1ST.

AGES: 4 - 5 yr

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER BRIGHT BEGINNINGS PRESCHOOL ROOM			
Sep 2024- May 2025	M W F	8:30- 11:00 am	\$140/\$280 per month
Sep 2024- May 2025	M W F	12:30- 3:00 pm	\$140/\$280 per month



Letters



Art



S.T.E.M.



EARLY CHILDHOOD

VIP - VERY IMPORTANT POLLINATORS NEW!

Our insect friends are very important to us! Students will learn about helpful insects and make a watering station to take home.

IN CASE OF INCLEMENT WEATHER, CLASS WILL BE MOVED INDOORS TO THE PRESCHOOL ROOM AT THE CENTER.

AGES: 3 - 5 yrs & not enrolled in Kindergarten

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO PARK DISTRICT ATHLETIC FIELD 407 EAST NORTH ST. GENESEO, IL				
11150-11	Jun 12	W	10:30- 11:15 am	\$9/\$18

LET'S GET MESSY

What's better than creating something beautiful? Getting messy while you do it! We'll use some unexpected items to make art to take home.

IN CASE OF INCLEMENT WEATHER, CLASS WILL BE MOVED INDOORS TO THE PRESCHOOL ROOM AT THE CENTER.

AGES: 3 - 5 yrs & not enrolled in Kindergarten

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO PARK DISTRICT ATHLETIC FIELD 407 EAST NORTH ST. GENESEO, IL				
11139-11	Jun 11 & 13	TU TH	10:30- 11:15 am	\$18/\$36

BITTY BASKETBALL NEW!

Let's hit the court! Students will learn the basics of basketball like dribbling, passing and shooting.

AGES: 3 - 5 yrs & not enrolled in Kindergarten

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER				
11145-11	Jun 24-26	M TU W	9:00- 9:30 am	\$18/\$36

RED WHITE AND BOOM NEW!

We'll celebrate the 4th of July by painting fireworks. We'll use different mediums to make a beautiful holiday scene.

AGES: 3 - 5 yrs & not enrolled in Kindergarten

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER				
11124-11	Jun 27	TH	9:00- 9:30 am	\$6/\$12



JONI BECK REMEMBRANCE PATH

Thanks to a generous donation from Howard Beck in loving memory of his wife Joni, we now have the ideal setting within Anderson Memorial Park to honor a loved one or commemorate special occasions such as weddings, anniversaries, graduations, retirements, and birthdays with a permanent engraved brick paver along the Joni Beck Remembrance Path.

ALL PROCEEDS BENEFIT THE GENESEO PARK DISTRICT FOUNDATION



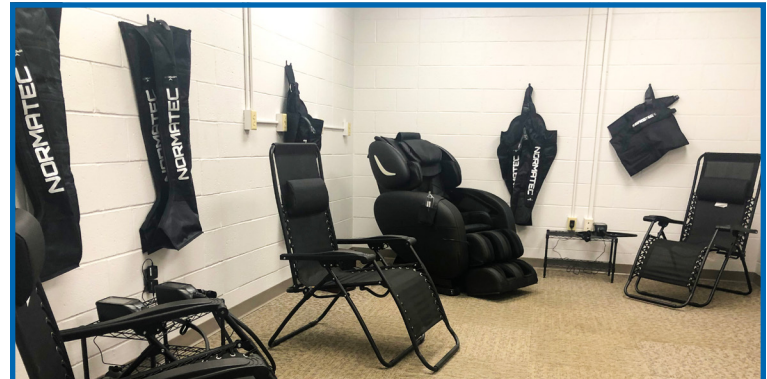
\$150
4" x 8" Brick Paver



CASH OR CHECK ONLY
Checks should be made payable to:
GENESEO PARK DISTRICT FOUNDATION

DETAILS

- Each paver is engraved with up to three lines of type with a maximum of nineteen characters per line including spacing, punctuation and special characters.
- Pavers are ordered two times per year. The following are the cut-off dates for orders and the approximate date of installation:
Order by April 1st Installed by July 1st
Order by August 1st Installed by November 1st weather permitting
Every effort will be made to install the pavers by the dates listed above.
- The Geneseo Park District will place the pavers. Requests for placement in specific locations or sections are not allowed.
- The Park District works hard to ensure the pavers are protected and the park is beautifully maintained. Because pavers are made of natural and man-made materials, the colors can vary slightly from brick to brick and a fading of color is expected during the first few years.



PARK DISTRICT MEMBERSHIP

DID YOU KNOW...

a Park District Membership gives you access to all Geneseo Park District Facilities and Amenities? That means access to the Indoor Pool, Elevated Walking Track, Recovery Room, Cardio & Weight Rooms, Aquatic Center, 50% off ALL programs and much more!

CLICK HERE FOR MEMBERSHIP INFORMATION



MUSIC CLASSES

Musical Memories

ALL MUSIC CLASSES ARE TAUGHT AT MUSICAL MEMORIES BY Christina Heald (unless otherwise listed)

YOUTH CHOIR

A class to introduce young vocalist to the joys of singing in a choir.

THIS CLASS WILL END WITH A SMALL PERFORMANCE IN THE PARK ON SATURDAY DURING MUSIC FEST.

AGES: 5 yrs & older

ACTIVITY#	DATES	DAYS	TIME	FEE
MUSICAL MEMORIES 112 SOUTH STATE ST. GENESEO, IL (563) 508-5296				
13038-11	Jun 10- 15	M- SA	8:00- 9:00 am	\$50 / child

KEYBOARDING

In this introduction to keyboarding, your child will begin to familiarize themselves with the piano. They will begin learning the fundamentals of piano while having fun playing musical games. Your child will begin to learn how to see, say, and play simple musical rhythms and songs while distinguishing patterns and musical symbols.

ACTIVITY#	DATES	DAYS	TIME	FEE
MUSICAL MEMORIES 112 SOUTH STATE ST. GENESEO, IL (563) 508-5296				
AGES: 5 - 7 [KEYBOARDING 101]				
13033-11	Jun 10- 14	M- F	9:00- 10:00 am	\$50 / child
AGES: 8 - 10 [KEYBOARDING 102]				
13033-12	Jun 10- 14	M- F	10:00- 11:00 am	\$50 / child

UKE CAN DO IT!

In this fun introduction to playing the ukulele, your kids will familiarize themselves with the soprano ukulele. Kids will work on exercises to help increase finger strength and muscle memory as they learn and play simple chords and songs.

THIS CLASS WILL FINISH WITH A SMALL PERFORMANCE IN THE PARK ON SATURDAY DURING MUSIC FEST.

AGES: 7 yrs & older

ACTIVITY#	DATES	DAYS	TIME	FEE
MUSICAL MEMORIES 112 SOUTH STATE ST. GENESEO, IL (563) 508-5296				
13035-11	Jun 10- 15	M- SA	11:00 am- Noon	\$50 / child

SONGBIRDS

Does your child love to sing? In this fun class, kids will learn how to explore their voice. Our Songbirds vocal classes will build confidence, develop vocal technique through ear training, games and sing along with others as well as becoming a soloist.

REQUIREMENTS: Participants must be able to read song lyrics.

AGES: 6 - 13

ACTIVITY#	DATES	DAYS	TIME	FEE
MUSICAL MEMORIES 112 SOUTH STATE ST. GENESEO, IL (563) 508-5296				
13037-11	Jun 10- 14	M- F	Noon- 1:00 PM	\$50 / child

DRUMMING UP THE FUN

This is an exciting and fun group class with many opportunities for your child to learn about beat, rhythm, and drumming. Several kinds of drums and percussion instruments will be utilized in this class and kids will learn how to see, say, and play simple musical rhythms while distinguishing patterns and age appropriate music.

THIS CLASS WILL FINISH WITH A SMALL PERFORMANCE IN THE PARK ON SATURDAY DURING MUSIC FEST.

AGES: 6 - 10

ACTIVITY#	DATES	DAYS	TIME	FEE
MUSICAL MEMORIES 112 SOUTH STATE ST. GENESEO, IL (563) 508-5296				
13041-11	Jun 10- 15	M- SA	2:00- 3:00 pm	\$60 / child

DRUM CORP

Your young drummer will reap the following benefits from his/her participation in a Drum Corps. Benefits include character development, improved self-confidence, the value of teamwork, development of a drummer's ear, and learning beat, rhythm, rudiments, and cadences. Participants will learn marching techniques and work toward a parade performance.

THIS CLASS WILL FINISH WITH A SMALL PERFORMANCE IN THE PARK ON SATURDAY DURING MUSIC FEST.

AGES: 11 - 14

ACTIVITY#	DATES	DAYS	TIME	FEE
MUSICAL MEMORIES 112 SOUTH STATE ST. GENESEO, IL (563) 508-5296				
13043-11	Jun 10- 15	M- SA	6:30- 7:30 pm	\$60 / child

GUITAR

From the very first class, you will become more knowledgeable with the guitar. This is a perfect introduction to learning the fundamentals for playing the guitar from tuning and basic maintenance to exercises in helping increase finger strength. Strumming and simple finger-picking will be introduced as well as simple music theory, guitar chords, and reading tablature. Designed to create interest and confidence no matter what level of ability you are.

REQUIREMENTS: Must have a playable 6 string guitar

ACTIVITY#	DATES	DAYS	TIME	FEE
MUSICAL MEMORIES 112 SOUTH STATE ST. GENESEO, IL (563) 508-5296				
AGES: 8 - 12				
13036-11	Jun 10- 14	M- F	1:00- 2:00 pm	\$60 / child
AGES: 13 - 18				
13036-12	Jun 10- 14	M- F	3:00- 4:00 pm	\$60 / child





ART CLASSES

PAINTING ON A CANVAS

One of our most popular activities is painting on a canvas board. Participants will work on an image of their own choice. Instruction focuses on composition principles, different ways to apply paint to the canvas surface and finishing with attention to detail and the story that the painting relays. All student work will be matted at the end of the lesson.

GRADES: 1 - 6

ACTIVITY#	DATES	DAYS	TIME	FEE
SMITH STUDIO & GALLERY 124 SOUTH STATE ST. GENESEO, IL (309) 945-5428				
13020-11	Jun 8	SA	1:00- 3:00 pm	\$20 / child

FIREWORKS RESIST

Oil Pastels first appeared in Osaka, Japan, 98 years ago. Since then, many artists have fallen in love with the smooth and creamy manner of this drawing media. But, to combine this unique oil-based art media with a water-based paint creates an exceptional combination as the medias Resist each other. Participants will expand their painting knowledge as they use a resist technique to create seasonal images.

GRADES: 1 - 6

ACTIVITY#	DATES	DAYS	TIME	FEE
SMITH STUDIO & GALLERY 124 SOUTH STATE ST. GENESEO, IL (309) 945-5428				
13021-11	Jun 29	SA	1:00- 3:00 pm	\$20 / child

WATERCOLOR [ANIMALS & NATURE]

In this watercolor class our participants will learn how a natural environment can be created using different painting techniques and tools. It is important to understand that the animal that they will paint exists in a natural environment. So we will look at what is included in a natural environment, and students will learn different techniques that make an exciting scene easy and interesting to paint.

GRADES: 1 - 6

ACTIVITY#	DATES	DAYS	TIME	FEE
SMITH STUDIO & GALLERY 124 SOUTH STATE ST. GENESEO, IL (309) 945-5428				
13022-21	Jul 20	SA	1:00- 3:00 pm	\$20 / child

OLYMPIC SPORTS PAINTING

In this athletic artwork our participants will focus on the Olympic events that they find most interesting. Track & Field, Soccer, Swimming or Gymnastics ...each child will paint an image of their favorite event ...then, on a second canvas, they will paint the crowd of viewers, flags and stadium. These two paintings will be combined into a single creative art project that reveals a spectacular Olympic event.

GRADES: 1 - 6

ACTIVITY#	DATES	DAYS	TIME	FEE
SMITH STUDIO & GALLERY 124 SOUTH STATE ST. GENESEO, IL (309) 945-5428				
13023-21	Jul 27	SA	1:00- 3:00 pm	\$20 / child



SPOOK THE LOOP FREE!

