



GENESEO PARK DISTRICT

JUNE - AUGUST PROGRAMS


**SUMMER PROGRAM
REGISTRATION OPENS**

**May 6, 2022 for Members
May 20, 2022 for Non-Members**



FREE FAMILY EVENTS

MIDDLE SCHOOL FUN [NIGHT SWIM]


 **FRIDAY JUNE 24, 2022**
7:15 - 9:15 pm

Come out and have some fun at the John and Carla Edwards Aquatic Center! There will be one free popcorn and drink for each person. Other concessions will be available for purchase at regular price.

GRADES: 6th - 8th

LOCATION: John & Carla Edwards Aquatic Center

COMMUNITY CAMP OUT

 **FRIDAY JULY 8, 2022**
Gates open at 5:00 pm

Camp out under the stars at the Athletic Field. Bring a tent, chairs & other outdoor camping supplies you may need and join the Geneseo Park District for this fun campout! Food and drinks for supper, outdoor games & music around a campfire will be provided. **Plus** join your friends for the Outdoor Summer Movie Night at dusk;

Plus join your friends for the Outdoor Summer Movie Night at dusk;


GHOSTBUSTER: AFTERLIFE.

AGES: All Ages

LOCATION: Athletic Field

- This is a free event, Pre-registration is preferred.
- There will be no make up rain date.
- *No alcohol is permitted.*

UNPLUG ILLINOIS EVENT


 **SATURDAY JULY 9, 2022**
1:00 - 3:00 pm

The Unplug Illinois Day is a statewide initiative that encourages people to get out, unplug, play and engage with one another. Come out to the Athletic Field and participate in a variety of games and activities. Games will include basketball, ping pong, cornhole, tennis, volleyball, baseball, golf...and more! *Activities will be held in The Center's Gymnasium in the case of inclement weather.*

AGES: All Ages

LOCATION: Athletic Field

ANNUAL KIWANIS FUN DAY

 **FRIDAY JULY 29, 2022**
Noon - 5:00 pm

Kiwanis Club of Geneseo & the Geneseo Park District invite you & your family to the annual Kiwanis Fun Day! Come for games with tons of prizes, watermelon and swimming all at the Aquatic Center.

AGES: All Ages


LOCATION: John & Carla Edwards Aquatic Center

No Splash Pad Only or Adult Water Walking hours held at the Aquatic Center 07/29/22

Sponsored by



BACK TO SCHOOL BASH

 **FRIDAY AUGUST 5, 2022**
5:00 - 8:00 pm

Come out to the Athletic Field with the Park District for one last Summer Bash before the new school year begins.

FAMILY FRIENDLY ACTIVITIES INCLUDE...

Park District interactive Inflatables, Yard Games [Ping Pong, Bags, Giant Connect 4, Giant Jenga, Large Yatzee, Giant Checkers, Large Tic Tac Toe and many more], and Popcorn & Drinks. **Plus** join your friends for the Outdoor Summer Movie Night at dusk; **PLAYING WITH FIRE**

AGES: All Ages

LOCATION: Athletic Field

No make up rain date is scheduled.



SPECIAL EVENT

COOKING CLASS #13091

THURSDAY JULY 21, 2022

6:30 - 8:00 pm

FEE: \$35 / person

Rise and Shine! Breakfast is the most important meal of the day, yet it is the most skipped meal of the day. We'll make an egg casserole that is easy, tasty and nutritious! And, it may not be just for breakfast anymore! Select your favorite spices and ingredients to make and take your egg casserole, which can be easily portioned for "do ahead" meal time. *As you register, please let us know if you require gluten-free options.*

AGES: 18 & older

LOCATION: Community Center Kitchen

INSTRUCTOR: Kim Schwarzkopf, A Spotted Apron

MAXIMUM: 12 participants

FREE SEASONAL COMMUNITY EVENTS ARE SPONSORED BY THE

GENESEO PARK DISTRICT FOUNDATION

(unless otherwise listed)



HELP US CONTINUE TO OFFER FREE FAMILY FUN PROGRAMS

BECOME A PARK DISTRICT VOLUNTEER

Learn more at GeneseoParkDistrict.org/volunteer

EARLY CHILDHOOD PROGRAMS

SILLY NOODLES #11123

All things spaghetti! Participants will sort by color, identify patterns, dance and sing. The content of the class will be reading *Strega Nona* by Tomie DePaola, creating a corresponding craft, and predicting and discussing consequences of broken rules.

AGES: 3 - 5 yrs

10:00 - 11:00 am | M

June 6, 2022 (\$12 M / \$24 NM)

OCEANS OF FUN #11160

Dive in and learn about the layers of the oceans and the creatures that live there. Ocean inspired crafts will also be incorporated into this hour of fun.

AGES: up to 5 yrs

9:00 - 10:00 am | TU

June 14, 2022 (\$12 M / \$24 NM)

MINUTE TO WIN IT #11144

Players will compete in a series of silly 60-second individual and group challenges. Play clothes are recommended.

AGES: 4 - 5 yrs

9:00 - 9:45 am | TU

June 28, 2022 (\$9 M / \$18 NM)

FOOTBALL CLINIC #11132

Learn some basics of football such as throwing a spiral and running with the ball. Fun competitions using the skills taught will happen at the end of class.

AGES: 3 - 5 yrs

LOCATION: Athletic Field

9:00 - 10:00 am | M - TU

July 11 - 12, 2022 (\$16 M / \$32 NM)

**TUMBLING CLASSES
AVAILABLE FOR AGES 3 - 8**
find more information on page 7

CELEBRATE YOUR BIRTHDAY
AT THE GENESEO PARK DISTRICT
Find the perfect Party Package for your celebration!
(309) 944-5695
Call to schedule your party today!
\$300 MEMBERS | \$350 NON-MEMBER
**Additional \$50 for Inflatable Parties*

INDOOR POOL PARTY SPLASH
Come ready to swim, splash and slide for 1 hour at The Center's Indoor Pool.

ROLLER-SKATING PARTY
Enjoy 1 hour of skating in the gym before your party.

FLIP FLOP FUN PARTY
Flip & Flop in the program gym with Geneseo Park District's Gymnastics Instructors.

INFLATABLE PARTY*
Birthdays are more fun with an Interactive Inflatable or jumping in a Bounce House in The Center's Gym.

ASK ABOUT RENTING THE AQUATIC CENTER OR CENTRAL THEATER FOR YOUR NEXT PARTY!

2022-2023 PRESCHOOL REGISTRATION OPEN TO THE PUBLIC

Now Open!

NON-REFUNDABLE REGISTRATION FEE: \$60

Your future is **BRIGHT**
at Geneseo Park District's



As a part of the **Geneseo Park District**, Bright Beginnings Preschool students get an enhanced learning environment by utilizing all The Center has to offer...from the gym to the kitchen & beyond!

2 - 3 year olds TWINKLEBRIGHTS #21001

The only two year old independent preschool in Geneseo!

Two year olds love to feel like big kids, so why not let them go to school. This structured class will get little learners ready for preschool.

11:15 am - Noon | TU or 11:15 am - Noon | TH

3 - 4 year olds STARBRIGHTS #21002

Our second year preschool class offers a structured learning environment with lots of room for fun hands-on activities to help each student grow academically and socially.

8:30 - 11:00 am | TU TH *full* or 12:30 - 3:00 pm | TU TH

4 - 5 YEAR OLDS KINDERBRIGHTS #21003

The third year 3-day a week pre-kindergarten class builds on what students learned in Starbrights. In a structured setting, students will continue learning letter identification and sounds, math principles, science projects and much, much more!

8:30 - 11:00 am | M W F *full* or 12:30 - 3:00 pm | M W F

PRESCHOOL DETAILS

*Prices are based on Member (M) or Non-Member (NM) status. You can purchase a Household Membership or a Youth Membership to receive the discounted pricing. Preschool fees are based upon a yearly rate, but can be paid by the month for no additional fee.

Preschool follows the Geneseo School District 228 calendar for full days off (does not include early dismissals or half days). On days when Geneseo Schools are cancelled because of weather, Preschool is also cancelled. No refunds will be given.

Preschool is located through the Gym in the 1st classroom in the Growth Inc. building. Bright Beginnings Preschool is not affiliated with Growth Inc. Child Care Center. Children from Growth Inc. are welcome to attend Bright Beginnings Preschool and will be picked up by the teacher on class days.

YOUTH ATHLETICS & CLINICS

Soccer Clinic #12112

Drills and skills such as kicking and stopping the ball will be taught while having fun. A scrimmage at the end of class will help to tie everything together.

