

FREE ACTIVE ADULT/SENIOR ACTIVITY CALENDAR

JANUARY 2025

ARE YOU ELIGIBLE AND RECEIVE MEDICAID?

If so, check out our FUNding Positive Recreation Program where you can receive up to \$200 a year towards your membership or programs. Pick up an application on our website or at The Center's front desk.

SUN	MON	TUE	WED	THU	FRI	SAT
<p>ALL ACTIVITIES ARE FREE (UNLESS OTHERWISE NOTED) THANKS TO >></p> 			<p>1 CENTER CLOSED</p>	<p>2 8:00- 9:00 am JAVA & JIVE 9:00- 10:00 am FITNESS CLASS <i>Exercise Class</i> 1:00- 2:30 pm BINGO</p>	<p>3 9:00am- Noon GAMES <i>Uno, Sk-Bo SkyJo, Sequence and Joker & Marbles</i></p>	
<p>5</p>	<p>6 1:00 pm CARDS WITH FRIENDS <i>Manipulation</i> 1:00- 3:00 pm KITCHEN BAND PRACTICE</p>	<p>7</p>	<p>8 9:30 - 10:30 am SENIOR WALKING CLUB 1:00 pm MOVIE <i>Hidden Figures</i> <i>1 small drink & popcorn/person</i></p>	<p>9 8:00- 9:00 am JAVA & JIVE 9:00- 10:00 am FITNESS CLASS <i>Exercise Class</i> 1:00 pm CARDS WITH FRIENDS <i>Hand & Foot</i></p>	<p>10 7:00- 8:00 am WATER FITNESS CLASS <i>Just the Guys</i> 9:00am- Noon GAMES <i>Uno, Sk-Bo SkyJo, Sequence and Joker & Marbles</i></p>	<p>11</p>
<p>12</p>	<p>13 1:00 pm CARDS WITH FRIENDS <i>Manipulation</i> 1:00- 3:00 pm KITCHEN BAND PRACTICE</p>	<p>14</p>	<p>15 9:30 - 10:30 am SENIOR WALKING CLUB</p>	<p>16 8:00- 9:00 am JAVA & JIVE 9:00- 10:00 am FITNESS CLASS <i>Exercise Class</i> 1:00- 2:30 pm BINGO</p>	<p>17 7:00- 8:00 am WATER FITNESS CLASS <i>Just the Guys</i> 9:00am- Noon GAMES <i>Uno, Sk-Bo SkyJo, Sequence and Joker & Marbles</i></p>	<p>18</p>
<p>19</p>	<p>20 1:00 pm CARDS WITH FRIENDS <i>Manipulation</i> 1:00- 3:00 pm KITCHEN BAND PRACTICE</p>	<p>21</p>	<p>22 9:30 - 10:30 am SENIOR WALKING CLUB</p>	<p>23 8:00- 9:00 am JAVA & JIVE 9:00- 10:00 am FITNESS CLASS <i>Exercise Class</i> 1:00 pm CARDS WITH FRIENDS <i>Hand & Foot</i></p>	<p>24 7:00- 8:00 am WATER FITNESS CLASS <i>Just the Guys</i> 9:00am- Noon GAMES <i>Uno, Sk-Bo SkyJo, Sequence and Joker & Marbles</i></p>	<p>25</p>
<p>26</p>	<p>27 1:00 pm CARDS WITH FRIENDS <i>Manipulation</i> 1:00- 3:00 pm KITCHEN BAND PRACTICE</p>	<p>28</p>	<p>29 9:30 - 10:30 am SENIOR WALKING CLUB</p>	<p>30 8:00- 9:00 am JAVA & JIVE 9:00- 10:00 am FITNESS CLASS <i>Exercise Class</i> 1:00 pm CARDS WITH FRIENDS <i>Hand & Foot</i></p>	<p>31 7:00- 8:00 am WATER FITNESS CLASS <i>Just the Guys</i> 9:00am- Noon GAMES <i>Uno, Sk-Bo SkyJo, Sequence and Joker & Marbles</i></p>	



GENESEOPARKDISTRICT.ORG/ACTIVE-ADULT

*Sponsored in part by **Hammond-Henry Hospital**

PROGRAM CANCELLATIONS: On days when the Geneseo School District releases early or cancels due to weather, our programs are also cancelled. If the Geneseo School District has a late start all Adult Programs will run as scheduled. All other programs scheduled after school would run as scheduled.