A **FREE** art event to celebrate Butch Patrick's visit to Geneseo. Children can come to the Smith Studio and Gallery to create a special "Grandpa Munster" art project.

THIS IS A DROP-IN EVENT. *No registration required.*

GRADES: 1 - 6

DATES	DAYS	TIME	FEE
SMITH STUDIO & GALLERY 124 SOUTH STATE ST. GENESEO, IL (309) 945-5428			
Aug 10	SA	1:00- 3:00 pm	FREE

YARN PAINTING

The Huichol are an indigenous people of Mexico. They are well known for the vibrant beauty of their art and weaving. In this unique class we will look at Huichol yarn painting and then create our own unique image in yarn. Each participant will be encouraged to include personal symbols and color into their overall design.

GRADES: 1 - 6

ACTIVITY#	DATES	DAYS	TIME	FEE
SMITH STUDIO & GALLERY 124 SOUTH STATE ST. GENESEO, IL (309) 945-5428				
13025-31	Aug 24	SA	1:00- 3:00 pm	\$20 / child



FREE ART CLASS

IN MEMORY OF STEVE ADAMS

FOR THE PROMOTION OF ART EDUCATION & APPRECIATION
THE GENESEO PARK DISTRICT FOUNDATION OFFERS

FREE ART CLASSES

USE COUPON CODE **ARTSA**
WHEN REGISTERING ONLINE OR AT THE CENTER

Limit 1 *free* Art Class registration per student in the Summer 2024 season.
Must be a Geneseo School District resident. No cash value.



FINE ARTS

THEATRE PROGRAM

GENESEO THEATRE PROGRAM [BRAVOS & ENCORE]

Every famous actor had to start somewhere! Learn basic theater techniques as you prepare for a performance following the program. You will develop communication, teamwork, along with speaking and acting skills! Start your child's theatrical adventure here!

BRAVOS & ENCORE PERFORMANCE: June 27th (time / location TBA)

INSTRUCTOR: Tom Akers

MAX: 15 participants

ACTIVITY#	DATES	DAYS	TIME	FEE
GENESEO COMMUNITY CENTER				
AGES: 7 - 9 [BRAVOS]				
13011-11	Jun 11- 27	TU TH	2:30- 4:00 pm	\$40 / child
AGES: 10 - 11 [ENCORE]				
13011-12	Jun 11- 27	TU TH	4:00- 5:30 pm	\$40 / child



GENESEO THEATRE PROGRAM [STANDING OVATIONS] NEW!

Join the Standing Ovation as we prepare a summer show! Open to 12 through 14-year-olds interested in learning the skills of acting including production, scenery work, and acting.

STANDING OVATIONS PERFORMANCE: July 19th (time / location TBA)

NO CLASS HELD JULY 1 - 5, 2024

INSTRUCTOR: Tom Akers

AGES: 12 - 14

MAX: 20 participants

ACTIVITY#	DATES	DAYS	TIME	FEE
GENESEO COMMUNITY CENTER				
13011-13	Jun 10- Jul 19	M W F	4:00- 5:30 pm	\$65 / child

GENESEO THEATRE PROGRAMS ARE SPONSORED IN PART BY



Family Entertainment at an affordable price

GREAT MOVIES SHOWN DAILY
with Digital Cinema Projections & Digital Sound

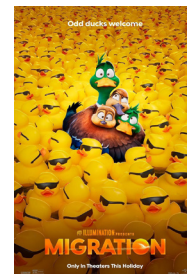
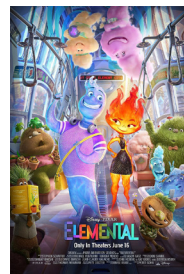
BYOB Mondays!
Bring your own lap size bowl & have filled for only \$3!

Ticket Tuesdays!
One lucky winner will win a prize on Ticket Tuesday!

Affordable Tickets!
Adult \$8.00 | Youth/Senior \$7.00

Find out what's showing tonight
GENESEOPARKDISTRICT.ORG /CENTRAL-THEATER

Rent the theater for your next event or party!
LEARN MORE >



SUMMER MOVIE MATINEES FREE!

Doors open at 12:30 pm
Concessions available at regular price

DATES	DAYS	MOVIE TITLE	TIME	FEE
CENTRAL THEATER 111 N STATE ST. GENESE0, IL (309) 944-3603				
June 5	W	Elemental	1:00 pm	FREE
July 3	W	Migration	1:00 pm	FREE
August 7	W	The Super Mario Bro.'s Movie	1:00 pm	FREE



Movie Matinees are sponsored by the **GENESE0 PARK DISTRICT FOUNDATION**

FREE Active Adult/Senior Movies offered each month

SEE PAGE 26 FOR MORE INFORMATION >



SWIM TEAM

GENESEO PARK DISTRICT GATORS SWIM TEAM COACH

GINA SCHWEITZER, USA Certified Swim Coach



SWIM TEAM DETAILS:

- Goggles & Swim Cap required.
- Must be 6 yrs & older to participate.
- All group placements are at the discretion and approval of the coach.
- Summer Swim Team Training is held at The Center's Indoor Pool [IP] & Aquatic Center [AC].
- **NO TRAINING HELD JUNE 28, 2024; JULY 4 - 5, 2024; JULY 11, 2024**

GATORS SWIM TEAM [SENIOR]

This group is for novice and experienced high school swimmers and will focus on more advanced stroke technique, starts, turns, and preparation for the High School Swim season. Longer practices will help build endurance in the water and strengthen swimming skills. This is a great opportunity to get in shape and get ahead of the competition for the upcoming High School season!

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
JOHN & CARLA EDWARDS AQUATIC CENTER				
15026-11	May 28- Jun 3 [IP]	M	4:15- 5:15 pm	\$297 / \$594
		TU	4:00- 5:30 pm	
		W	4:00- 5:30 pm	
		TH	4:15- 5:15 pm	
		F	4:00- 5:30 pm	
	Jun 5-Aug 2 [AC]	M- F	8:00- 9:30 am	

GATORS SWIM TEAM [PRE-SENIOR GROUP]

This group is for novice and experienced 12-14 year old swimmers. The focus will be working on stroke technique, learning and improving on all four competitive strokes, and turns. Practices will be geared towards building endurance and improving yardage throughout the season.

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
JOHN & CARLA EDWARDS AQUATIC CENTER				
15026-12	May 28- Jun 3 [IP]	M- F	4:15- 5:15 pm	\$198 / \$396
	Jun 5-Aug 2 [AC]	M- F	8:00- 9:00 am	

GATORS SWIM TEAM [GREEN GROUP]

This group is for novice and experienced 9-11 year old swimmers and advanced 8 year olds (per coaches discretion). Swimmers will be instructed in all four competitive swim strokes, along with basic swim starts and turns. Practices will begin to focus on stroke technique, building speed and endurance.

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
JOHN & CARLA EDWARDS AQUATIC CENTER				
15026-13	May 28- Jun 3 [IP]	M- F	3:45- 4:30 pm	\$148.50 / \$297
	Jun 5-Aug 2 [AC]	M- F	9:00- 9:45 am	

GATORS SWIM TEAM [BLUE GROUP]

This group is for developing 8 & under swimmers who are able to swim the length of the pool in freestyle and backstroke. Our focus is teaching basic swim stroke skills, kicking, drills, and introducing the butterfly and breaststroke.

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
JOHN & CARLA EDWARDS AQUATIC CENTER				
15026-14	May 28- Jun 3 [IP]	M- F	3:45- 4:15 pm	\$99 / \$198
	Jun 5-Aug 2 [AC]	M- F	9:00- 9:30 am	



Do you want to become a Lifeguard when you turn 16?

Start your training today!

Find Jr. Lifeguard Training on page 15 >

Summer Swim Meet

CHEER ON YOUR GATOR SWIM TEAM
at the John & Carla Edwards Aquatic Center

Thursday July 11, 2024
5pm - 8pm

Admission is **FREE**
Concessions available for purchase



LEARN TO SWIM

LEARN TO SWIM DETAILS:

- Learn to Swim lessons are held at the Aquatic Center unless otherwise noted. **IP** classes will be held at the Indoor Pool.
- Participants must have an Aquatic Center or Park District Membership to receive Member pricing for Swim Lessons at the Aquatic Center.
- In the case of inclement weather:
 - Watch our website for updates under Closings & Cancellations
 - Classes will only be cancelled if thunder & lightning are present
 - Fridays are make-up day for cancelled classes
(weather, staff & schedule permitting)
- NO SWIMMING LESSONS HELD JULY 1 - 6, 2024**

SWIMMING LESSON EVALUATIONS **FREE!**

Attend a **FREE** swim skills evaluation and let us place your child in the proper swim level prior to the start of Summer Swim Lessons. Participants may show up at anytime during the schedule hours. Evaluations will last 5-10 minutes. **CALL NATHANIEL AT (309) 944-5695 FOR MORE INFORMATION**

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL			
May 28	TU	5:30- 6:30 pm	FREE
May 29	W	5:30- 6:30 pm	FREE

CLOWNISH [WITH A PARENT]

A parent/child water exploration class that focuses on water enjoyment. The goal is to promote water safety & fun in the water with participant socialization to encourage a lifetime of aquatic activity.

AGES: 6 mos - 3yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
JOHN & CARLA EDWARDS AQUATIC CENTER				
15001-11	Jun 10- 20	M- TH	10:15- 10:45 am	\$48 / \$96
15001-13	Jun 10- Aug 5	M	5:15- 5:45 pm	\$48 / \$96
15001-14 IP	Jun 11- June 27	TU TH	8:30- 9:00 am	\$36 / \$72
15001-15	Jun 8- Aug 3	SA	9:15- 9:45 am	\$48 / \$96
15001-21	Jun 24- Jul 11	M- TH	10:15- 10:45 am	\$48 / \$96
15001-24 IP	July 16- Aug 1	TU TH	8:30- 9:00 am	\$36 / \$72
15001-31	Jul 15- 25	M- TH	10:15- 10:45 am	\$48 / \$96
15001-41	Jul 29- Aug 8	M- TH	10:15- 10:45 am	\$48 / \$96

SWIM LESSON & SWIM TEAM PRIVATE & SEMI-PRIVATE

CALL 944-5695 TO SCHEDULE PRIVATE OR SEMI-PRIVATE LESSONS.

PRIVATE [SWIM LESSONS OR SWIM TEAM TRAINING] #15020

Private lessons are one-on-one instruction for all skill levels. Includes (4) 30 minute lessons.

FEE: \$110 M / \$220 NM

SEMI-PRIVATE [SWIM LESSONS OR SWIM TEAM TRAINING] #15019

Semi-private lessons are one instructor to 2 or 3 students at similar swimming levels. Includes (4) 30 minute lessons.

FEE: \$70 M / \$140 NM

SPECIAL SWIM #15017

Special swim is a great 1-on-1 course for participants with disabilities. Includes (4) 30 minute lessons.

FEE: \$80 M / \$160 NM

PUDDLE JUMPERS [WITH OR WITHOUT A PARENT]

Water exploration with or without a parent in the shallow end of the pool. Learn to float on your back, kick at the wall, hold your breath under water and other fun, water safe activities.

AGES: 3 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
JOHN & CARLA EDWARDS AQUATIC CENTER				
15002-11	Jun 10- 20	M- TH	11:00- 11:30 am	\$48 / \$96
15002-13	Jun 10- Aug 5	M	6:15- 6:45 pm	\$48 / \$96
15002-15	Jun 8- Aug 3	SA	10:00- 10:30 am	\$48 / \$96
15002-21	Jun 24- Jul 11	M- TH	11:00- 11:30 am	\$48 / \$96
15002-31	Jul 15- 25	M- TH	11:00- 11:30 am	\$48 / \$96
15002-41	Jul 29- Aug 8	M- TH	11:00- 11:30 am	\$48 / \$96

LAKE EXPLORERS

Lake Explorers will learn to enter & exit water independently using the steps or side, jump in assisted or independently, supported front & back floats, rhythmic bobbing on side and locomotion.