LOCATION: Athletic Field

9:00 - 9:45 am | TH **GRADES:** 4 - 5 yrs
June 9 - 30, 2022 (\$25 M / \$50 NM)

10:00 - 11:00 am | TH **GRADES:** K - 2nd
June 9 - 30, 2022 (\$35 M / \$70 NM)

Volleyball Clinic #12158

This clinic is designed for boys and girls interested in learning the basic skills to play volleyball. Players will learn the hitting techniques, footwork, positions, and rules of volleyball. Each session will focus on different facets of the game using drill and repetition followed by scrimmage games where coaches instruct during that time. Players will gain valuable knowledge and experience playing volleyball.

AGES: 8 - 14

LOCATION: Community Center

10:00 - 11:30 am | M - TH
June 6 - 9, 2022 (\$50 M / \$100 NM)



DO YOU OR SOMEONE YOU KNOW NEED HELP PAYING YOUTH SPORTS REGISTRATION FEES?

The Every Kid Sports Pass can help. Every Kid Sports is a national non-profit that can help by providing families with funds to use towards youth sports registration fees, up to four times per year, per child.

Learn more at everykidsports.org

Flag Football #12201

The strong tradition of Geneseo Football continues! Coaches will teach or fine tune new and experienced players basic skills of stance, throwing and catching a football, running routes and playing defense through a variety of station drills and informal play.

GRADES: 1st - 4th

LOCATION: Athletic Field

10:00 - 11:00 am | TH
July 7 - 28, 2022 (\$35 M / \$70 NM)

New to Golf #12005

New to Golf is a program designed specifically to facilitate the practice of golf in a safe and learning environment. The equipment is practical, functional and ultra-safe. This program aims at being a valuable teaching tool for those new to the game. It will offer tips and easy and captivating games to be played by the students.

GRADES: K - 5th

LOCATION: Community Center

9:00 - 10:00 am | TU
July 12 - 26, 2022 (\$25 M / \$50 NM)

Youth Archery Instruction #13054

Davenport Valley Archers (DVA) will run a one-day program for those interested in learning archery. DVA will provide an opportunity to develop archery skills, become involved in a hobby or sport, learn responsibility, and develop a respect for nature and the environment.

AGES: 7 - 16 yrs

LOCATION: Athletic Field

MAXIMUM: 24 participants

10:00 - 11:30 am | SA
Saturday July 23, 2022 (\$15 M / \$30 NM)

All equipment & instruction provided by



MIDDLE SCHOOL FITNESS ACCESS

find more information on page 13



Youth Pickleball Clinic #12500

The Geneseo Park District and the QC Pickleball Club are teaming up to offer a youth Pickleball Clinic. Come out and join us for a three day clinic which will include teaching, stations and game play.

AGES: 8 - 16 yrs

LOCATION: Richmond Hill

10:30 am - Noon | M - W
July 11 - 13, 2022 (\$5 / person)



Community Tennis Clinic #12060

The Community Tennis Organization in cooperation with the Geneseo Park District are offering a tennis clinic. Even if your child has never held a racket, they can play 11 and Under Tennis. This 4 day Tennis Clinic includes age appropriate equipment and courts scaled to the right size. Midwest Youth Team Tennis makes the game more accessible and more fun by allowing kids to play, rally and succeed right from the start.

COACH: Kevin Reed

LOCATION: Geneseo High School Tennis Courts

July 18 - 21, 2022 (\$20 / person [*\$30/person after July 1st*])

4:00 - 5:00 pm | M - TH **GRADES:** K - 1st
5:00 - 6:00 pm | M - TH **GRADES:** 2nd - 3rd
6:00 - 7:00 pm | M - TH **GRADES:** 4th - 6th

Thank You STATE FARM & BETHANY WINKLEMAN FOR SUPPORTING GENESEO PARK DISTRICT YOUTH ATHLETICS



Bethany Winkleman

309-944-5123

**MORE YOUTH ATHLETICS PLUS
WALLYBALL & SAND VOLLEYBALL LEAGUES**

YOUTH ATHLETICS cont...

TRACK & FIELD WEEK #12408

Participants will spend the first part of the week learning skills and events to participate in a track meet. Activities will range from broad jump and softball throw to sprints and relay practice. Participants will have the opportunity to try both track and field events. *The program will end with a track meet on Thursday evening (see YOUTH TRACK MEET) and is included with TRACK & FIELD WEEK registration.*

GRADES: 1st - 8th

LOCATION: Athletic Field

5:00 - 6:00 pm | M - W

& 5:00 - 7:00 pm | TH *see YOUTH TRACK MEET*

July 11 - 14, 2022 (\$42 M / \$84 NM)

YOUTH TRACK MEET #12409

The Geneseo Park District is hosting it's Annual Youth Track meet. Sign up for the events that interest you or grab a group and sign up for relays. The meet will be held at the Athletic Field and age divisions will be established. Run, Throw and Jump for the chance to take home a first place ribbon!

GRADES: 1st - 8th

LOCATION: Athletic Field

5:00 - 7:00 pm | TH

July 14, 2022 (\$18 M / \$36 NM)

Included with TRACK & FIELD WEEK registration

ADULT LEAGUES



WALLYBALL LEAGUE #12161

Come join us indoors with our new Wallyball League. Wallyball is a fast-paced sport that is similar to volleyball played in a racquetball court, where it is legal to hit the ball off of the walls. Teams will consist of three players per side with the league running for six weeks.

AGES: 16 yrs or older

LOCATION: Geneseo Community Center Racquetball Court

5:30 - 8:30 pm | W

June 22 - July 27, 2022 (\$45 / team, 10 team maximum)

SAND VOLLEYBALL LEAGUE

Time for some fun in the sun volleyball action! These recreational Sand Volleyball Leagues are open to players of all skill levels and is a great way for friends to compete and have fun outdoors playing sand volleyball. All games are officiated.

AGES: 16 yrs or older

LOCATION: Athletic Field

WOMEN'S LEAGUE #12160

5:30 - 8:30 pm | TU

June 21 - July 26, 2022 (\$100 / team, 6 team maximum)

CO-ED LEAGUE #12159

5:30 - 8:30 pm | TH

June 23 - July 28, 2022 (\$100 / team, 6 team maximum)

SERVE YOUR COMMUNITY WITH YOUR TIME & TALENTS BECOME A VOLUNTEER AT THE GENESEO PARK DISTRICT

Volunteering is a great way to meet & socialize with others, share your expertise, help kids in the community & have fun!

GeneseoParkDistrict.org/volunteer



SPECIALTY CLASSES



LET'S BUILD! #13061

We will have a different theme each week and create a masterpiece using Legos! We will share the finished products on Social Media for the Community to vote for their favorite.

AGES: 5 - 8 yrs

9:00 - 10:00 am | W

June 8 - 29, 2022 (\$40 M / \$80 NM)



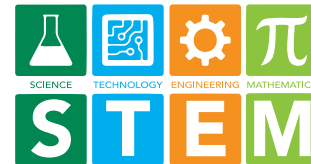
ALL ABOUT POKEMON #13062

Learn about cards, how to battle and how to trade. Each week will be a different lesson about the Pokemon cards and at the end will be a battling and trading session with others. Participants must bring their own cards.

AGES: 5 - 8 yrs

9:00 - 10:00 am | F

June 3 - 24, 2022 (\$40 M / \$80 NM)



S.T.E.M. #13063

This 3 week, hands on class will focus on science, technology, engineering and mathematics. The focus will be mind bending and problem solving.

4:00 - 5:00 pm | M

GRADES: K - 2nd

June 13 - 27, 2022 (\$10 / person)

5:30 - 6:30 pm | M

GRADES: 3rd - 5th

June 13 - 27, 2022 (\$10 / person)

Sponsored in part by



FINE ARTS

Musical Memories

HANDBELLS #13043

Introduction to playing handbells. Through this unique musical experience students will learn ringing technique, practice basic music reading skills and enjoy creating music in a group setting. Handbells offer the ability to quickly create beautiful and satisfying music for all ages and abilities. No music experience is required.

AGES: 6 - 10 yrs

9:00 - 10:00 am | M - F

June 13 - June 17, 2022 (\$60 / child)

WEE KEYS #13033

In this introduction to keyboarding, your child will begin to familiarize themselves with the piano. They will begin learning the fundamentals of piano without the structure of formal lessons and have fun playing musical games, singing songs, and dancing. Your child will begin to learn how to see, say, and play simple musical rhythms and songs while distinguishing patterns and musical symbols. This is a great transition into formal lessons. **AGES:** 4 - 6 yrs

10:00 - 11:00 am | M - F

June 13 - June 17, 2022 (\$50 / child)

UKE CAN DO IT! #13035

In this fun introduction to playing the ukulele, your kids will familiarize themselves with the soprano ukulele. Kids will work on exercises to help increase finger strength and will work in a large group as they learn and play simple chords and songs. Singing is encouraged.

