



# FREE ACTIVE ADULT/SENIOR ACTIVITY CALENDAR

## FEBRUARY 2025

**ARE YOU ELIGIBLE AND RECEIVE MEDICAID?**  
 If so, check out our FUNding Positive Recreation Program where you can receive up to \$200 a year towards your membership or programs. Pick up an application on our website or at The Center's front desk.

SUN	MON	TUE	WED	THU	FRI	SAT
<b>2</b>	<b>3</b> 1:00- 3:00 pm KITCHEN BAND PRACTICE	<b>4</b>	<b>5</b> 8:30- 9:30 am WATER FITNESS CLASS <i>Fit Happens A.M.</i> 9:30 - 10:30 am SENIOR WALKING CLUB	<b>6</b> 8:00- 9:00 am COFFEE & SNACKS 9:00- 10:00 am FITNESS CLASS <i>Exercise Class</i> 1:00- 2:30 pm BINGO	<b>7</b> 9:00am- Noon GAMES <i>Uno, Sk-Bo SkyJo, Sequence and Joker &amp; Marbles</i>	<b>1 / 8</b>
<b>9</b> 4:00- 6:30 pm DANCE	<b>10</b> 1:00- 3:00 pm KITCHEN BAND PRACTICE	<b>11</b>	<b>12</b> 8:30- 9:30 am WATER FITNESS CLASS <i>Fit Happens A.M.</i> 9:30 - 10:30 am SENIOR WALKING CLUB 1:00 pm MOVIE <i>Unsung Heros</i> <i>1 small drink &amp; popcorn/person</i>	<b>13</b> 8:00- 9:00 am COFFEE & SNACKS 9:00- 10:00 am FITNESS CLASS <i>Exercise Class</i> Noon- 1:00 pm SEMINAR & LUNCHEON* <i>Geneseo Chamber of Commerce</i> 1:00 pm CARDS WITH FRIENDS <i>Hand &amp; Foot</i>	<b>14</b> 9:00am- Noon GAMES <i>Uno, Sk-Bo SkyJo, Sequence and Joker &amp; Marbles</i>	<b>15</b>
<b>16</b>	<b>17</b> 1:00- 3:00 pm KITCHEN BAND PRACTICE	<b>18</b>	<b>19</b> 8:30- 9:30 am WATER FITNESS CLASS <i>Fit Happens A.M.</i> 9:30 - 10:30 am SENIOR WALKING CLUB	<b>20</b> 8:00- 9:00 am COFFEE & SNACKS 9:00- 10:00 am FITNESS CLASS <i>Exercise Class</i> 1:00- 2:30 pm BINGO	<b>21</b> 9:00am- Noon GAMES <i>Uno, Sk-Bo SkyJo, Sequence and Joker &amp; Marbles</i>	<b>22</b>
<b>23</b>	<b>24</b> 1:00- 3:00 pm KITCHEN BAND PRACTICE	<b>25</b>	<b>26</b> 8:30- 9:30 am WATER FITNESS CLASS <i>Fit Happens A.M.</i> 9:30 - 10:30 am SENIOR WALKING CLUB	<b>27</b> 8:00- 9:00 am COFFEE & SNACKS 9:00- 10:00 am FITNESS CLASS <i>Exercise Class</i> 1:00 pm CARDS WITH FRIENDS <i>Hand &amp; Foot</i>	<b>28</b> 9:00am- Noon GAMES <i>Uno, Sk-Bo SkyJo, Sequence and Joker &amp; Marbles</i>	

ALL ACTIVITIES ARE **FREE**  
 (UNLESS OTHERWISE NOTED)  
 THANKS TO >>



**PROGRAM CANCELLATIONS:** On days when the Geneseo School District releases early or cancels due to weather, our programs are also cancelled. If the Geneseo School District has a late start all Adult Programs will run as scheduled. All other programs scheduled after school would run as scheduled.

\*Sponsored in part by [Hammond-Henry Hospital](#)