Classes held at the Indoor Pool combined with Ocean Explorers.

AGES: 4 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
JOHN & CARLA EDWARDS AQUATIC CENTER				
15003-11	Jun 10- 20	M- TH	11:15- 11:45 am	\$48 / \$96
15003-13	Jun 10- Aug 5	M	5:45- 6:15 pm	\$48 / \$96
15003-14 IP	Jun 11- June 27	TU TH	9:00- 9:30 am	\$36 / \$72
15003-15	Jun 8- Aug 3	SA	8:45- 9:15 am	\$48 / \$96
15003-21	Jun 24- Jul 11	M- TH	11:15- 11:45 am	\$48 / \$96
15003-24 IP	July 16- Aug 1	TU TH	9:00- 9:30 am	\$36 / \$72
15003-31	Jul 15- 25	M- TH	11:15- 11:45 am	\$48 / \$96
15003-41	Jul 29- Aug 8	M- TH	11:15- 11:45 am	\$48 / \$96

OCEAN EXPLORERS

Participants will master face floats and back floats, jumping into the pool and bobbing independently by the end of class.

Classes held at the Indoor Pool combined with Lake Explorers.

AGES: 5 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
JOHN & CARLA EDWARDS AQUATIC CENTER				
15004-11	Jun 10- 20	M- TH	9:30- 10:00 am	\$48 / \$96
15004-13	Jun 10- Aug 5	M	5:30- 6:00 pm	\$48 / \$96
15003-14 IP	Jun 11- June 27	TU TH	9:00- 9:30 am	\$36 / \$72
15004-15	Jun 8- Aug 3	SA	9:15- 9:45 am	\$48 / \$96
15004-21	Jun 24- Jul 11	M- TH	9:30- 10:00 am	\$48 / \$96
15003-24 IP	July 16- Aug 1	TU TH	9:00- 9:30 am	\$36 / \$72
15004-31	Jul 15- 25	M- TH	9:30- 10:00 am	\$48 / \$96
15004-41	Jul 29- Aug 8	M- TH	9:30- 10:00 am	\$48 / \$96



LEARN TO SWIM

TADPOLE

CLASS PREREQUISITES: Must have passed Ocean Explorer or completed Kindergarten to take this class. Participants work on submerging face and back floats, add on kicks and rhythmic breathing.

Classes held at the Indoor Pool combined with Minnow.

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
JOHN & CARLA EDWARDS AQUATIC CENTER				
15005-11	Jun 10- 20	M- TH	10:15- 11:00 am	\$72 / \$144
15005-12	Jun 10- 20	M- TH	11:00- 11:45 am	\$72 / \$144
15005-13	Jun 10- Aug 5	M	6:15- 7:00 pm	\$72 / \$144
15005-14 IP	Jun 11- June 27	TU TH	9:30- 10:30 am	\$72 / \$144
15005-15	Jun 8- Aug 3	SA	9:45- 10:30 am	\$72 / \$144
15005-21	Jun 24- Jul 11	M- TH	10:15- 11:00 am	\$72 / \$144
15005-22	Jun 24- Jul 11	M- TH	11:00- 11:45 am	\$72 / \$144
15005-24 IP	July 16- Aug 1	TU TH	9:30- 10:30 am	\$72 / \$144
15005-31	Jul 15- 25	M- TH	10:15- 11:00 am	\$72 / \$144
15005-32	Jul 15- 25	M- TH	11:00- 11:45 am	\$72 / \$144
15005-41	Jul 29- Aug 8	M- TH	10:15- 11:00 am	\$72 / \$144
15005-42	Jul 29- Aug 8	M- TH	11:00- 11:45 am	\$72 / \$144

MINNOW

CLASS PREREQUISITES: Must have passed Tadpole to take this class. Participants will work on skills to be able to swim 1/2 way across shallow end.

Classes held at the Indoor Pool combined with Tadpole.

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
JOHN & CARLA EDWARDS AQUATIC CENTER				
15006-11	Jun 10- 20	M- TH	9:30- 10:15 am	\$72 / \$144
15006-12	Jun 10- 20	M- TH	10:15- 11:00 am	\$72 / \$144
15006-13	Jun 10- Aug 5	M	5:30- 6:15 pm	\$72 / \$144
15005-14 IP	Jun 11- June 27	TU TH	9:30- 10:30 am	\$72 / \$144
15006-15	Jun 8- Aug 3	SA	9:00- 9:45 am	\$72 / \$144
15006-21	Jun 24- Jul 11	M- TH	9:30- 10:15 am	\$72 / \$144
15006-22	Jun 24- Jul 11	M- TH	10:15- 11:00 am	\$72 / \$144
15005-24 IP	July 16- Aug 1	TU TH	9:30- 10:30 am	\$72 / \$144
15006-31	Jul 15- 25	M- TH	9:30- 10:15 am	\$72 / \$144
15006-32	Jul 15- 25	M- TH	10:15- 11:00 am	\$72 / \$144
15006-41	Jul 29- Aug 8	M- TH	9:30- 10:15 am	\$72 / \$144
15006-42	Jul 29- Aug 8	M- TH	10:15- 11:00 am	\$72 / \$144

FREE SWIM LESSONS



THANKS TO



the Geneseo Park District is able to offer

FREE SWIM LESSONS FOR ALL 3RD GRADE STUDENTS

Download the coupon code to use at registration.

Must be a Geneseo School District Resident

WHALES

CLASS PREREQUISITES: Must have passed Minnow to take this class. Participants will work on skills to swim front and back crawl one width in shallow and deep water.

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
JOHN & CARLA EDWARDS AQUATIC CENTER				
15007-11	Jun 10- 20	M- TH	9:30- 10:15 am	\$72 / \$144
15007-13	Jun 10- Aug 5	M	6:00- 6:45 pm	\$72 / \$144
15007-15	Jun 8- Aug 3	SA	9:45- 10:30 am	\$72 / \$144
15007-21	Jun 24- Jul 11	M- TH	9:30- 10:15 am	\$72 / \$144
15007-31	Jul 15- 25	M- TH	9:30- 10:15 am	\$72 / \$144
15007-41	Jul 29- Aug 8	M- TH	9:30- 10:15 am	\$72 / \$144

SHARK & DOLPHIN

CLASS PREREQUISITES: Must have passed Whales to take this class. Participants will work on skills to swim front and back crawl one length.

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
JOHN & CARLA EDWARDS AQUATIC CENTER				
15008-11	Jun 10- 20	M- TH	10:30- 11:15 am	\$72 / \$144
15008-13	Jun 10- Aug 5	M	5:30- 6:15 pm	\$72 / \$144
15008-15	Jun 8- Aug 3	SA	9:15- 10:00 am	\$72 / \$144
15008-21	Jun 24- Jul 11	M- TH	10:30- 11:15 am	\$72 / \$144
15008-31	Jul 15- 25	M- TH	10:30- 11:15 am	\$72 / \$144
15008-41	Jul 29- Aug 8	M- TH	10:30- 11:15 am	\$72 / \$144

BARRACUDA & STINGRAY, MARLIN, MARINER, & S.E.A.L.S.

CLASS PREREQUISITES: Must have passed Dolphin to take this class. Must swim two lengths of front and back crawl, a width of sidestroke and breaststroke to move on to next class.

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
JOHN & CARLA EDWARDS AQUATIC CENTER				
15010-11	Jun 10- 20	M- TH	9:30- 10:15 am	\$72 / \$144
15010-13	Jun 10- Aug 5	M	6:15- 7:00 pm	\$72 / \$144
15010-15	Jun 8- Aug 3	SA	9:45- 10:30 am	\$72 / \$144
15010-21	Jun 24- Jul 11	M- TH	9:30- 10:15 am	\$72 / \$144
15010-31	Jul 15- 25	M- TH	9:30- 10:15 am	\$72 / \$144
15010-41	Jul 29- Aug 8	M- TH	9:30- 10:15 am	\$72 / \$144

JR. LIFEGUARD TRAINING

This class is designed for those 11 to 15 years old that wish to educate themselves on the day to day responsibilities of becoming a Lifeguard. Hands on training will be each Monday and the participant will shadow a Lifeguard during Night Swim on the final Monday.

AGES: 11 - 15 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
JOHN & CARLA EDWARDS AQUATIC CENTER				
15013-11	Jun 17- Jul 8 Jul 15	M	6:00- 7:00 pm 6:00- 9:15 pm	\$48 / \$96



YOUTH ATHLETICS

YOUTH ATHLETICS

SOCCER CLINIC

Drills and skills such as kicking and stopping the ball will be taught while having fun. A scrimmage at the end of class will help to tie everything together.

GRADES: K - 2

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO PARK DISTRICT ATHLETIC FIELD				
12112-12	Jun 13- 27	TH	10:00 am- 11:00 am	\$25 / \$50

VOLLEYBALL [4v4 TOURNAMENT] NEW!

This is a non-competitive tournament setting to allow players to work on basic techniques, skills and teamwork. Teams will play in a friendly round robin tournament throughout the day. One sub is allowed per team.

ALL PARTICIPANTS MUST REGISTER AS A TEAM (NO INDIVIDUAL REGISTRATION).

AGES: 11-14

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER GYMNASIUM				
12158-11	Jun 22	SA	9:00 am- 2:00 pm	\$60 / team

YOUTH PICKLEBALL CLINIC

The Geneseo Park District and the QC Pickleball Club are teaming up to offer a youth Pickleball Clinic. Come out and join us for a two day clinic which will include teaching, stations and game play.

AGES: 8 - 16 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
RICHMOND HILL PICKLEBALL COURTS				
12500-21	Jul 17- 18	W TH	10:30 am- Noon	\$5 / player

FLAG FOOTBALL

The strong tradition of Geneseo Football continues! Coaches will teach or fine tune new and experienced players basic skills of stance, throwing and catching a football, running routes and playing defense through a variety of station drills and informal play.

GRADES: 1 - 4

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO PARK DISTRICT ATHLETIC FIELD				
12201-21	Jul 8- 29	M	10:00- 11:00 am	\$30 / \$60

Youth Sports Code of Conduct

- I agree to always demonstrate good sportsmanship
- I will encourage my teammates and respect my opponents
- I agree to play safely, listen to coaches, & follow the rules of the game
- I agree to use sports equipment properly and with respect
- I understand that a consistent failure to follow this code may result in being removed from the activity

TRACK & FIELD WEEK

Participants will spend the first part of the week learning skills and events to participate in a track meet. Activities will range from broad jump and softball throw to sprints and relay practice. Participants will have the opportunity to try both track and field events.

THE PROGRAM WILL END WITH A TRACK MEET ON THURSDAY EVENING [SEE YOUTH TRACK MEET BELOW FOR DETAILS] AND IS INCLUDED WITH YOUR REGISTRATION.
GRADES: 1 - 8

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO PARK DISTRICT ATHLETIC FIELD				
12408-21	Jul 15- 18	M- W TH	5:00- 6:00 pm 5:00- 7:00 pm	\$42 / \$84

TRACK & FIELD MEET

The Geneseo Park District is hosting it's annual youth track meet. Sign up for the events you are interested in participating in or grab a group and sign up for the relay. The meet will be held at the Athletic Field and age divisions will be established. Run, Throw and Jump for the chance to take home a first place ribbon!

INCLUDED WITH TRACK & FIELD WEEK REGISTRATION. TRACK & FIELD WEEK REGISTRATION IS NOT REQUIRED TO COMPETE IN THE MEET.

GRADES: 1 - 8

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO PARK DISTRICT ATHLETIC FIELD				
12408-22	Jul 18	TH	5:00- 7:00 pm	\$18 / \$36

Looking for Preschool Sports?