AGES: 7 yrs & older

11:00 am - Noon | M - F

June 13 - June 17, 2022 (\$50 / child)

SONGBIRDS #13037

Does your child love to sing? Our Songbirds (ages 6-13) vocal classes will build confidence, develop vocal technique through ear training, games and activities that are fun and interactive. Former music training is not necessary. **AGES:** 6 - 13 yrs

Noon - 1:00 pm | M - F

June 13 - June 17, 2022 (\$50 / child)

SLEEPING BEAUTY #13010

Embrace this opportunity to practice and perform an original musical production of Sleeping Beauty with the Prairie Fire Children's Theatre Company during this week long camp. Two professional actor/directors from Prairie Fire will audition and cast local youth, everyone receives a part. Participants experience the excitement of producing a musical while working and learning together.

INSTRUCTOR: Prairie Fire Children's Theater Company

LOCATION: Geneseo High School Theater

AGES: 7 - 16 yrs

MAX: 74 actors

July 18 - 23, 2022 | Daily

\$10 / person (cost includes 2 performance tickets)

PERFORMANCES: Friday July 22, 2022 at 7:00 pm & Saturday July 23, 2022 at 10:30 am

Tickets are available for purchase at the front desk of The Center.

\$5/adults | \$3/children (18 and under)

You are strongly encouraged to purchase your tickets in advance.

MUSIC CLASS DETAILS YOU NEED TO KNOW ...

- All music classes held at Musical Memories located at 112 South State St. Geneseo, IL (563) 508-5296
- No musical experience is required of the child or adult.
- All activities are selected based on the developmental ages of the children.
- Classes will provide you as a parent with age appropriate songs and activities to enjoy at home with your toddler.
- Classes will help acquaint your child with a group experience that will promote listening skills, individual opportunities for exploration, and teamwork while being musically fun.

DRUMMING UP THE FUN #13041

This is an exciting and fun group class with many opportunities for your child to learn about beat, rhythm, and drumming. Several kinds of drums and percussion instruments will be utilized in this class and kids will learn how to see, say, and play simple musical rhythms while distinguishing patterns and age appropriate music. **AGES:** 6 - 10 yrs

1:00 - 2:00 pm | M - F

June 13 - June 17, 2022 (\$60 / child)

GUITAR #13036

Requirements: Must have a playable 6 string guitar

From the very first class, you will become more knowledgeable with the guitar. This is a perfect introduction to learning the fundamentals for playing the guitar from tuning and basic maintenance to exercises in helping increase finger strength. Strumming and simple fingerpicking will be introduced as well as simple music theory, guitar chords, and reading tablature. Designed to create interest and confidence no matter what level of ability you are. No music experience required. **AGES:** 8 yrs & older

2:00 - 3:00 pm | M - F

June 13 - June 17, 2022 (\$50 / child)

SMITH STUDIO & GALLERY ART CLASSES

PFCT
PRAIRIE FIRE CHILDREN'S THEATRE

Sponsored by
**GENESEO
FOUNDATION**

CAMP DETAILS YOU NEED TO KNOW ...

- Auditions will be held the Monday morning of camp 9 - 11 am at GHS. *Pre-registration is required for auditions.*
- Some children may need to stay after the audition to practice until approximately 1:00 pm.
- Individual schedules will be given after auditions for the remainder of the week.
- 2 tickets are included in the cost of the participation fee.

FINE ARTS cont...

PRINTMAKING #13020

The art of creating a "Print" can be accomplished in many ways. In this informative class several techniques will be explored that are forms of "Relief Printing" and "Planographic" (flat plate) Printing". Our young artist will create several images that can be developed into cards as well as framed artwork.

GRADES: 1st - 6th

1:00 - 3:00 pm | SA

June 11, 2022 (\$15 / child)

FIREWORK DRAGONS #13021

In this unique sculpture class, as the Fourth of July approaches, each student will be guided through paper construction techniques that will expand their understanding of engineering techniques. A "Dragon's Head" will be created by each participant, but not an ordinary dragon. These dragons will be theme based to celebrate the Fourth of July, as well as the explosiveness of a holiday firework.

GRADES: 1st - 6th

1:00 - 3:00 pm | SA

June 25, 2022 (\$15 / child)

COLORED PENCIL SUMMER #13022

As summer is off to a great start we want to take time to draw a "Lazy Summer Landscape" in colored pencil. A trip to the beach, or camping in the woods, or seeing a National Landmark are all summer images that deserve to be captured. Participants will be learning about different colored pencil techniques such as cross hatching, layering, scumbling, stippling and burnishing.

GRADES: 1st - 6th

1:00 - 3:00 pm | SA

July 16, 2022 (\$15 / child)

PAPER MACHE SCULPTURE #13023

Paper mache is a recognized high level art media in most countries of the world. In this two-hour class, participants will design and finish a sculpture in-the-round. Each person will create an armature and then add the skin that is paper mache. Each participant will discover that this paper-and-paste art media is not as messy as some people think. The instructor, David Smith, is a master of the medium.

GRADES: 1st - 6th

1:00 - 3:00 pm | SA

July 30, 2022 (\$15 / child)



CENTRAL THEATER

your hometown theater

Great movies shown

with Digital Cinema Projections & Digital Sound

Affordable Tickets!

Adult \$7.00 | Youth/Senior \$6.00

BE THE FIRST TO FIND OUT WHAT'S SHOWING AT CENTRAL THEATER.

SCAN THE QR CODE TO SIGN UP FOR WEEKLY SHOWTIME EMAILS.

GeneseoParkDistrict.org/Central-Theater



All Art Classes are taught at **SMITH STUDIO AND GALLERY**
124 South State Street, Geneseo IL | (309) 945-5428

REGISTER YOUR BUDDING ARTIST ONLINE AT
GENESEOPARKDISTRICT.ORG, AT THE GENESEO COMMUNITY CENTER
OR AT SMITH STUDIO AND GALLERY LOCATED IN THE HEART OF
GENESEO'S HISTORIC DOWNTOWN DISTRICT.

Find Smith Studio and Gallery online at smithstudiogeneseo.com or on Facebook at Smith Studio and Gallery.

IN MEMORY OF STEVE ADAMS FOR THE PROMOTION OF ART EDUCATION & APPRECIATION

THE GENESEO PARK DISTRICT FOUNDATION OFFERS

FREE ART CLASSES

USE COUPON CODE **ARTSA**

WHEN REGISTERING ONLINE OR AT THE CENTER

Limit 1 *free* Art Class registration per student in the Summer 2022 season. Must be a Geneseo School District resident. No cash value.

SUMMER'S END IN PASTEL #13024

As summer ends, and school starts, our art focus will be on the beauty of the coming fall. Students are taken in a new direction with their art as they learn that pastels are used in a very different way than crayons. Fall images will bloom as techniques such as blending, layering erasing and stencil are used.

GRADES: 1st - 6th

1:00 - 3:00 pm | SA

August 13, 2022 (\$15 / child)

PAINTING ON CANVAS BOARD #13025

One of our most popular activities is painting on a canvas board. Participants will work on an image of their own choice. Instruction focuses on composition principles, different ways to apply paint to the canvas surface and finishing with attention to detail and the story that the painting relays.

GRADES: 1st - 6th

1:00 - 3:00 pm | SA

August 27, 2022 (\$15 / child)

FREE FAMILY MOVIE WEDNESDAYS

JOIN CENTRAL BANK FOR A **FREE** MATINEE

1:30PM AT CENTRAL THEATER ON THE FOLLOWING DAYS

Wednesday June 1, 2022

Wednesday July 6, 2022

Wednesday August 3, 2022

(Movie titles to be announced)



FREE ACTIVE ADULT MOVIES

see page 15 for movie titles, dates & times



GYMNASTICS

INSTRUCTORS: Larry & Chris Ward, *Certified GHS Gymnastic Coaches* & Tara Koustas, *Certified Gymnastic Coach*



PRESCHOOL TUMBLE BUGS #13220

Participants are taught with movement, music, and obstacle courses, combined with instruction, while improving basic motor skills, coordination and listening skills. The stage is set to enhance key areas of motor development, while stimulating the mind through highly creative activity!

AGES: 3 - 5 yrs

10:00 - 11:00 am | TH

June 9 - 30, 2022 (\$48 M / \$96 NM)

July 14 - 28, 2022 (\$36 M / \$72 NM)

August 4 - September 1, 2022 (\$48 M / \$96 NM) *No class held 8/18*

TUMBLE BUGS

Your child will learn basic tumbling, bars, beam, vaulting skills & movements associated with gymnastics at an appropriate level for their age. The class develops coordination, self-confidence, listening, strength, balance, and body awareness.

AGES: 4 - 8 yrs

#13201 BEGINNERS

This is for beginners who have not taken a class or cannot do a cartwheel.

3:30 - 4:30 pm | M

June 6 - 27, 2022 (\$48 M / \$96 NM)

July 11 - 25, 2022 (\$36 M / \$72 NM)

August 1 - 29, 2022 (\$48 M / \$96 NM) *No class held 8/15*

#13202 ADVANCED

This is for those that have mastered a cartwheel, can pull over on bars and have been approved by Coach Ward.

