



FREE ACTIVE ADULT/SENIOR ACTIVITY CALENDAR

APRIL 2025

ARE YOU ELIGIBLE AND RECEIVE MEDICAID?

If so, check out our FUNding Positive Recreation Program where you can receive up to \$200 a year towards your membership or programs. Pick up an application on our website or at The Center's front desk.

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2 9:30 - 10:30 am SENIOR WALKING CLUB	3 8:00- 9:00 am COFFEE & SNACKS 9:00- 10:00 am FITNESS CLASS <i>Exercise Class</i> 1:00- 2:30 pm BINGO	4 9:00am- Noon GAMES <i>Uno, Sk-Bo SkyJo, Sequence and Joker & Marbles</i>	5
6	7 9:45- 10:45 am WATER FITNESS CLASS <i>For the Love of Fit</i> 1:00- 3:00 pm KITCHEN BAND PRACTICE	8	9 9:30 - 10:30 am SENIOR WALKING CLUB 1:00 pm MOVIE <i>Field of Dreams</i> <i>1 small drink & popcorn/person**</i>	10 8:00- 9:00 am COFFEE & SNACKS 9:00- 10:00 am FITNESS CLASS <i>Exercise Class</i> Noon- 1:00 pm SEMINAR & LUNCHEON* <i>Inspire Continuing Care</i>	11 9:00am- Noon GAMES <i>Uno, Sk-Bo SkyJo, Sequence and Joker & Marbles</i>	12
13 4:00- 6:30 pm DANCE	14 9:45- 10:45 am WATER FITNESS CLASS <i>For the Love of Fit</i> 1:00- 3:00 pm KITCHEN BAND PRACTICE	15	16 9:30 - 10:30 am SENIOR WALKING CLUB	17 8:00- 9:00 am COFFEE & SNACKS 9:00- 10:00 am FITNESS CLASS <i>Exercise Class</i> 1:00- 2:30 pm BINGO	18 9:00am- Noon GAMES <i>Uno, Sk-Bo SkyJo, Sequence and Joker & Marbles</i>	19
20	21 9:45- 10:45 am WATER FITNESS CLASS <i>For the Love of Fit</i> 1:00- 3:00 pm KITCHEN BAND PRACTICE	22	23 9:30 - 10:30 am SENIOR WALKING CLUB	24 8:00- 9:00 am COFFEE & SNACKS 9:00- 10:00 am FITNESS CLASS <i>Exercise Class</i>	25 9:00am- Noon GAMES <i>Uno, Sk-Bo SkyJo, Sequence and Joker & Marbles</i>	26
27	28 9:45- 10:45 am WATER FITNESS CLASS <i>For the Love of Fit</i> 1:00- 3:00 pm KITCHEN BAND PRACTICE	29	30 9:30 - 10:30 am SENIOR WALKING CLUB			