Find Bitty Basketball on page 9 >

COMMUNITY TENNIS

Even if your child has never held a racquet, there is a spot on a team for them. Kids play 11 and Under Tennis, which includes age appropriate equipment and courts scaled to the right size. Midwest Youth Team Tennis makes the game more accessible and more fun by allowing kids to play, rally, and succeed right from the start.

PARTICIPATION FEE INCREASES TO \$30/PERSON AFTER JULY 2, 2024.

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO HIGH SCHOOL TENNIS COURTS 700 N STATE ST. GENESEO, IL				
GRADES: K - 1				
12060-21	Jul 15- 18	M- TH	4:00- 5:00 pm	\$20 / person
GRADES: 2 - 3				
12060-22	Jul 15- 18	M- TH	5:00- 6:00 pm	\$20 / person
GRADES: 4 - 6				
12060-23	Jul 15- 18	M- TH	6:00- 7:00 pm	\$20 / person



YOUTH FITNESS | ADULT ATHLETICS

YOUTH FITNESS

MIDDLE SCHOOL FITNESS ACCESS

Middle school age students will gain access to all fitness areas. Participants will receive instruction on etiquette and how to safely and effectively use equipment in these areas. Taught by an NASM Certified Personal Trainer.

INSTRUCTOR: Joshua Carley, *Hammond-Henry Rehab Personal Trainer*

GRADES: 6 - 8

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER				
14119-11	Jun 6- 13	TH	5:00- 6:00 pm	\$30 / \$60
14119-21	Jul 11- 18	TH	5:00- 6:00 pm	\$30 / \$60
14119-31	Aug 1- 8	TH	5:00- 6:00 pm	\$30 / \$60

MIDDLE / HIGH SCHOOL SUMMIT

Hammond-Henry Hospital is excited to be providing student/athletes with speed, agility, strength and conditioning programs. Our goal with this program is to improve athletic performance as well as decrease your chances for injury. Student-athletes can expect to see improvements in first step quickness, jumping ability, strength, speed, agility, explosive power, conditioning and overall improvement in movement efficiency.

MAKE-UP DAYS: Athletes who miss a day of Summit can make up missed opportunities on FRIDAYS AT 7:30 AM OR 12:30 PM

NO SUMMIT HELD JULY 1 - 5, 2024

ACTIVITY#	DATES	DAYS	TIME	FEE
GENESEO FACILITY ACTIVITY CENTER (GFAC) 700 N STATE ST. GENESEO, IL				
HS FOOTBALL [VARSITY]				
14140-11	Jun 10- Aug 1	M- TH	6:30- 7:30 am	\$168 / student
HS FOOTBALL [FRESH/SOPH]				
14140-12	Jun 10- Aug 1	M TU TH W	9:00- 10:00 am 6:30- 7:30 am	\$168 / student
HS COURT SPORTS [VARSITY]				
14140-13	Jun 11- Aug 1	TU W TH	10:00- 11:00 am	\$126 / student
HS COURT SPORTS [JUNIOR VARSITY]				
14140-14	Jun 11- Aug 1	TU TH W	11:00 am- Noon 9:00- 10:00 am	\$126 / student
MIDDLE SCHOOL [BOYS]				
14140-20	Jun 11- Aug 1	TU TH	Noon- 1:00 pm	\$84 / student
MIDDLE SCHOOL [GIRLS]				
14140-21	Jun 10- Jul 31	M W	Noon- 1:00 pm	\$84 / student
HIGH SCHOOL INTRODUCTORY [GIRLS]				
14140-22	Jun 10- Aug 2	M W F	11:00 am- Noon	\$126 / student
HIGH SCHOOL INTRODUCTORY [BOYS]				
14140-23	Jun 10- Aug 2	M F W	10:00- 11:00 am 7:30- 8:30 am	\$126 / student
HIGH SCHOOL ADVANCED [BOYS & GIRLS]				
14140-24	Jun 10- Aug 1	M TU TH	7:30 - 8:30 am	\$126 / student

ADULT ATHLETICS

Looking for other adult programming?

SEE S.O.S & CTE CLASSES ON PAGE 7 >

SEE ACTIVE ADULT PROGRAMS 26 - 27 >

ADULT PICKLEBALL CLINIC

The Geneseo Park District along with Pickleball Professional Jeffrey van der Eems with PiQCKleball & More will be hosting a beginners clinic (skill level 2.0-3.0), and an intermediate clinic (skill level 3.0-3.5). Each clinic will offer coaching on drills, shots, serves and returns. There will also be two sessions available to play with the pro, and quick coaching tips will be covered during play.

AGES: 18 yrs or older

ACTIVITY#	DATES	DAYS	TIME	FEE
GENESEO COMMUNITY CENTER GYMNASIUM				
12501-21 BEGINNER	Jul 19	F	8:30- 9:45 am	\$30 / player
12501-22 PLAY W/PRO	Jul 19	F	10:00- 11:15 am	\$30 / player
12501-23 INTERMEDIATE	Jul 19	F	11:30 am- 12:45 pm	\$30 / player
12501-24 PLAY W/PRO	Jul 19	F	1:00- 2:15 pm	\$30 / player

You can try a variety of adult fitness classes

AT SUMMER BOOT CAMP!

LEARN MORE ON PAGE 23 >

Coming soon!



NEW AFTER SCHOOL OPPORTUNITIES FOR KIDS IN ELEMENTARY & MIDDLE SCHOOL

The Geneseo Park District Discovery Club will offer a diverse range of themes, ensuring your child experiences a variety of activities that are both fun and educational. From sports and crafts to board games, mini-golf, and movie nights, there will be plenty of opportunities for exploration and discovery!

Watch for more information in the
Geneseo Park District's Fall 2024 Activity Guide!



GYMNASTICS



ALL GYMNASTICS CLASSES ARE TAUGHT BY
Larry & Chris Ward, Certified GHS Gymnastic Coaches

PRESCHOOL TUMBLE BUGS

Participants are taught with movement, music, and obstacle courses, combined with instruction, while improving basic motor skills, coordination and listening skills. The stage is set to enhance key areas of motor development, while stimulating the mind through highly creative activity!

AGES: 3 - 5 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM				
13220-11	Jun 6- 27	TH	10:00- 11:00 am	\$48/\$96
13220-21	Jul 11- 25	TH	10:00- 11:00 am	\$36/\$72
13220-31	Aug 15- 29	TH	10:00- 11:00 am	\$36/\$72

TUMBLE BUGS

Your child will learn basic tumbling, bars, beam, vaulting skills & movements associated with gymnastics at an appropriate level for their age. The class develops coordination, self-confidence, listening, strength, balance, and body awareness.

AGES: 4 - 6 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM				
13202-11	Jun 3- 24	M	3:15- 4:15 pm	\$48/\$96
13202-21	Jul 8- 22	M	3:15- 4:15 pm	\$36/\$72
13202-31	Aug 12- 26	M	4:15- 5:15 pm	\$36/\$72

BOYS ONLY

This class will cover gender specific skills following the USA Mens Gymnastics Program. Participants will learn skills in the high bar, rings, pommel horse, floor exercise, even bars and vault.

AGES: 5 - 12 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM				
13210-11	Jun 4- 25	TU	6:00 - 7:00 pm	\$48/\$96
13210-21	Jul 9- 23	TU	6:00 - 7:00 pm	\$36/\$72
13210-31	Aug 13- 27	TU	6:00 - 7:00 pm	\$36/\$72

LEVEL II

Basic gymnastics skills for the four competitive USA Gymnastics events will be presented. Tumbling, strength and flexibility will be combined to start learning skills on the balance beam, uneven bars, floor exercise and vault.

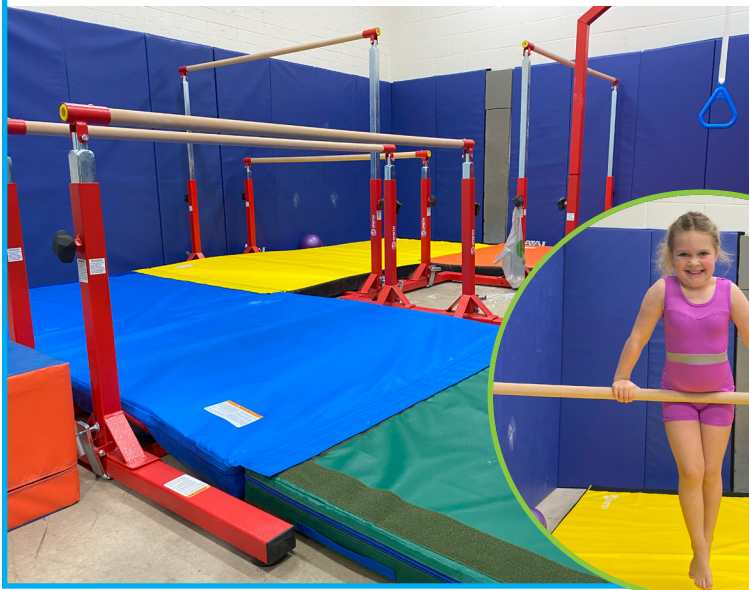
AGES: 5 - 12 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM				
13203-11	Jun 3- 24	M	4:15- 5:15 pm	\$48/\$96
13203-12	Jun 4- 25	TU	4:15- 5:15 pm	\$48/\$96
13203-21	Jul 8- 22	M	4:15- 5:15 pm	\$36/\$72
13203-22	Jul 9- 23	TU	4:15- 5:15 pm	\$36/\$72
13203-32	Aug 13- 27	TU	4:15- 5:15 pm	\$36/\$72

New Equipment - New Skills

THE GENESEO PARK DISTRICT IS THRILLED TO INTRODUCE OUR NEWEST ENHANCEMENT TO THE RECREATIONAL GYMNASTICS PROGRAM.

Our innovative 4-station circuit offers preschool and beginning elementary aged students the opportunity to practice with adjustable equipment suitable for both circuit training and individual skill development.



ADVANCED RECREATIONAL GYMNASTICS

This class is designed for those that want to work on advanced tumbling for cheer or for fun. Participants should be able to do a pullover on the bar, want more than a recreational experience, but do not wish to be competitive.

AGES: 9 yrs or older

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM				
13219-11	Jun 6- 27	TH	4:15- 5:15 pm	\$48/\$96
13219-21	Jul 11- 25	TH	4:15- 5:15 pm	\$36/\$72
13219-31	Aug 15- 29	TH	4:15- 5:15 pm	\$36/\$72





JR USAG DEVELOPMENTAL PROGRAM

Are you interested in competitive gymnastics, but are not ready to compete? Then this is the program for you. Level 3, 4 and 5 USA Gymnastics routines will be developed. This is the class that will focus on the skills that can build up to being comfortable with competitive gymnastics. All new participants must be approved by Coach Ward.

AGES: 7 - 18 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM				
13217-11	Jun 3- 24	M	5:15- 6:45 pm	\$54/\$108
13217-12	Jun 6- 27	TH	5:15- 6:45 pm	\$54/\$108
13217-21	Jul 8- 22	M	5:15- 6:45 pm	\$40.50/\$81
13217-22	Jul 11- 25	TH	5:15- 6:45 pm	\$40.50/\$81
13217-31	Aug 12- 26	M	5:15- 6:45 pm	\$40.50/\$81
13217-32	Aug 15- 29	TH	5:15- 6:45 pm	\$40.50/\$81

MIDDLE SCHOOL / HIGH SCHOOL OPTIONALS / XCEL

Those 8th grade boys & girls interested will combine with the Geneseo High School Gymnasts for this optionals class. In optional gymnastics there are a set of guidelines (or level requirements) & routines are built around them. Each gymnast has their own music (on the Floor Exercise) and routine is built to show off individual strengths.