3:30 - 4:30 pm | W

June 8 - 29, 2022 (\$48 M / \$96 NM)

July 13 - 27, 2022 (\$36 M / \$72 NM)

August 3 - 31, 2022 (\$48 M / \$96 NM) *No class held 8/17*

GYMNASTICS PRIVATE & SEMI-PRIVATE

CALL 944-5695 TO SCHEDULE PRIVATE OR SEMI-PRIVATE LESSONS.

Once requests are made, instructor & (4) 1/2 hour lesson times will be scheduled. Private & Semi-Private lessons will expire one year from date of purchase & must be paid prior to the first lesson.

No Private or Semi-Private lessons will be held on Holidays.

PRIVATE [GYMNASTICS LESSONS] #13208

Private lessons are one-on-one instruction for all skill levels.

Includes (4) 30 minute lessons.

FEE: \$110 M / \$220 NM

SEMI-PRIVATE [GYMNASTICS LESSONS] #13207

Groups of 2 to 3 participants with similar skills and must be members of the same household. Includes (4) 30 minute lessons.

FEE: \$70 M / \$140 NM

GIRLS RULE #13203

Basic gymnastics skills for the four competitive USA Gymnastics events will be presented. Tumbling, strength and flexibility will be combined to start learning skills on the balance beam, uneven bars, floor exercise and vault.

AGES: 5 - 12 yrs

3:30 - 4:30 pm | TU

June 7 - 28, 2022 (\$48 M / \$96 NM)

July 12 - 26, 2022 (\$36 M / \$72 NM)

August 2 - 30, 2022 (\$48 M / \$96 NM) *No class held 8/16*

3:30 - 4:30 pm | TH

June 9 - 30, 2022 (\$48 M / \$96 NM)

July 14 - 28, 2022 (\$36 M / \$72 NM)

August 4 - September 1, 2022 (\$48 M / \$96 NM) *No class held 8/18*

BOYS ONLY #13210

This class will cover gender specific skills following the USA Mens Gymnastics Program. Participants will learn skills in the high bar, rings, pommel horse, floor exercise, even bars and vault.

AGES: 5 - 12 yrs

6:00 - 7:00 pm | W

June 8 - 29, 2022 (\$48 M / \$96 NM)

July 13 - 27, 2022 (\$36 M / \$72 NM)

August 3 - 31, 2022 (\$48 M / \$96 NM) *No class held 8/17*



ADVANCED RECREATIONAL GYMNASTICS #13219

[FORMERLY JUNIOR PREP]

This class is designed for those that want to work advanced tumbling for cheer or for fun. Participants should be able to do a pullover on the bar, want more than a recreational experience, but do not wish to be competitive.

AGES: 8 - 15 yrs

7:00 - 8:30 pm | W

June 8 - 29, 2022 (\$72 M / \$144 NM)

July 13 - 27, 2022 (\$54 M / \$108 NM)

August 3 - 31, 2022 (\$72 M / \$144 NM) *No class held 8/17*



JR USAG DEVELOPMENTAL PROGRAM #13217

Are you interested in competitive gymnastics, **but are not ready to compete?** Then this is the program for you. Level 3, 4 and 5 USA Gymnastics routines will be developed. This is the class that will focus on the skills that can build up to being comfortable with competitive gymnastics. *All new participants must be approved by Coach Ward.*

AGES: 7 - 18 yrs

4:30 - 6:00 pm | M

June 6 - 27, 2022 (\$54 M / \$108 NM)

July 11 - 25, 2022 (\$40.50 M / \$81 NM)

August 1 - 29, 2022 (\$54 M / \$108 NM) *No class held 8/15*

4:30 - 6:00 pm | W

June 8 - 29, 2022 (\$54 M / \$108 NM)

July 13 - 27, 2022 (\$40.50 M / \$81 NM)

August 3 - 31, 2022 (\$54 M / \$108 NM) *No class held 8/17*

MORE GYMNASTICS CLASSES

GYMNASTICS cont...

USAG DEVELOPMENTAL PROGRAM #13213

Are you interested in competitive gymnastics? Then this is the program for you. Gymnastics routines will be learned and developed. *Recommended to come to all three sections to compete. All new participants must be approved by Coach Ward.*

AGES: 7 - 18yrs

4:30 - 7:00 pm | M

June 6 - 27, 2022 (\$90 M / \$180 NM)

July 11 - 25, 2022 (\$67.50 M / \$135 NM)

August 1 - 29, 2022 (\$90 M / \$180 NM) *No class held 8/15*

4:30 - 7:00 pm | TU

June 7 - 28, 2022 (\$90 M / \$180 NM)

July 12 - 26, 2022 (\$67.50 M / \$135 NM)

August 2 - 30, 2022 (\$90 M / \$180 NM) *No class held 8/16*

4:30 - 7:00 pm | TH

June 9 - 30, 2022 (\$90 M / \$180 NM)

July 14 - 28, 2022 (\$67.50 M / \$135 NM)

August 4 - September 1, 2022 (\$90 M / \$180 NM) *No class held 8/18*

USAG DEVELOPMENTAL CAMP #13215

This camp is designed for the young promising gymnast that really wants to develop gymnastic expertise. Optional and compulsory skills will be taught with awesome activities. **AGES:** 7 - 18yrs

4:30 - 7:30 pm | TU - F

May 31 - June 3, 2022 (\$108 M / \$216 NM)

MIDDLE SCHOOL / HIGH SCHOOL OPTIONALS #13218

Those 8th grade boys & girls interested will combine with the Geneseo High School Gymnasts for this optionals class. In optional gymnastics there are a set of guidelines (or level requirements) & routines are built around them. Each gymnast has their own music (on the Floor Exercise) and routine is built to show off individual strengths.

AGES: 13 - 18 yrs

7:00 - 8:30 pm | M

June 6 - 27, 2022 (\$72 M / \$144 NM)

July 11 - 25, 2022 (\$54 M / \$108 NM)

August 1 - 29, 2022 (\$72 M / \$144 NM) *No class held 8/15*

7:00 - 8:30 pm | TU

June 7 - 28, 2022 (\$72 M / \$144 NM)

July 12 - 26, 2022 (\$54 M / \$108 NM)

August 2 - 30, 2022 (\$72 M / \$144 NM) *No class held 8/16*

7:00 - 8:30 pm | TH

June 9 - 30, 2022 (\$72 M / \$144 NM)

July 14 - 28, 2022 (\$54 M / \$108 NM)


August 4 - September 1, 2022 (\$72 M / \$144 NM) *No class held 8/18*

GENESEO PARK DISTRICT'S ATHLETIC FIELD

has everything you need for outdoor fun!

The Athletic Field, located just 1 block west of the Geneseo Community Center, is open to all residents for a variety of uses such as; sand volleyball, basketball, tennis, pickleball, running/walking on the track or just lounging on the grass.

OUTDOOR GAMES

 Bring your own gear or visit the Geneseo Community Center to check out games for **FREE!** Just bring an ID, Keys or something personal to exchange for fun, interactive games for you and friends or family.

SET UP ANYWHERE AT THE ATHLETIC FIELD WITH EVERYTHING YOU NEED TO PLAY...

- Kickball
- Wiffleball
- Ring Toss
- Bowling or Shuffleboard
- Horseshoes
- Disc Games
- & a variety of Big Yard Games

OR USE THE PERMANENT STRUCTURES AT THE ATHLETIC FIELD WITH...

- Bags for Corn Hole Court
- Paddles & Ball for Ping Pong Table
- Racquets & Birdies to play Badminton
- Volleyballs for a game at the Sand Volleyball Court
- Paddles & Balls for Pickball on the Tennis Court
- Basketballs for a pick up game on the Basketball Court



NEW ATHLETIC FIELD BUILDING

The new 42' x 70' building includes Youth Football press box, concessions and equipment storage, a dedicated space for Geneseo Park District's Summer Day Camp and will host the many FREE events the Geneseo Park District Foundation sponsors at the Athletic Field.

THE ATHLETIC FIELD OFFERS A WIDE VARIETY OF OPTIONS FOR YOUR NEXT GATHERING...

- Rent the building for your next event.
- Reserve the shelter for a picnic or relaxing in the shade.
- Rent the Tennis/Pickleball, Basketball or Sand Volleyball courts.
- Reserve the football field for a friendly game day or night.

CALL TODAY TO RESERVE YOUR DATE
(309) 944-5695



ATHLETIC FIELD RESTROOMS

APRIL 23 - MAY 22, 2022

MONDAY - FRIDAY
9:00 am - 5:00 pm
SATURDAY - SUNDAY
9:00 am - 3:00 pm

BEGINNING MAY 23, 2022

MONDAY - FRIDAY
8:00 am - 7:00 pm
SATURDAY - SUNDAY
9:00 am - 5:00 pm

LEARN TO SWIM SESSION DATES

LEARN TO SWIM & SWIM TEAM

	SESSION I	SESSION II	SESSION III	SESSION IV
M - TH AC	June 6 - 16	June 20 - 30	July 11 - 21	July 25 - August 4
SA only AC	SATURDAY ONLY CLASSES¹ are held weekly at the Aquatic Center June 4 - July 30			
M only AC	MONDAY ONLY CLASSES² are held weekly at the Aquatic Center June 6 - August 1, 2022			

AC (lessons held at the outdoor Aquatic Center, *must have* an Aquatic Center or Park District Membership to receive Member Pricing)

¹No Swimming Lessons on held July 2, 2022

²No Swimming Lessons on held July 4, 2022

SWIMMING LESSON EVALUATIONS



Attend a **FREE** swim skills evaluation at the **John & Carla Edwards Aquatic Center** and let us place your child in the proper swim level prior to the start of Summer Swim Lessons.

Wednesday June 1, 2022 | 5:30 - 6:30 pm

Thursday June 2, 2022 | 10:00 - 11:00 am

CALL NATHANIEL AT (309) 944-5695 FOR MORE INFORMATION

LEARN TO SWIM

CLOWNFISH (6mos-3yrs w/parent) #15001

A parent/child water exploration class that focuses on water enjoyment. The goal is to promote water safety & fun in the water with participant socialization to encourage a lifetime of aquatic activity.

FEE: \$48 M / \$96 NM

10:15 - 10:45 am M - TH	Sessions I - IV
5:15 - 5:45 pm M	June 6 - August 1, 2022
9:15 - 9:45 am SA	June 4 - July 30, 2022

PUDDLE JUMPERS (3yrs) #15002

Water exploration with or without a parent in the shallow end of the pool. Learn to float on your back, kick at the wall, hold your breath under water and other fun, water safe activities.

FEE: \$48 M / \$96 NM

11:00 - 11:30 am M - TH	Sessions I - IV
6:15 - 6:45 pm M	June 6 - August 1, 2022
10:00 - 10:30 am SA	June 4 - July 30, 2022

LAKE EXPLORERS (4yrs) #15003

Lake Explorers will learn to enter & exit water independently using the steps or side, jump in assisted or independently, supported front & back floats, rhythmic bobbing on side and locomotion.

FEE: \$48 M / \$96 NM

11:15 - 11:45 am M - TH	Sessions I - IV
5:45 - 6:15 pm M	June 6 - August 1, 2022
8:45 - 9:15 am SA	June 4 - July 30, 2022

OCEAN EXPLORERS (5yrs) #15004

Participants will master face floats and back floats, jumping into the pool and bobbing independently by the end of class.

FEE: \$48 M / \$96 NM

9:30 - 10:00 am M - TH	Sessions I - IV
5:30 - 6:00 pm M	June 6 - August 1, 2022
9:15 - 9:45 am SA	June 4 - July 30, 2022

TADPOLE #15005

Class prerequisites: Must have passed Ocean Explorer or completed Kindergarten to take this class.

Participants work on submerging face and back floats, add on kicks and rhythmic breathing.

FEE: \$72 M / \$144 NM

10:15 - 11:00 am M - TH	Sessions I - IV
11:00 - 11:45 am M - TH	Sessions I - IV
6:15 - 7:00 pm M	June 6 - August 1, 2022
9:45 - 10:30 am SA	June 4 - July 30, 2022

MINNOW #15006

Class prerequisites: Must have passed Tadpole to take this class.

Participants will work on skills to be able to swim 1/2 way across shallow end.

FEE: \$72 M / \$144 NM

9:30 - 10:15 am M - TH	Sessions I - IV
10:15 - 11:00 am M - TH	Sessions I - IV
5:30 - 6:15 pm M	June 6 - August 1, 2022
9:00 - 9:45 am SA	June 4 - July 30, 2022

WHALES #15007

Class prerequisites: Must have passed Minnow to take this class.

Participants will work on skills to swim front and back crawl one width in shallow and deep water.

FEE: \$72 M / \$144 NM

9:30 - 10:15 am M - TH	Sessions I - IV
6:00 - 6:45 pm M	June 6 - August 1, 2022
9:45 - 10:30 am SA	June 4 - July 30, 2022

THANKS TO THE **GENESEO FOUNDATION**
THE GENESEO PARK DISTRICT IS ABLE TO OFFER
FREE SWIM LESSONS
FOR ALL 3RD GRADE STUDENTS



USE COUPON CODE **3GSWM**

WHEN REGISTERING ONLINE OR AT THE CENTER

Must be a Geneseo School District Resident.

ATTEND MULTIPLE SESSIONS...from the time students complete 2nd grade until they start 4th grade they may take swim lessons for **FREE** at the Park District thanks to the Geneseo Foundation

GATOR SWIM TEAM & MORE LEARN TO SWIM CLASSES

LEARN TO SWIM & SWIM TEAM cont.

SHARK & DOLPHIN #15008

Class prerequisites: Must have passed Whales to take this class. Participants will work on skills to swim front and back crawl one length.

FEE: \$72 M / \$144 NM

10:30 - 11:15 am | M - TH Sessions I - IV
5:30 - 6:15 pm | M June 6 - August 1, 2022
9:15 - 10:00 am | SA June 4 - July 30, 2022

BARRACUDA & STINGRAY, MARLIN, MARINER, & S.E.A.L.S. #15010

Class prerequisites: Must have passed Dolphin to take this class. Must swim two lengths of front and back crawl, a width of sidestroke and breaststroke to move on to next class.

FEE: \$72 M / \$144 NM

9:30 - 10:15 am | M - TH Sessions I - IV
6:15 - 7:00 pm | M June 6 - August 1, 2022
9:45 - 10:30 am | SA June 4 - July 30, 2022



JR. LIFEGUARD TRAINING #15013

This class is designed for those 11 to 15 years old that wish to become a Lifeguard. Hands on training will be Monday through Thursday and the participant will shadow a Lifeguard during open swim for two hours on Friday.

AGES: 11 - 15

FEE: \$48 M / \$96 NM

10:00 - 11:00 am | M - TH
& Noon - 2:00 pm | F June 13 - 17, 2022

10:00 - 11:00 am | M - TH
& Noon - 2:00 pm | F July 18 - 22, 2022

SWIM LESSONS & SWIM TEAM PRIVATE, SEMI-PRIVATE & SPECIAL SWIM

CALL 944-5695 TO SCHEDULE PRIVATE OR SEMI-PRIVATE LESSONS.

Once requests are made, instructor & (4) 1/2 hour lesson times will be scheduled. Private & Semi-Private lessons will expire one year from date of purchase & must be paid prior to the first lesson.

No Private or Semi-Private lessons will be held on Holidays.

PRIVATE [SWIM LESSONS OR SWIM TEAM TRAINING] #15020

Private lessons are one-on-one instruction for all skill levels.

Includes (4) 30 minute lessons.

FEE: \$110 M / \$220 NM

SEMI-PRIVATE [SWIM LESSONS OR SWIM TEAM TRAINING] #15019

Semi-private lessons are one instructor to 2 or 3 students at similar swimming levels. Includes (4) 30 minute lessons.

FEE: \$70 M / \$140 NM

SPECIAL SWIM #15017

Special swim is a great 1-on-1 course for participants with disabilities. Includes (4) 30 minute lessons.

FEE: \$80 M / \$160 NM

SWIM TEAM

GATORS SWIM TEAM #15026

Competitive swimming is back at the Park District. All group placements are at the discretion and approval of the coaches.

Goggles & Swim Cap required.

AGES: 6 yrs & older

LOCATION: Gator Swim Team is held at the outdoor Aquatic Center.

Participants **must have** an Aquatic Center

or Park District Membership to receive Member Pricing

COACHES: Marifaiht Mueller & Gina Schweitzer *USA Certified Swim Coaches*

No Swim Team held 7/1, 7/4, 7/29

SENIOR GROUP

This group is for novice and experienced high school swimmers and will focus on more advanced stroke technique, starts, turns, and preparation for the High School Swim season. Longer practices will help build endurance in the water and strengthen swimming skills. This is a great opportunity to get in shape and get ahead of the competition for the upcoming High School season!

8:00 - 9:30 am | M - F

May 31 - August 5, 2022 (\$313.50 M / \$627 NM)

PRE-SENIOR GROUP

This group is for novice and experienced 12-14 year old swimmers. The focus will be working on stroke technique, learning and improving

on all four competitive strokes, and turns. Practices will be geared towards building endurance and improving yardage throughout the season.

8:30 - 9:30 am | M - F

May 31 - August 5, 2022 (\$209 M / \$418 NM)

GREEN GROUP

This group is for novice and experienced 9-11 year old swimmers and advanced 8 year olds (per coaches discretion). Swimmers will be instructed in all four competitive swim strokes, along with basic swim starts and turns. Practices will begin to focus on stroke technique, building speed and endurance.