AGES: 13 - 18 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM				
13218-12	Jun 4- 25	TU	7:15- 8:45pm	\$72/\$144
13218-13	Jun 6- 27	TH	7:15- 8:45pm	\$72/\$144
13218-22	Jul 9- 23	TU	7:15- 8:45pm	\$54/\$108
13218-23	Jul 11- 25	TH	7:15- 8:45pm	\$54/\$108
13218-32	Aug 13- 27	TU	7:15- 8:45pm	\$54/\$108
13218-33	Aug 15- 29	TH	7:15- 8:45pm	\$54/\$108

GYMNASTICS PRIVATE & SEMI-PRIVATE

CALL 944-5695 TO SCHEDULE PRIVATE OR SEMI-PRIVATE LESSONS.

PRIVATE [GYMNASTICS LESSONS] #13208

Private lessons are one-on-one instruction for all skill levels. Includes (4) 30 minute lessons.

FEE: \$110 M / \$220 NM

SEMI-PRIVATE [GYMNASTICS LESSONS] #13207

Groups of 2 to 3 participants with similar skills and must be members of the same household. Includes (4) 30 minute lessons.

FEE: \$70 M / \$140 NM

Once requests are made, instructor & (4) 1/2 hour lesson times will be scheduled. Private & Semi-Private lessons will expire one year from date of purchase & must be paid prior to the first lesson.

No Private or Semi-Private lessons will be held on Holidays.

USAG / JR USAG / XCEL DEVELOPMENT CAMP

This camp is designed for the young promising gymnast that really wants to develop gymnastic expertise. Optional and compulsory skills will be taught with awesome activities.

AGES: 7 - 18 yrs

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM				
13215-21	Jul 29- Aug 1	M-TH	5:15- 8:15 pm	\$120/\$240

USAG DEVELOPMENTAL PROGRAM

Are you interested in competitive gymnastics? Then this is the program for you. Gymnastics routines will be learned and developed. Recommended to come to all three sections to compete. All new participants must be approved by Coach Ward.

AGES: 7 - 18 yrs

Only for Summer

- Register for the individual day your Gymnast would like to attend.
- Classes are charged per day.
- There will be no make-ups for days missed.
- Daily class minimums must be met by the Friday before each week or classes will be canceled.

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER PROGRAM GYM				
13213-11	Jun 3- 27	M, TU and/or TH	5:15- 7:45 pm	\$22.50 / \$45 per day
13213-21	Jul 8- 25	M, TU and/or TH	5:15- 7:45 pm	\$22.50 / \$45 per day
13213-31	Aug 12- 29	M, TU and/or TH	5:15- 7:45 pm	\$22.50 / \$45 per day

2023 - 2024 State Qualifiers

CONGRATULATIONS

Level 3 Gymnastics State Qualifiers: Cordyn, Aubry & Maddie
& USAG XCEL Silver State Qualifier: Ella



SUMMER DAY CAMP

SUMMER DAY CAMP

Summer camp attendees experience all the amenities & fun at the Geneseo Park District.

NO CAMP HELD JULY 4, 2024

GRADES: K - 6

DON'T NEED THE WHOLE SUMMER?

Chose only the weeks you need during Summer with our Pick-a-Week option or 3-Day-A-Week option (see below).

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER				
13302-11 SESSION 1	Jun 5- Jul 5	M- F	7:30 am- 5:30 pm	\$528 / \$1,056 per child/session
13302-21 SESSION 2	Jul 8- Aug 13	M- F	7:30 am- 5:30 pm	\$648 / \$1,296 per child/session
13302 PICK-A-WEEK	Jun 5- Aug 13	M- F	7:30 am- 5:30 pm	\$145 / \$290 per child/week

SUMMER DAY CAMP [EARLY BIRD]

Summer camp is open to those kids who need early drop off.

NO CAMP HELD JULY 4, 2024

GRADES: K - 6

DON'T NEED THE WHOLE SUMMER?

Chose only the weeks you need during Summer with our Pick-a-Week option or 3-Day-A-Week option (see below).

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER				
13301-11 SESSION 1	Jun 5- Jul 5	M- F	6:30 - 7:30 am	\$60.50 / \$121 per child/session
13301-21 SESSION 2	Jul 8- Aug 13	M- F	6:30 - 7:30 am	\$74.25 / \$148.50 per child/session
13301 PICK-A-WEEK	Jun 5- Aug 13	M- F	6:30 - 7:30 am	\$17.50 / \$35 per child/week

SUMMER DAY CAMP [3-DAYS-A-WEEK]

LOOKING FOR MORE FLEXIBILITY? Choose the 3-days each week to attend camp that best fits your schedule.

NO CAMP HELD JULY 4, 2024

GRADES: K - 6

**Must schedule at least 1 week in advance.*

3-day/week option only available per session, not applicable along with Pick-a-Week option.

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER				
3-DAYS-A-WEEK FULL DAYS				
13303-11 SESSION 1	Jun 5- Jul 5	M- F	7:30 am- 5:30 pm	\$418.50 / \$837 per child/session
13303-21 SESSION 2	Jul 8- Aug 13	M- F	7:30 am- 5:30 pm	\$511.50 / \$1,023 per child/session
3-DAYS-A-WEEK EARLY BIRD				
13301-31 SESSION 1	Jun 5- Jul 5	M- F	6:30 - 7:30 am	\$37 / \$74 per child/session
13301-32 SESSION 2	Jul 8- Aug 13	M- F	6:30 - 7:30 am	\$45 / \$90 per child/session



SUMMER DAY CAMP DETAILS:

- Camp Session based on Geneseo School District 228's calendar¹
- Day Camp will begin at 7:30 am everyday with an Early Bird option for a 6:30 am drop-off.
- Mornings will be full of activities and games centered around the theme for each week. Our afternoons will be filled with swimming at the Aquatic Center, crafts and fun!
- Summer Day Camp participants will take several Field Trips throughout the summer and also have special pizza lunch days.
- Children will be able to sign up for other Geneseo Park District programs. Camp Counselors will escort your child to and from their programs held at the Aquatic Center, Community Center or Athletic Field.
- Pick-up is by 5:30 pm.
- A **mandatory parent meeting** will be held 5:30 PM May 30, 2024 AT THE AQUATIC CENTER'S POOLSIDE ROOM.

¹Dates subject to change based on Geneseo School District 228's calendar. Camp will begin the day after school is released for summer session & end the day before school begins for the 2024 - 2025 year. Fees will be prorated. Summer Camp is not held on 4th of July.

SUMMER DAY CAMP THEME WEEKS:

JUNE 5 - 7	Time to blow off STEAM
JUNE 10 - 14	Western Week
JUNE 17 - 21	Music Week
JUNE 24 - 28	Circus Week
JULY 1 - 5	Water Week (<i>No camp held 7/4</i>)
JULY 8 - 12	Disney Week
JULY 15 - 19	When I Grow Up Week
JULY 22 - 26	Nature Week
JULY 29 - AUGUST 2	Fairytale Week
AUGUST 5 - 9	Wilderness Adventure Week
AUGUST 12-13	Aloha Week

FIELD TRIPS SPONSORED IN PART BY



YOGA

SLOW FLOW (M)

Get moving with a well-balanced slower flow that incorporates some longer holds to allow the body to accept the physical patterns of asanas. Experiment with a challenge-pose and lengthen your muscles as you wind down. The range of options offered and modifications makes this class largely accessible. All while enjoying a wide selection of music!

INSTRUCTOR: Shannon Port, *Hammond-Henry Rehab*

WALK-IN FEES: \$12 M / \$14 MG / \$24 NM

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER LIFE FITNESS ROOM				
14134-11	Jun 4- 25	TU	9:00- 10:15 am	\$32.50 / \$65
14134-12	Jun 6- 27	TH	9:00- 10:15 am	\$32.50 / \$65
14134-21	Jul 2- 30	TU	9:00- 10:15 am	\$40.75 / \$81.50
14134-22	Jul 11- Aug 1	TH	9:00- 10:15 am	\$32.50 / \$65
14134-31	Aug 20- 27	TU	9:00- 10:15 am	\$16.25 / \$32.50
14134-32	Aug 22- 29	TH	9:00- 10:15 am	\$16.25 / \$32.50

YOGA FOR PELVIC HEALTH (L)

Embark on a journey to nurture and strengthen your pelvic region through the ancient art of yoga. This specialized class is designed to provide you with a holistic approach to pelvic wellness, combining yoga postures, breathwork, and mindfulness techniques to support and enhance your pelvic health.

INSTRUCTOR: Shannon Port, *Hammond-Henry Rehab*

WALK-IN FEES: \$10 M / \$12 MG / \$20 NM

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER LIFE FITNESS ROOM				
14111-11	Jun 5- 26	W	10:15- 11:15 am	\$22.50 / \$45
14111-21	Jul 3- 31	W	10:15- 11:15 am	\$32.50 / \$65
14111-31	Aug 21- 28	W	10:15- 11:15 am	\$13 / \$26

PERSONAL TRAINING & MEAL PREP

TRADITIONAL PERSONAL TRAINING

Traditional Personal Training is one person working with a Certified Personal Trainer. One-on-one Personal Training allows you & your trainer to create a personalized program to help reach all of your fitness goals. Plus it offers the greatest flexibility to use the sessions when it is convenient for you.

1 session **FEE:** \$33 M / \$66 NM
 5 Sessions **FEE:** \$140 M / \$280 NM

SEMI-PRIVATE PERSONAL TRAINING

Semi-Private Personal Training is 2-3 friends or family members working with a Certified Personal Trainer at the same time. It offers support from your workout partners, the ability to utilize unique partner exercises to keep it fun as well as functional and a personalized program that meets the common goal of all individuals, but at a reduced fee.

1 session **FEE:** \$27 M / \$54 NM
 5 Sessions **FEE:** \$140 M / \$280 NM

CALL 944-5695 TO SCHEDULE PERSONAL TRAINING

Personal Training sessions will expire 1-year from date of purchase.

This expiration date is designed to help you achieve your fitness goals in a timely manner.

MACRO MEAL MENTORING NEW!

Working out consistently but not seeing the results you want? Partner with MERGE-QC and dial in your nutrition! "Nutrition is king, exercise is queen, put them together and you have a Kingdom". Get 4-weekly meal plans with a grocery list from your preferred shopping store delivered straight to your inbox that:

- fits your macro-nutrient numbers within +/- 5 grams for your desired body composition goals .
During our on-boarding call we learn all about you and your lifestyle to figure out your numbers and make adjustments as needed along the way!
- takes into account your food preferences and weekly requests.
- includes 4-6 meals per day (*ingredients not included*).
- you eat the same 4-6 meals per day for a week and then we switch it up for you the next week.

FEE: \$175 / person



Meet our Personal Trainers from Hammond-Henry Hospital



Shannon Port
Hammond-Henry Rehab



Joshua Carley
Hammond-Henry Rehab



Allie Schnowske
MERGE - QC
NASM Certified Nutrition Coach



FITNESS

H.I.I.T. (H)

Welcome to HIIT (High-intensity interval training) which involves exerting your maximum energy during short periods of time. HIIT exercise burns 25% to 30% more calories than any other form of exercise. My classes will give you an all out 100% effort through quick intense bursts of exercise followed by short, sometimes active recovery periods. During your class, you will burn a lot of calories in a short amount of time. HIIT is a great workout choice for people of all fitness levels.

INSTRUCTOR: Joshua Carley, *Hammond-Henry Rehab*

WALK-IN FEES: \$10 M / \$12 MG / \$20 NM

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER LIFE FITNESS ROOM				
14114-11	Jun 3- 24	M	6:00- 7:00 pm	\$26 / \$52
14114-12	Jun 5- 26	W	6:00- 7:00 pm	\$26 / \$52
14114-21	Jul 1- 29	M	6:00- 7:00 pm	\$32.50 / \$65
14114-22	Jul 3- 31	W	6:00- 7:00 pm	\$32.50 / \$65
14114-31	Aug 5- 26	M	6:00- 7:00 pm	\$26 / \$52
14114-32	Aug 7- 28	W	6:00- 7:00 pm	\$26 / \$52

PILATES X STRENGTH (M) NEW!

Pilates x Strength is a fitness experience that's designed to benefit the body, mind, and soul to create strength from the inside out. This class combines strength training with Pilates to build lean muscle, burn fat, and increase energy.

INSTRUCTOR: Shannon Port, *Hammond-Henry Rehab*

WALK-IN FEES: \$8 M / \$10 MG / \$16 NM

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER LIFE FITNESS ROOM				
14126-11	Jun 3- 24	M	9:00- 10:00 am	\$26 / \$52
14126-12	Jun 5- 26	W	9:00- 10:00 am	\$26 / \$52
14126-21	Jul 1- 29	M	9:00- 10:00 am	\$32.50 / \$65
14126-22	Jul 3- 31	W	9:00- 10:00 am	\$32.50 / \$65
14126-31	Aug 5- 26	M	9:00- 10:00 am	\$26 / \$52
14126-32	Aug 7- 28	W	9:00- 10:00 am	\$26 / \$52

ADULT SMART START (L)

Don't know where to begin? Having difficulties using the equipment? Don't know how to set a workout plan? This is the class for you. Adult Smart Start will help get you going with designing a workout plan, using the equipment and getting your fitness routines started off right.

INSTRUCTOR: Joshua Carley, *Hammond-Henry Rehab Personal Trainer*

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER LIFE FITNESS ROOM				
14118-11	Jun 5- 26	W	6:00- 7:00 pm	\$65/person
14118-21	Jul 3- 31	W	6:00- 7:00 pm	\$65/person
14118-31	Aug 7- 28	W	6:00- 7:00 pm	\$65/person

POST THERAPY FITNESS (L)

This class is designed to pick up where rehab has left off. We will continue your wellness goals to improve balance, strength, and range of motion in a safe class setting.

INSTRUCTOR: Shannon Port, *Hammond-Henry Rehab*

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER LIFE FITNESS ROOM				
14147-11	Jun 4- 27	TU TH	1:15- 2:00 pm	\$65/person
14147-21	Jul 2- 30	TU TH	1:15- 2:00 pm	\$65/person
14147-31	Aug 20- 29	TU TH	1:15- 2:00 pm	\$32.50/person

ADULT SUMMIT (H)

This Summit focuses on adult athletes and their specific needs. This functional training program meets three days a week and targets triplaner strength, flexibility, injury prevention, cardiovascular fitness, and overall general conditioning in a group setting.

INSTRUCTORS: Greg Janicki, John Davis or Jennifer Mills, *Hammond-Henry*

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO FACILITY ACTIVITY CENTER (GFAC) 700 N STATE ST. GENESEO, IL				
14141-11	Jun 3- 28	M W F	5:00- 6:00 pm 4:00- 5:00 pm	\$75/person
14141-21	Jul 1- 31	M W F	5:00- 6:00 pm 4:00- 5:00 pm	\$75/person
14141-31	Aug 2- 30	M W F	5:00- 6:00 pm 4:00- 5:00 pm	\$75/person

Change up your workout!

FIND A VARIETY OF **FREE** WATER FITNESS CLASSES TO FIT YOUR NEEDS

SEE PAGE 24 >

ACTIVE ADULT EXERCISE CLASS (L) FREE!

This 1 hour class includes some gentle yoga moves, chair and standing exercises and NO FLOOR exercises. Participants are encouraged to participate at their personal level of comfort. Talking and laughing together is a big part of the fun of this group. Attendance is not mandatory – *come when you can.*

INSTRUCTORS: Sharon Rausch & Barb Sigwalt

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER			
Jun 6- 27	Thursdays	9:00- 10:00 am	FREE
Jul 11- 25	Thursdays	9:00- 10:00 am	FREE
Aug 1- 29	Thursdays	9:00- 10:00 am	FREE





MATERNITY SUMMIT (L) NEW!

Join us for pregnancy safe exercises with a focus on pelvic floor and deep core strengthening and engagement, how to coordinate breath with movement to prevent pain and injury during pregnancy, and how to prepare your body for labor, delivery, and early post-partum.

INSTRUCTORS: Tess Peters, *DPT, PCS, Women's Health Physical Therapist*

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER LIFE FITNESS ROOM				
14144-21	Jul 1- 22	M	Noon- 1:00 pm	\$80/person

Try hydrotherapy for expecting moms

LEARN MORE ABOUT MATERNITY WATER FITNESS SUMMIT ON PAGE 24 >

L1FT (H)

L1FT is Strength & Conditioning to build a strong and healthy body. L1FT utilizes weights to sculpt lean muscles and turn you into a fat burning machine long after the workout is over. Smart, safe, and progressive movements ensure no fitness level is left behind.

INSTRUCTOR: Shannon Port, *Hammond-Henry Rehab*

WALK-IN FEES: \$8 M / \$10 MG / \$16 NM

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER LIFE FITNESS ROOM				
14117-11	Jun 7- 28	F	8:30- 9:15 am	\$19.50 / \$39
14117-21	Jul 12- 26	F	8:30- 9:15 am	\$14.75 / \$29.50
14117-31	Aug 2- 30	F	8:30- 9:15 am	\$24.50 / \$49

PARKINSON'S STRONG (L)

Parkinson's only group exercise class with a focus on whole body functional wellness.

CLASS PREREQUISITES: Must be pre-evaluated at Hammond-Henry Hospital prior to registering for this class. A one-time equipment fee of \$55 will apply [first month class fee waived with one-time equipment fee].

INSTRUCTORS: Bailey Weber & Shannon Port, *Hammond-Henry Rehab*

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER LIFE FITNESS ROOM				
14142-11	Jun 4- 27	TU TH	11:00 am- Noon	\$65/person
14142-21	Jul 2- 30	TU TH	11:00 am- Noon	\$65/person
14142-31	Aug 1- 29	TU TH	11:00 am- Noon	\$65/person



SUMMER BOOT CAMP

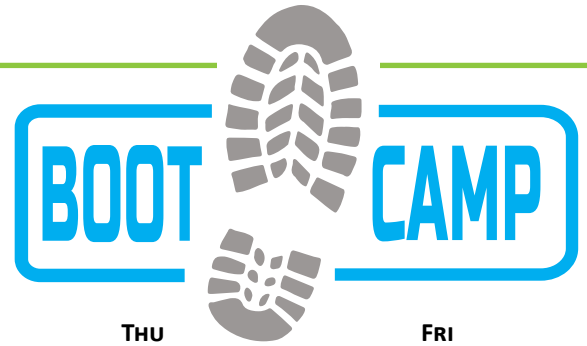
JUNE 3 - 28, 2024

Expect to challenge your mind and body as you alternate between high and low intensity classes with free weights, plyometrics, cardio training & balance work.

ATTEND SOME OR ALL OF THE CLASSES LISTED BELOW

INSTRUCTOR: Shannon Port, *Hammond-Henry Rehab* & Joshua Carley, *Hammond-Henry Rehab*

FEE (M/NM): \$75 M / \$150 NM



MON	TUE	WED	THU	FRI
3 9:00 am PILATES X STRENGTH 6:00 pm HIIT	4 8:00 am SPIN 9:00 am SLOW FLOW	5 9:00 am PILATES X STRENGTH 10:15 am YOGA FOR PELVIC HEALTH 6:00 pm HIIT	6 8:00 am JAM-DANCE FITNESS 9:00 am SLOW FLOW	7 8:30 am L1FT
10 9:00 am PILATES X STRENGTH 6:00 pm HIIT	11 8:00 am SPIN 9:00 am SLOW FLOW	12 9:00 am PILATES X STRENGTH 10:15 am YOGA FOR PELVIC HEALTH 6:00 pm HIIT	13 8:00 am JAM-DANCE FITNESS 9:00 am SLOW FLOW	14 8:30 am L1FT
17 9:00 am PILATES X STRENGTH 6:00 pm HIIT	18 8:00 am SPIN 9:00 am SLOW FLOW	19 9:00 am PILATES X STRENGTH 10:15 am YOGA FOR PELVIC HEALTH 6:00 pm HIIT	20 8:00 am JAM-DANCE FITNESS 9:00 am SLOW FLOW	21 8:30 am L1FT
24 9:00 am PILATES X STRENGTH 6:00 pm HIIT	25 8:00 am SPIN 9:00 am SLOW FLOW	26 9:00 am PILATES X STRENGTH 10:15 am YOGA FOR PELVIC HEALTH 6:00 pm HIIT	27 8:00 am JAM-DANCE FITNESS 9:00 am SLOW FLOW	28 8:30 am L1FT



WATER FITNESS



WATER FITNESS WALK-IN FEE
\$10 M / \$12 MG / \$20 NM
unless otherwise listed



JULY 1 - 14, 2024
GENESEO PARK DISTRICT INDOOR POOL
SHUTDOWN FOR ANNUAL MAINTENANCE

JUST THE GUYS (M)

An exercise class that works on increasing muscular strength and cardiovascular endurance, plus core strengthening and balance work. A fun-filled hour for men of all ages.

INSTRUCTOR: Therresa Bowton

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
15506-11	Jun 4- 25	TU	7:00- 8:00 am	\$26 / \$52
15506-12	Jun 6- 27	TH	7:00- 8:00 am	\$26 / \$52
15506-13	Jun 7-28	F	7:00- 8:00 am	\$26 / \$52
15506-21	Jul 16- 30	TU	7:00- 8:00 am	\$19.50 / \$39
15506-22	Jul 18- 25	TH	7:00- 8:00 am	\$13 / \$26
15506-23	Jul 19- 26	F	7:00- 8:00 am	\$13 / \$26
15506-31	Aug 6- 27	TU	7:00- 8:00 am	\$26/\$52
15506-32	Aug 1- 29	TH	7:00- 8:00 am	\$32.50/\$65
15506-33	Aug 2- 30	F	7:00- 8:00 am	\$32.50/\$65

FOR THE LOVE OF FIT (L)

Increases range of motion at the joints in order to improve posture, balance and mobility.

INSTRUCTOR: Laura Goetz

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
15504-11	Jun 3- 24	M	9:45- 10:45 am	\$26 / \$52
15504-12	Jun 5- 26	W	9:45- 10:45 am	\$26 / \$52
15504-13	Jun 7-28	F	9:45- 10:45 am	\$26 / \$52
15504-21	Jul 15- 29	M	9:45- 10:45 am	\$19.50 / \$39
15504-22	Jul 17- 31	W	9:45- 10:45 am	\$19.50 / \$39
15504-23	Jul 19- 26	F	9:45- 10:45 am	\$13 / \$26
15504-31	Aug 5- 26	FREE! M	9:45- 10:45 am	FREE
15504-32	Aug 7- 28	W	9:45- 10:45 am	\$26/\$52
15504-33	Aug 2- 30	F	9:45- 10:45 am	\$32.50/\$65

MATERNITY WATER FITNESS SUMMIT (L) NEW!

Hydrotherapy for expecting mothers, with the goal of helping participants in managing symptoms like aches and pains commonly associated with pregnancy and to also improve sleep and fitness. This low impact exercise strengthens the pelvic floor by contracting and building the muscles. Pelvic floor strengthening can help prepare the body for childbirth.

HELD AT HAMMOND-HENRY HOSPITAL THERAPY POOL

INSTRUCTOR: Jennifer Mills, Hammond-Henry Physical Therapy Assistant

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
HAMMOND-HENRY HOSPITAL THERAPY POOL				
15544-31	Aug 5- 26	M	Noon- 1:00 pm	\$80 / person

AQUA EXERCISE (L)

Indulge in the benefits of water exercise, an invigorating fitness approach that combines the therapeutic properties of water with a tailored workout routine. Immerse yourself in the warm water, creating a comfortable and soothing environment for alleviating stress on your joints.