9:00 - 10:00 am | M - F

May 31 - August 5, 2022 (\$209 M / \$418 NM)

BLUE GROUP

This group is for developing 8 & under swimmers who are able to swim the length of the pool in freestyle and backstroke. Our focus is teaching basic swim stroke skills, kicking, drills, and introducing the butterfly and breaststroke.

9:30 - 10:00 am | M - F

May 31 - August 5, 2022 (\$104.50 M / \$209 NM)



GENESEOPARK DISTRICT SUMMER DAY CAMP

EARLY BIRD #13301

Summer camp is open to those kids who need early drop off. Pay by the session to save \$2.50/week or select the Pick-a-Week option.

6:30 - 7:30 am | M - F

May 23 - July 1, 2022¹ (\$72.50 M / \$145 NM)

July 5 - August 16, 2022¹ (\$77.50 M / \$155 NM)

or **Pick-a-Week option** \$15 M / \$30 NM per week

DAY CAMP #13302

Summer camp attendees receive a full day of fun events and activities. Pay by the session to save \$25/week or select the Pick-a-Week option.

7:30 am - 5:30 pm | M - F

May 23 - July 1, 2022¹ (\$667 M / \$1,334 NM)

July 5 - August 16, 2022¹ (\$713 M / \$1,426 NM)

or **Pick-a-Week option** \$140 M / \$280 NM per week

DAY CAMP [3 DAYS/WEEK] #13303

Looking for more flexibility? Choose the 3-days each week to attend camp that best fits your schedule.

7:30 am - 5:30 pm | 3 days/week*

May 23 - July 1, 2022¹ (\$540 M / \$1,080 NM)

July 5 - August 16, 2022¹ (\$585 M / \$1,170 NM)

*Must schedule at least 1 week in advance. 3-day/week option only available per session, not applicable along with 'Pick-a-Week' option.

Registration Now Open

Sign up for the entire session and receive \$25 off per week.

That's only **\$115 a week** for Summer Fun!

SUMMER DAY CAMP DETAILS:

- **Camp Session based on Geneseo School District 228's calendar¹**
- Day Camp will begin at 7:30 am everyday with an Early Bird option for a 6:30 am drop-off.
- Mornings will be full of activities and games centered around the theme for each week. Our afternoons will be filled with swimming at the Aquatic Center, crafts and fun!
- Summer Day Camp participants will take several Field Trips throughout the summer and also have special pizza lunch days.
- Children will be able to sign up for other Geneseo Park District programs. Camp Counselors will escort your child to and from their programs.
- Pick-up will be at 5:30 pm.
- A mandatory parent meeting will be scheduled prior to the start of camp. Registered families will be notified.

¹Dates subject to change based on Geneseo School District 228's calendar. Camp will begin the day after school is released for summer session & end the day before school begins for the 2022 - 2023 year. **Fees will be prorated. Summer Camp is not held on Memorial Day or 4th of July.**

Field trips included in Summer Day Camp thanks in part to the



JOIN OUR ONLINE COMMUNITY



GeneseoParkDistrict
CentralTheaterGeneseo
GeneseoParkDistrictAquaticCenter



@GeneseoParkDist



geneseo_park_district

WATER FITNESS CLASSES

WALK-IN FEE: \$10 M / \$12 MG / \$20 NM unless otherwise listed

JUST THE GUYS (M) #15506

An exercise class that works on increasing muscular strength and cardiovascular endurance, plus core strengthening and balance work. A fun-filled hour for men of all ages.

INSTRUCTOR: Therresa Bowton

7:00 - 8:00 am | TU

June 7 - 21, 2022 (\$19.50 M / \$39 NM)
July 12 - 26, 2022 (\$19.50 M / \$39 NM)
August 2 - 30, 2022 (\$32.50 M / \$65 NM)

7:00 - 8:00 am | TH

June 2 - 23, 2022 (\$26 M / \$52 NM)
July 14 - 28, 2022 (\$19.50 M / \$39 NM)
August 4 - 25, 2022 (\$26 M / \$52 NM)

7:00 - 8:00 am | F

June 3 - 24, 2022 (\$26 M / \$52 NM)
July 15 - 29, 2022 (\$19.50 M / \$39 NM)
August 5 - 26, 2022 (\$26 M / \$52 NM)

ARE YOU LOOKING FOR ACTIVE ADULT/SENIOR PROGRAMS?

Find a variety of *free* programs & events on pages 15 - 16

FIT HAPPENS A.M. (H) #15507

This class combines high intensity rhythmic movements with resistance training. A class guaranteed to burn calories and get you into shape.

INSTRUCTOR: Laura Goetz

8:30 - 9:30 am | M

June 6 - 20, 2022 (\$19.50 M / \$39 NM)
July 11 - 25, 2022 (\$19.50 M / \$39 NM)
August 1 - 29, 2022 (\$32.50 M / \$65 NM)

8:30 - 9:30 am | W

June 1 - 22, 2022 (\$26 M / \$52 NM)
July 13 - 27, 2022 (\$19.50 M / \$39 NM)
August 3 - 31, 2022 (\$32.50 M / \$65 NM)

8:30 - 9:30 am | F

June 3 - 24, 2022 (\$26 M / \$52 NM)
July 15 - 29, 2022 (\$19.50 M / \$39 NM)
August 5 - 26, 2022 (\$26 M / \$52 NM)

FLOAT & FLOW (H) #15518

Yoga on the water! Using floating fitness boards, this yoga class will be a dynamic alignment based blend of yoga styles that is slower, compassionate, sustainable, strong, introspective, and FUN.

Limit 6 participants

LOCATION: John & Carla Edwards Aquatic Center

INSTRUCTOR: Shannon Port, *Hammond-Henry Rehab*

6:00 - 7:00 pm | W

June 1 - 29, 2022 (\$32.50 M / \$65 NM)
July 6 - 27, 2022 (\$26 M / \$52 NM)
August 3 - 31, 2022 (\$32.50 M / \$65 NM)

FIT HAPPENS P.M. (H) #15508


This high intensity, total body workout will utilize the entire pool.

INSTRUCTOR: Jill Neal

5:30 - 6:30 pm | M

June 6 - 20, 2022 (\$19.50 M / \$39 NM)
July 11 - 25, 2022 (\$19.50 M / \$39 NM)
August 1 - 29, 2022 (\$32.50 M / \$65 NM)

5:30 - 6:30 pm | TH

June 2 - 23, 2022  << Free Thursdays in June
July 14 - 28, 2022 (\$19.50 M / \$39 NM)
August 2 - 30, 2022 (\$26 M / \$52 NM)

FOR THE LOVE OF FIT (L) #15504

Increases range of motion at the joints in order to improve posture, balance and mobility.

INSTRUCTOR: Laura Goetz


9:45 - 10:45 am | M

June 6 - 20, 2022 (\$19.50 M / \$39 NM)
July 11 - 25, 2022 (\$19.50 M / \$39 NM)
August 1 - 29, 2022 (\$32.50 M / \$65 NM)

9:45 - 10:45 am | W

June 1 - 22, 2022 (\$26 M / \$52 NM)
July 13 - 27, 2022 (\$19.50 M / \$39 NM)
August 3 - 31, 2022 (\$32.50 M / \$65 NM)

9:45 - 10:45 am | F


June 3 - 24, 2022 (\$26 M / \$52 NM)
July 15 - 29, 2022 (\$19.50 M / \$39 NM)
August 5 - 26, 2022  << Free Fridays in August

WALK THE WATER (L) #15509

Water walking burns calories, increases muscle tone and improves cardiovascular health. A variety of options are offered to achieve the level of intensity desired.

INSTRUCTOR: Yvonne Wayne

8:30 - 9:30 am | TU

June 7 - 21, 2022 (\$19.50 M / \$39 NM)
July 12 - 26, 2022  << Free Tuesdays in July
August 2 - 30, 2022 (\$32.50 M / \$65 NM)

8:30 - 9:30 am | TH

June 2 - 23, 2022 (\$26 M / \$52 NM)
July 14 - 28, 2022 (\$19.50 M / \$39 NM)
August 2 - 30, 2022 (\$26 M / \$52 NM)

INDOOR POOL SHUTDOWN

The Indoor Pool will be shutdown

June 27 - July 10, 2022 for Annual Maintenance.

MEMBER ONLY ADULT LAP SWIMMING AND WATER WALKING

*at the John & Carla Edwards Aquatic Center
is available during the Indoor Pool Shutdown*

June 27 - 10, 2022 *Not held 7/4*

5:15 - 7:00 am

Participants must be 18 years or older and have either a Community Center, Aquatic Center or Park District Membership

FITNESS, YOGA & CYCLING CLASSES

FITNESS CLASSES

ADULT SUMMIT (H) #14141

This Summit focuses on adult athletes and their specific needs. This functional training program meets three days a week and targets triplaner strength, flexibility, injury prevention, cardiovascular fitness, and overall general conditioning in a group setting.