HELD AT HAMMOND-HENRY HOSPITAL THERAPY POOL

INSTRUCTOR: Jennifer Mills, Hammond-Henry Physical Therapy Assistant

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
HAMMOND-HENRY HOSPITAL THERAPY POOL				
15502-11	Jun 3- 24	M	9:00- 10:00 am	\$80 / person
15502-12	Jun 6- 27	TH	9:00- 10:00 am	\$80 / person
15502-21	Jul 1- 29	M	9:00- 10:00 am	\$80 / person
15502-22	Jul 11- 25	TH	9:00- 10:00 am	\$80 / person
15502-31	Aug 5- 26	M	9:00- 10:00 am	\$80 / person
15502-32	Aug 1- 29	TH	9:00- 10:00 am	\$80 / person

FIT HAPPENS A.M. (H)

This class combines high intensity rhythmic movements with resistance training. A class guaranteed to burn calories and get you into shape.

INSTRUCTOR: Laura Goetz

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
15507-11	Jun 3- 24	M	8:30- 9:30 am	\$26 / \$52
15507-12	Jun 5- 26	W	8:30- 9:30 am	\$26 / \$52
15507-13	Jun 7-28	FREE! F	8:30- 9:30 am	FREE
15507-21	Jul 15- 29	M	8:30- 9:30 am	\$19.50 / \$39
15507-22	Jul 17- 31	W	8:30- 9:30 am	\$19.50 / \$39
15507-23	Jul 19- 26	F	8:30- 9:30 am	\$13 / \$26
15507-31	Aug 5- 26	M	8:30- 9:30 am	\$26 / \$52
15507-32	Aug 7- 28	W	8:30- 9:30 am	\$26 / \$52
15507-33	Aug 2- 30	F	8:30- 9:30 am	\$32.50 / \$65

FIT HAPPENS P.M. (H)

This high intensity, total body workout will utilize the entire pool.

INSTRUCTOR: Jill Neal

ACTIVITY#	DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL				
15508-11	Jun 3- 24	M	5:30- 6:30 pm	\$26 / \$52
15508-12	Jun 6- 27	TH	5:30- 6:30 pm	\$26 / \$52
15508-21	Jul 15- 29	M	5:30- 6:30 pm	\$19.50 / \$39
15508-22	Jul 18- 25	FREE! TH	5:30- 6:30 pm	FREE
15508-31	Aug 5- 26	M	5:30- 6:30 pm	\$26 / \$52
15508-32	Aug 1- 29	TH	5:30- 6:30 pm	\$32.50 / \$65



FITNESS | WATER FITNESS | LAP SWIM *at a glance*

JUNE - AUGUST 2024

Held at the Geneseo Community Center unless otherwise listed

MON	TUE	WED	THU	FRI	SAT	SUN
ADULT LAP SWIM 5:15- 8:00 am	ADULT LAP SWIM 5:15- 6:55 am	ADULT LAP SWIM 5:15- 8:00 am	ADULT LAP SWIM 5:15- 6:55 am	ADULT LAP SWIM 5:15- 6:55 am		
	JUST THE GUYS WF 7:00- 8:00 am		JUST THE GUYS WF 7:00- 8:00 am	JUST THE GUYS WF 7:00- 8:00 am		
FIT HAPPENS A.M. WF 8:30- 9:30 am		FIT HAPPENS A.M. WF 8:30- 9:30 am		FIT HAPPENS A.M. WF 8:30- 9:30 am FREE! in June L1FT 8:30- 9:15 am	ADULT LAP SWIM 7:00- 9:00 am 6/1 - 8/31	ADULT LAP SWIM 7:00- 9:00 am 6/2 - 9/1
AQUA EXERCISE WF 9:00- 10:00 am <i>held at HHH</i> PILATES X STRENGTH NEW! 9:00- 10:00 am	SLOW FLOW 9:00- 10:15 am	PILATES X STRENGTH NEW! 9:00- 10:00 am	SLOW FLOW 9:00- 10:15 am ACTIVE ADULT EXERCISE CLASS FREE! 9:00- 10:00 am AQUA EXERCISE WF 9:00- 10:00 am <i>held at HHH</i>			
		WALKING CLUB 9:30- 10:30 am				
FOR THE LOVE OF FIT WF 9:45- 10:45 am FREE! in August		FOR THE LOVE OF FIT WF 9:45- 10:45 am		FOR THE LOVE OF FIT WF 9:45- 10:45 am		
	PARKINSON'S STRONG 11:00 am- Noon	YOGA FOR PELVIC HEALTH 10:15- 11:15 am	PARKINSON'S STRONG 11:00 am- Noon			
ADULT LAP SWIM 11:00 am- 1:00 pm	ADULT LAP SWIM 11:00 am- 1:00 pm	ADULT LAP SWIM 11:00 am- 1:00 pm	ADULT LAP SWIM 11:00 am- 1:00 pm	ADULT LAP SWIM 11:00 am- 1:00 pm		
MATERNITY SUMMIT NEW! Noon- 1:00 pm <i>in July</i> MATERNITY WATER FITNESS SUMMIT WF NEW! Noon- 1 :00 pm <i>held at HHH in August</i>						
	POST THERAPY FITNESS 1:15- 2:00 pm		POST THERAPY FITNESS 1:15- 2:00 pm			

ADULT SUMMIT 5:00- 6:00 pm <i>held at GFAC</i>		ADULT SUMMIT 5:00- 6:00 pm <i>held at GFAC</i>	MIDDLE SCHOOL FITNESS ACCESS 5:00- 6:00 pm	ADULT SUMMIT 4:00- 5:00 pm <i>held at GFAC</i>		
FIT HAPPENS P.M. WF 5:30- 6:30 pm			FIT HAPPENS P.M. WF 5:30- 6:30 pm FREE! in July		<div style="border: 2px solid red; padding: 10px;">  <p style="text-align: center;">INDOOR POOL [SHUTDOWN FOR ANNUAL MAINTENANCE] July 1- 14, 2024</p> <p style="text-align: center;">ADULT LAP SWIM & WATER WALKING [FOR ALL MEMBERS DURING THE INDOOR POOL SHUTDOWN] July 1- 14, 2024 Not held 7/4 M- F 5:15- 7:00 am FREE for Community Center, Park District & Aquatic Center Members; DAILY ADMISSION for Non-Members</p> </div>	
H.I.I.T. 6:00- 7:00 pm		ADULT SMART START 6:00- 7:00 pm H.I.I.T. 6:00- 7:00 pm				
FAMILY/LAP SWIM 7:00- 8:00 pm	FAMILY/LAP SWIM 7:00- 8:00 pm	FAMILY/LAP SWIM 7:00- 8:00 pm	FAMILY/LAP SWIM 7:00- 8:00 pm			

ADULT LAP SWIM Included in Community Center or Park District Membership, Non-Members pay daily admission fee [\$9 Adult or \$8 Senior/Youth]. 2 lanes reserved for Lap Swimmers, 2 lanes reserved for water exercise. *Lanes adjusted based on intended usage.*

FAMILY/OPEN SWIM Included in Community Center or Park District Membership, Non-Members pay daily admission fee. 2 lanes reserved for Lap Swimmers, 2 lanes reserved for Family Swim

WF Water Fitness Class held at the Community Center Indoor Pool. *Registration or walk-in fee required to attend.*

A **FREE** Water Fitness Class is offered each month. [LEARN MORE >](#)

IP Learn to Swim classes held at the Community Center Indoor Pool. *Registration is required to attend.* [LEARN MORE >](#)

**INTERESTED LAP SWIMMERS UNDER
18 MUST GET PERMISSION TO
ATTEND ADULT LAP SWIM.**

**CONTACT NATHANIEL
AT (309) 944-5695.**





MONTHLY MOVIE

CENTRAL THEATER FREE MOVIE **FREE!**

Join us at Geneseo Park District's Central Theater for a **free** movie! Admission is **free** thanks to the GENESEOPARK DISTRICT FOUNDATION. Enjoy 1 **free** Small Pop & Popcorn Combo per person thanks to CENTRAL CLASSIC CLUB.



DATES	DAYS	MOVIE TITLE	TIME	FEE (M/NM)
CENTRAL THEATER 111 N STATE ST. GENESEOPARK, IL (309) 944-3603				
June 12	Wednesday	I Can Only Imagine	1:00 pm	FREE
July 10	Wednesday	80 for Brady	1:00 pm	FREE
August 14	Wednesday	Mamma Mia	1:00 pm	FREE

DANCES

MONTHLY DANCE **FREE!**

Come enjoy an evening of music, dancing, snacks and drinks with old friends and new acquaintances. The Park District Dance is **FREE** for everyone of all ages.

DATES	DAYS	TIME	FEE (M/NM)
GENESEOPARK COMMUNITY CENTER			
June 9	Sunday	4:00- 6:30 pm	FREE
July 14	Sunday	4:00- 6:30 pm	FREE
August 11	Sunday	4:00- 6:30 pm	FREE



GENESEOPARK DISTRICT FOUNDATION

These **FREE** Active Adults/Senior Programs are sponsored by the
GENESEOPARK DISTRICT FOUNDATION
(unless otherwise listed).



A complete calendar of events each month can be found online at
GENESEOPARKDISTRICT.ORG/ACTIVE-ADULT



SNACKS, GAMES & MORE

CARDS WITH FRIENDS **FREE!**

Come join friends and neighbors in a friendly game of cards. There are people who are willing to teach you how to play so you can join the fun!

DATES	DAYS	TIME	FEE (M/NM)
GENESEOPARK COMMUNITY CENTER			
Jun- Aug	Mondays	1:00 pm	FREE
Jun- Aug	2 nd & 4 th Thursdays	1:00 pm	FREE

WALKING CLUB **FREE!**

Come join us for a free, fun and sociable walking club on the indoor track. Walk at your own pace, bring a friend or make a new one. It's a great opportunity to set some fitness goals and connect with others in our community!

DATES	DAYS	TIME	FEE (M/NM)
GENESEOPARK COMMUNITY CENTER GYMNASIUM			
Jun- Aug	Wednesdays	9:30- 10:30 am	FREE

COFFEE & SNACKS **FREE!**

Start your day off right with a hot cup of coffee, some tasty breakfast treats and friendly conversation as we welcome everyone to our Thursday morning Coffee and Snacks. Enjoy time with friends before beginning your day, or stick around for the 9am Exercise Class. Everyone is welcome.

DATES	DAYS	TIME	FEE (M/NM)
GENESEOPARK COMMUNITY CENTER			
Jun- Aug	Thursdays	8:00- 9:00 am	FREE

BINGO **FREE!**

Everyone is welcome. Various games of Bingo are played each time. Prizes for everyone!

DATES	DAYS	TIME	FEE (M/NM)
GENESEOPARK COMMUNITY CENTER			
Jun- Aug	1 st & 3 rd Thursdays	1:00- 2:30 pm	FREE

GAMES FOR FRIENDSHIP, FELLOWSHIP & FUN **FREE!**

Play one of the variety of games we have or bring your board for Joker & Marbles. Everyone is welcome!

DATES	DAYS	TIME	FEE (M/NM)
GENESEOPARK COMMUNITY CENTER			
Jun- Aug	Fridays	9:00 am- Noon	FREE





FITNESS & WATER FITNESS

ACTIVE ADULT EXERCISE CLASS (L) **FREE!**

This 1 hour class includes some gentle yoga moves, chair and standing exercises and NO FLOOR exercises. Participants are encouraged to participate at their personal level of comfort. Talking and laughing together is a big part of the fun of this group. Attendance is not mandatory – *come when you can.*
INSTRUCTORS: Sharon Rausch & Barb Sigwalt

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER			
Jun 6- 27	Thursdays	9:00- 10:00 am	FREE
Jul 11- 25	Thursdays	9:00- 10:00 am	FREE
Aug 1- 29	Thursdays	9:00- 10:00 am	FREE

WATER FITNESS CLASSES **FREE!**

Try a different Water Fitness Class for **FREE** each month.

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER INDOOR POOL			
FIT HAPPENS A.M.			
This class combines high intensity rhythmic movements with resistance training.			
Jun 7- 28	F	8:30- 9:30 am	FREE
FIT HAPPENS P.M.			
This high intensity, total body workout will utilize the entire pool.			
Jul 18- 25	TH	5:30- 6:30 pm	FREE
FOR THE LOVE OF FIT			
Increases range of motion at the joints in order to improve posture, balance and mobility.			
Aug 5- 26	M	9:45- 10:45 am	FREE

FITNESS & WATER FITNESS

FIND A VARIETY OF FITNESS & WATER FITNESS CLASSES
SEE PAGES 21 - 24 >



DO YOU RECEIVE MEDICAID?

If so, ask us about our **Funding Positive Recreation Program.**

You could receive up to **\$200 A YEAR**
towards your membership or programs.

Pick up an application at The Center's front desk
or online at WWW.GENESEOPARKDISTRICT.ORG

LUNCHEONS & SEMINARS

The Geneseo Park District would like to invite you to a **FREE** seminar while enjoying a **FREE** light luncheon. *Stay and play cards following the luncheon.*

Seminar admission is **FREE** thanks to **COMMUNITY PRESENTERS.**
Luncheon is provided by the **GENESEO PARK DISTRICT FOUNDATION.**

Geneseo
Park District
Foundation

Hammond-Henry
HOSPITAL

FREE 2 PLAY PROGRAM **FREE!**

HHH rehab staff will discuss the Free2Play program that supports movement literacy, empowerment, and causal fundraising for our community youth.

PRESENTER: Hammond-Henry Hospital

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER			
June 13	Thursday	Noon- 1:00 pm	FREE

MARKETING AND ADVERTISING **FREE!**

Hospital staff will discuss marketing and advertising techniques, generational differences, and how HHH as an organization is attempting to reach our community so that they are aware of our services.

PRESENTER: Hammond Henry Hospital

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER			
July 11	Thursday	Noon- 1:00 pm	FREE

SOCIAL DETERMINATES OF HEALTH **FREE!**

HHH staff will discuss the factors that contribute to Social Determinates of Health (SDOH) and how our community members and organizations can contribute positively to our shared Social Determinates of Health

PRESENTER: Hammond-Henry Hospital

DATES	DAYS	TIME	FEE (M/NM)
GENESEO COMMUNITY CENTER			
August 8	Thursday	Noon- 1:00 pm	FREE



FREQUENTLY ASKED QUESTIONS

MEET THE GENESEO PARK DISTRICT BOARD OF COMMISSIONERS



DOUG BODEEN
President



NATE VORAC
Vice-President



BETHANY WINKLEMAN
Secretary



JULIA MCAVOY
Commissioner



CHRISTINA ZOBRIST
Commissioner

MEET THE GENESEO PARK DISTRICT LEADERSHIP TEAM

ANDY THURMAN

Executive Director

athurman@geneseoparkdistrict.org

SCOTT HIMMELMAN

Superintendent of Facilities

shimmelman@geneseoparkdistrict.org

JACKIE BEACH

Recreation & Aquatics Supervisor

jbeach@geneseoparkdistrict.org

PAULA VERBECK

Superintendent of Finance & Administration

pverbeck@geneseoparkdistrict.org

ANDREW SIGWALT

Superintendent of Recreation

asigwalt@geneseoparkdistrict.org

JODIE OLSON

Administrative Assistant

jolson@geneseoparkdistrict.org

RECREATION PROGRAMS

PROGRAM RATE POLICY

It is the policy of the Park District that program participants must have a current membership to participate at membership rates. Memberships must be purchased prior to the program start date to receive the programs membership rate, the difference will NOT be refunded for memberships purchased after the first day of a program. Patrons may register for programs at the membership rate beyond their membership expiration date but if they do not renew they will be obligated to pay the difference between the member and non-member rate for programs that they continue to participate in past their expiration date.

PROGRAM CANCELLATIONS Visit our website for the most up-to-date closings & cancellations at [GENESEOPARKDISTRICT.ORG/CLOSINGS-CANCELLATIONS](https://www.geneseoparkdistrict.org/closings-cancellations)

On days when the Geneseo School District releases early or cancels due to weather, our programs are also canceled. If the Geneseo School District has a late start all Adult Programs will run as scheduled. All other programs scheduled after school would run as scheduled. Make-up classes will be scheduled if facility and instructor resources are available.

The Park District and/or its independent contractors reserve the right to consolidate, postpone or cancel any activity or program that has not met the established minimum. The determination to cancel programs will be made 3 days prior to scheduled start date.

If lightning strikes or thunder is heard all pool participants will be required to be out of the Indoor Pool or Aquatic Center for 15 minutes from the time of the last lightning strike or thunder heard.

PROGRAM REFUNDS

Participants that request a refund before the start of a program will receive a full refund. Refunds requested after the start of a program will receive 1/2 of the unused portion minus a \$5.00 service fee. The \$5.00 service fee will be waived if the patron chooses to send the refund to their account as a credit on account versus being mailed a refund check.

YOUTH SPORTS CODE OF CONDUCT

- I agree to always demonstrate good sportsmanship
- I will encourage my teammates and respect my opponents
- I agree to play safely, listen to coaches, and follow the rules of the game
- I agree to use sports equipment properly and with respect
- I understand that a consistent failure to follow this code may result in being removed from the activity

OOPS!

The Park District staff has made every effort to prepare this guide as accurately as possible. However, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. The Park District reserves the right to make any adjustments. The Park District apologizes for any inconvenience these errors or adjustments may cause.

PHOTO / VIDEO DISCLOSURE

By registering for, participating in or attending Park District programs, events, or other activities, the participant agrees to the use and distribution by the Park District of his or her image. If you do not wish your household to be photographed, you will need to complete & sign the Photo Waiver form at the Geneseo Community Center.

VISIT OUR WEBSITE
AREA-SPECIFIC
RULES & POLICIES



FREQUENTLY ASKED QUESTIONS

MEMBERSHIPS

WHAT DISCOUNTS DO YOU OFFER?

The Geneseo Park District offers a Business Membership Discount. If your employer has a Business Membership, you could be eligible for a 10% discount off your annual Membership fee. Please inquire with desk attendant to see if your employer participates.

YOUR EMPLOYER IS NOT PART OF THIS PROGRAM? Talk to them today about helping you and your coworkers receive a discount to get fit and healthy. Healthy employees are more productive and can reduce employer expenses. Call (309) 944-5695 for more details.

CAN I USE THE CENTER OR AQUATIC CENTER IF I AM NOT A MEMBER?

Yes, anyone can use The Center, John & Carla Edwards Aquatic Center or sign up for programs.

DAILY ADMISSION AT THE CENTER

as of January 1, 2024

\$8.00 Youth (18 & Under) / Senior (65 & older)

\$9.00 Adult (19 & older)

DAILY ADMISSION AT THE AQUATIC CENTER

as of January 1, 2024

\$9.00 / person

WHAT IF I AM NOT A RESIDENT OF THE GENESEO PARK DISTRICT?

Non-residents are persons who do not reside within the corporate boundaries of the Park District or do not pay taxes for the Park District.

A \$75 non-resident fee will be applied to Community Center & Park District membership purchases or renewals. (Not applicable to 1-month memberships).

A \$30 non-resident fee will be applied to Aquatic Center memberships.

HOW CAN I PAY FOR A MEMBERSHIP?

The Geneseo Park District offers three easy payment plan options...

1 - PAY Pay the full amount owed at time of purchase.

3 - PAY [3 CONSECUTIVE MONTHLY PAYMENTS] The membership rate is divided into 3 equal payments, which are paid the first three months of your membership plus a \$10.00 service fee. If monthly payments are not paid by due dates, a late fee of \$10.00 per month will be charged. Future memberships may not be obtained until complete balances are paid in full. Only available on annual membership purchase. The \$10 service fee is reflected in the listed 3-pay price.

12 - PAY [AUTOMATIC ELECTRONIC WITHDRAWAL] The 12-pay plan is the only way that the Geneseo Park District can accept monthly payments for annual Community Center or Park District membership dues. This is a continuous membership plan; memberships will automatically renew on the members' yearly expiration date. The membership price including service fee of \$2 per month, and non-resident fee when applicable, is divided by 12 to arrive at the monthly payment. An initial down payment is required at time of purchase, fulfilling the first month's payment obligation and a \$25 Activation Fee. The monthly dues will be deducted from the members bank account for a minimum of 11 consecutive months. After that time, they will automatically continue until the GPD receives request to terminate from the member. Monthly dues will be withdrawn on the 15th of the month unless the 15th falls on a weekend or holiday in which case withdrawals will be made the following business day. To terminate or change the membership in any way, the GPD must receive a 30-day written notice directed to the Attention of the Administrative Assistant. Should any membership draft not be honored by the members financial institution for any reason, the membership will be suspended. The member will be required to pay the balance due plus a \$5 service fee. Balance due must be paid in full, in person, by cash or credit card. This is in addition to any service fee the financial institution may make. Monthly dues will continue to be automatically deducted from the members bank account as scheduled while the membership is suspended. Memberships will be canceled after a second consecutive insufficient funds notice is received. Memberships that are suspended and/or canceled due to delinquent payments will receive email notification from GPD. Canceled memberships are required to pay the past due amount plus service fees in full before future memberships may be purchased and are subject to the activation fee. Memberships canceled prior to meeting the first 1-year commitment will be subject to the GPD cancellation policy and required to pay 1/2 of the unused balance plus a \$5 service fee. If a membership is canceled due to insufficient funds, future requests for payment plans will be reviewed and the Geneseo Park District reserves the right to accept or reject requests. The Geneseo Park District Board of Directors may, at their discretion, adjust the monthly rate applicable to any category of membership.

FINANCIAL ASSISTANCE IS AVAILABLE For more information call (309) 944-5695 or visit www.GeneseoParkDistrict.org

WHAT IF I WANT TO CANCEL OR UPGRADE MY MEMBERSHIP OR PROGRAM?

UPGRADING MY MEMBERSHIP: When upgrading your membership you will receive 100% credit of the unused portion on the existing membership which is deducted from the new membership price. A new expiration date is established at the time of upgrade. New payment plan forms will be completed at this time. No refunds are applied on 12-pay option.

MEMBERSHIP CANCELLATION POLICY: Annual memberships discontinued before the year is completed will be refunded on the basis of 1/2 of the unused balance plus a \$5.00 service fee (not applicable on 12-pay option).

MEMBERSHIPS ARE NOT TRANSFERABLE. Memberships purchased under false pretenses will be terminated and no refunds will be given.

STATEMENT OF ACCESSIBILITY

WE WANT TO INCLUDE YOU, YES YOU...

The Park District believes each participant should be provided with leisure services to allow for his/her highest level of performance. **Inclusion Services** are designed to facilitate and ensure opportunities are available in the least restrictive environment and to make certain residents are given the opportunity to choose the services they desire.

The Geneseo Park District will make reasonable accommodations in recreation programs to enable participation by an individual with a disability that meets essential eligibility requirements for that leisure program and facility. *If you have any special needs, please contact the Park District at (309) 944-5695.*



FACILITIES & CONTACT INFORMATION

GENESEO COMMUNITY CENTER



HOURS > INDOOR POOL > RECOVERY ROOM > GYMNASIUM >
541 EAST NORTH STREET | GENESEO, IL
(309) 944-5695

AQUATIC CENTER



HOURS > SPLASH PAD > WATER WALKING & LAP SWIM >
501 EAST NORTH STREET | GENESEO, IL
(309) 944-3129

CENTRAL THEATER



SHOWTIMES > TICKET PRICES > SPECIALS >
111 NORTH STATE STREET | GENESEO, IL
(309) 944-3603

ATHLETIC FIELD



OVERVIEW > AMENITIES >
407 EAST NORTH STREET | GENESEO, IL

ANDERSON MEMORIAL PARK



AMENITIES >
316 EAST MAIN STREET | GENESEO, IL

CLOSINGS & CANCELLATIONS



FIND THE MOST UP-TO-DATE FACILITY AND PROGRAM INFORMATION AT
[GENESEOPARKDISTRICT.ORG/CLOSINGS-CANCELLATIONS](https://www.geneseparkdistrict.org/closings-cancellations)