INSTRUCTORS: Greg Janicki, John Davis or Jennifer Mills, *Hammond-Henry*

LOCATION: Geneseo Facility Activity Center (GFAC)

5:00 - 6:00 pm | M W

4:00 - 5:00 pm | F

June 1 - 29, 2022 (\$75 / person)

July 1 - 29, 2022 (\$75 / person)

August 1 - 31, 2022 (\$75 / person)

HIGH SCHOOL & MIDDLE SCHOOL SUMMIT (H) #14140

Hammond-Henry Hospital is excited to be providing students with speed, agility, strength and conditioning programs. Our goal with this program is to improve athletic performance as well as decrease your chances for injury. Student-athletes can expect to see improvements in first step quickness, jumping ability, strength, speed, agility, explosive power, conditioning and overall improvement in movement efficiency. *No classes held July 4 - 8, 2022*

INSTRUCTOR: Hammond-Henry Rehab

LOCATION: Geneseo Facility Activity Center (GFAC)

COST: \$100 / person (unless otherwise listed)

HS FOOTBALL [VARSITY]

6:30 - 7:30 am | M TU TH

June 6 - July 28, 2022

(\$110/person)

HS FOOTBALL [FRESH/SOPH]

8:30 - 9:30 am | M TU TH

June 6 - July 28, 2022

(\$110/person)

HS VOLLEYBALL [VARSITY]

9:30 - 10:30 am | TU TH

7:00 - 8:00 am | W

June 7 - July 21, 2022

HS VOLLEYBALL [FRESH/SOPH]

10:30 - 11:30 am | TU TH

8:00 - 9:00 am | W

June 7 - July 21, 2022

HS CHEER

11:30 am - 12:30 pm | TU F

May 31 - July 29, 2022

HS CROSS COUNTRY [Boys]

9:00 - 10:00 am | W F

June 1 - July 29, 2022

POST THERAPY FITNESS (L) #14147

This class is designed to pick up where rehab has left off. We will continue your wellness goals to improve balance, strength, and range of motion in a safe class setting.

INSTRUCTOR: Shannon Port, *Hammond-Henry Rehab*

10:15 - 11:00 am | M W

June 1 - 29, 2022 (\$65 / person)

July 6 - 27, 2022 (\$65 / person)

August 1 - 31, 2022 (\$65 / person)

HS FOOTBALL [VARSITY]

6:30 - 7:30 am | M TU TH

June 6 - July 28, 2022

(\$110/person)

HS FOOTBALL [FRESH/SOPH]

8:30 - 9:30 am | M TU TH

June 6 - July 28, 2022

(\$110/person)

HS VOLLEYBALL [VARSITY]

9:30 - 10:30 am | TU TH

7:00 - 8:00 am | W

June 7 - July 21, 2022

HS VOLLEYBALL [FRESH/SOPH]

10:30 - 11:30 am | TU TH

8:00 - 9:00 am | W

June 7 - July 21, 2022

HS CHEER

11:30 am - 12:30 pm | TU F

May 31 - July 29, 2022

HS CROSS COUNTRY [Boys]

9:00 - 10:00 am | W F

June 1 - July 29, 2022

HS CROSS COUNTRY [GIRLS]

7:30 - 8:30 am | M TH

8:30 - 9:30 | F

June 10 - July 29, 2022

MS BOYS/GIRLS [8TH GRADE]

10:00 - 11:00 am | W F

June 1 - July 29, 2022

MS BOYS/GIRLS [7TH GRADE]

11:00 am - Noon | W F

June 1 - July 29, 2022

TENNIS [GIRLS]

9:30 am - 10:30 pm | M F

May 30 - July 29, 2022

SOCCER [Boys]

10:30 - 11:30 am | M F

May 30 - July 29, 2022

HS GOLF [GIRLS]

11:30 am - 12:30 pm | M TH

May 30 - July 28, 2022

HS GOLF [BOYS]

7:30 - 8:30 am | TU F

May 31 - July 29, 2022

MIDDLE SCHOOL FITNESS ACCESS #14119

Middle school age students will gain access to all fitness areas. Participants will receive instruction on etiquette and how to safely and effectively use equipment in these areas. Taught by an ISSA Certified Personal Trainer & Certified Corrective Exercise Specialist.

GRADES: 6th - 8th

INSTRUCTOR: Matthew Henry, *Hammond-Henry Rehab Personal Trainer*

6:00 - 7:00 pm | TH

June 2 - 16, 2022 (\$36 M / \$72 NM)

July 7 - 21, 2022 (\$36 M / \$72 NM)

August 4 - 18, 2022 (\$36 M / \$72 NM)

EARLY BURN (H) #14104

A great way to start your day. For both men & women of all ages. You do what you can and modify where needed. This class is a total body muscle conditioning using dumbbells, weighted bar, bands, exercise balls, bosu ball and your own body weight. With cardio mixed with strength, you will burn calories, build strength and increase endurance.

INSTRUCTOR: Carie Kreiner

WALK-IN FEES: \$10 M / \$12 MG / \$20 NM

5:15 - 6:15 am | M

June 6 - 27, 2022 (\$26 M / \$52 NM)

July 11 - 25, 2022 (\$19.50 M / \$39 NM)

August 8 - 29, 2022 (\$26 M / \$52 NM)

5:15 - 6:15 am | F

June 3 - 24, 2022 (\$26 M / \$52 NM)

July 1 - 29, 2022 (\$32.50 M / \$65 NM)

August 12 - 26, 2022 (\$19.50 M / \$39 NM)

ARE YOU LOOKING FOR ACTIVE ADULT/SENIOR PROGRAMS?

Find a variety of *free* programs & events on pages 15 - 16

BUFF BONES® (M) #14126

Buff Bones® is a medically-endorsed system of movement for bone and joint health. It leverages bone-strengthening and balance techniques along with Pilates, functional movement, strength training and therapeutic exercise. It can benefit anyone looking to tone up, enhance posture, improve balance, and gain overall strength.

INSTRUCTOR: Shannon Port, *Hammond-Henry Rehab*

WALK-IN FEES: \$10 M / \$12 MG / \$20 NM

9:00 - 10:00 am | M

June 6 - 27, 2022 (\$26 M / \$52 NM)

July 11 - 25, 2022 (\$19.50 M / \$39 NM)

August 1 - 29, 2022 (\$32.50 M / \$65 NM)

9:00 - 10:00 am | W

June 1 - 29, 2022 (\$32.50 M / \$65 NM)

July 6 - 27, 2022 (\$26 M / \$52 NM)

August 3 - 31, 2022 (\$32.50 M / \$65 NM)

MORE FITNESS, YOGA & CYCLING CLASSES

FITNESS, CYCLING, & YOGA CLASSES cont...

FITNESS cont...

PARKINSON'S STRONG (L) #14142

Parkinson's only group exercise class with a focus on whole body functional wellness.

Class prerequisites: Must be pre-evaluated at Hammond-Henry Hospital prior to registering for this class. A one-time equipment fee of \$55 will apply [first month class fee waived with one-time equipment fee].

INSTRUCTORS: Bailey Weber & Shannon Port, *Hammond-Henry Rehab*

11:00 am - Noon | TU & TH

June 2 - 30, 2022 (\$65 / person)

July 5 - 28, 2022 (\$65 / person)

August 2 - 30, 2022 (\$65 / person)



WOMEN'S WELLNESS (L) #14146

This low impact class will focus on core, posture, mobility, and strengthening all the key muscles that support the spine and pelvis... This includes the pelvic floor - an essential muscle that's part of your core musculature and needed for better control and stability throughout your body. This class will help anyone looking to improve bladder control, post-labor recovery, and general core strength.

INSTRUCTOR: Shannon Port, *Hammond-Henry Rehab*

11:15 am - Noon | W F

June 1 - 29, 2022 (\$75 / person)

July 1 - 29, 2022 (\$75 / person)

August 3 - 31, 2022 (\$75 / person)



FITNESS ON THE HENNEPIN (H) #14129

July is National Parks and Recreation Month. Come out and enjoy some sections on the Hennepin Canal as we walk, stretch and run different areas. Each meeting will begin with some stretching and gentle yoga, followed by a one mile trip down the canal at your own pace, more stretching and a return trip to the parking lot.

LOCATION: Hennepin Canal

INSTRUCTOR: Shannon Port, *Hammond-Henry Rehab*

8:00 - 9:00 am | F

July 8 - 29, 2022 (\$26 M / \$52 NM)

CYCLING

HIP HOP SPIN (H) #14504

Get ready to cycle harder than you ever thought you could! Take every memory about every intense workout you've ever had, add a bike and high energy music, and you'll start to get the idea!

INSTRUCTOR: Shannon Port, *Hammond-Henry Rehab*

WALK-IN FEES: \$8 M / \$10 MG / \$16 NM

6:00 - 6:45 pm | M

June 6 - 27, 2022 (\$19.50 M / \$39 NM)

July 11 - 25, 2022 (\$14.75 M / \$29.50 NM)

August 1 - 29, 2022 (\$24.50 M / \$49 NM)

YOGA

POWER FLOW (L) #14133

Power Yoga is feel-good vinyasa designed for all fitness levels. Prepare to move with full body sequences that will energize your day and lift your spirits. This is a music driven yoga experience where you will find the beat, your breath, and FLOW that is taught in an 80-85 degree room and is sure to challenge you while giving you a great workout.

INSTRUCTOR: Shannon Port, *Hammond-Henry Rehab*

WALK-IN FEES: \$8 M / \$10 MG / \$16 NM

6:00 - 6:45 am | TU

June 7 - 28, 2022 (\$19.50 M / \$39 NM)

July 5 - 26, 2022 (\$19.50 M / \$39 NM)

August 2 - 30, 2022 (\$24.50 M / \$49 NM)

6:00 - 6:45 am | TH

June 2 - 30, 2022 (\$24.50 M / \$49 NM)

July 7 - 28, 2022 (\$19.50 M / \$39 NM)

August 4 - 25, 2022 (\$19.50 M / \$39 NM)

TRY YOGA ON THE WATER

Float & Flow on page 12

SLOW FLOW (L) #14134

Get ready for some mindful movement and music! Get moving with a well-balanced slower flow that incorporates some longer holds to allow the body to accept the physical patterns of asanas. Experiment with a challenge-pose here and there, and lengthen your muscles as you wind down. The range of options offered and modifications makes this class largely accessible. All while enjoying a wide selection of music!

INSTRUCTOR: Shannon Port, *Hammond-Henry Rehab*

WALK-IN FEES: \$12 M / \$14 MG / \$24 NM

9:00 - 10:15 am | TU

June 7 - 28, 2022 (\$32.50 M / \$65 NM)

July 5 - 26, 2022 (\$32.50 M / \$65 NM)

August 2 - 30, 2022 (\$40.75 M / \$81.50 NM)

9:00 - 10:15 am | TH

June 2 - 30, 2022 (\$40.75 M / \$81.50 NM)

July 7 - 28, 2022 (\$32.50 M / \$65 NM)

August 4 - 25, 2022 (\$32.50 M / \$65 NM)



POP UP
fitness class

BE THE FIRST TO HEAR ABOUT UPCOMING PARK DISTRICT POP-UP CLASSES

--->> Follow us on Facebook, Instagram & Twitter
--->> Sign-up for the Park District E-Newsletter online at www.GeneseoParkDistrict.org



FITNESS, CYCLING, & YOGA CLASSES cont...

PERSONAL TRAINING

TRADITIONAL #14600

Traditional Personal Training is one person working with one of our Certified Personal Trainers. It offers the greatest flexibility to use the sessions when it is convenient for you, the utmost privacy and the best personalized program.

1 SESSION | (\$32 M / \$64 NM)
5 SESSIONS | (\$135 M / \$270 NM)

SEMI-PRIVATE #14601

Semi-Private Personal Training is 2-3 friends or family members working with one of our Certified Personal Trainers at the same time. It offers the flexibility to use the sessions when it is convenient for all people, support from friends and family members and a personalized program that meets the common goal of all individuals, but at a reduced fee.

1 SESSION | (\$27 M / \$54 NM)
5 SESSIONS | (\$120 M / \$240 NM)

SUMMIT PILATES #14145

Summit Pilates Reformer sessions will teach you the fundamentals of Pilates to connect, engage and strengthen your powerhouse. Pilates is a wonderful form of physical activity for all fitness levels and ages. At Summit Pilates you will practice on the reformer to help you discover a greater mind-body awareness, improve any muscle imbalances you may have, and strengthen and tone the entire body with a major emphasis on your CORE.

1 SESSION/MONTH | (\$45 / person)
4 SESSIONS/MONTH | (\$160 / person)
8 SESSIONS/MONTH | (\$300 / person)

CERTIFIED PERSONAL TRAINERS: Matthew Henry & Shannon Port,
Hammond-Henry Rehab Personal Trainers

FREE ACTIVE ADULT/SENIOR PROGRAMS

June - August

FITNESS CLASS



Get out and get moving with a *free* Fitness Class.

EXERCISE CLASS

9:00 - 10:00 AM

THURSDAYS JUNE 2 - 30, 2022

THURSDAYS JULY 7 - 28, 2022

THURSDAYS AUGUST 4 - 25, 2022

This 1 hour class includes some gentle yoga moves, chair and standing exercises and NO FLOOR exercises. Participants are encouraged to participate at their personal level of comfort. Talking and laughing together is a big part of the fun of this group. Attendance is not mandatory – come when you can.

INSTRUCTORS: Sharon Rausch & Barb Sigwalt

MONTHLY MOVIE

Join us at Geneseo Park District's Central Theater for a *free* movie!



CENTRAL THEATER
your hometown theater

1:00 PM | WEDNESDAY JUNE 8, 2022
Return to Me

1:00 PM | WEDNESDAY JULY 13, 2022
I Can Only Image

1:00 PM | WEDNESDAY AUGUST 10, 2022
A Star is Born

FREE ADMISSION THANKS TO THE **GENESEO PARK DISTRICT FOUNDATION**

ONE **FREE** SMALL POP & POPCORN COMBO PER PERSON PROVIDED BY

CENTRAL
Classic Club

WATER FITNESS CLASSES



Try a different Water Fitness Class for *free* each month.

FIT HAPPENS P.M. (H) #15508

5:30 - 6:30 PM | THURSDAYS JUNE 2 - 23, 2022

This high intensity, total body workout will utilize the entire pool.

WALK THE WATER (L) #15509

8:30 - 9:30 AM | TUESDAYS JULY 12 - 26, 2022

Water walking burns calories, increases muscle tone and improves cardiovascular health. A variety of options are offered to achieve the level of intensity desired.

FOR THE LOVE OF FIT (L) #15504

9:45 - 10:45 AM | FRIDAYS AUGUST 5 - 26, 2022

Increases range of motion at the joints in order to improve posture, balance and mobility.

FREE ACTIVE ADULT/SENIOR PROGRAMS ARE SPONSORED BY THE
(unless otherwise listed)

Geneseo
Park District
Foundation

**PICK UP A COMPLETE CALENDAR OF EVENTS EACH MONTH AT THE
GENESEO COMMUNITY CENTER, CENTRAL THEATER OR ONLINE AT
GeneseoParkDistrict.org/Active-Adult**

MORE ACTIVE ADULT/SENIOR PROGRAMS & EVENTS

FREE ACTIVE ADULT/SENIOR PROGRAMS cont...

June - August

PICK UP A COMPLETE CALENDAR OF EVENTS EACH MONTH AT THE GENESEO COMMUNITY CENTER, CENTRAL THEATER OR ONLINE AT GENESEOPARKDISTRICT.ORG/ACTIVE-ADULT

SNACKS, GAMES & MORE



CARDS WITH FRIENDS

1:00 PM
MANIPULATION | MONDAYS
HAND & FOOT | 2ND & 4TH THURSDAYS

Come join friends and neighbors in a friendly game of cards. There are people who are willing to teach you how to play so you can join the fun!



TABLE GAMES & COFFEE

8:00 - 10:00 AM | TUESDAYS

Start your day off right with a hot cup of coffee and some friendly competition. Shuffleboard, Table Tennis, Air Hockey & Foosball are available to play. Everyone is welcome.



WALKING CLUB

9:30 - 10:30 AM | WEDNESDAYS

Come join us for a *free*, fun and sociable walking club on the indoor track. Walk at your own pace, bring a friend or make a new one. It's a great opportunity to set some fitness goals and connect with others in our community!



COFFEE & SNACKS

8:00 - 9:00 AM | THURSDAYS

Start your day off right with a hot cup of coffee, some tasty breakfast treats and friendly conversation as we welcome everyone to our Thursday morning Coffee and Snacks. Enjoy time with friends before beginning your day, or stick around for the 9am Exercise Class. Everyone is welcome.



BINGO

1:00 - 2:30 PM | 1ST & 3RD THURSDAYS

Everyone is welcome. Various games of Bingo are played each time. Prizes for everyone!



GAMES FOR FRIENDSHIP, FELLOWSHIP & FUN

9:00 AM - NOON | FRIDAYS

Join us on Friday mornings for fun group games and fellowship. Bring your friends or make new ones! Each week we will play a variety of games like Euchre, Uno, Skip-Bo, SkyJo, Sequence ect. **Plus** bring your board for Joker & Marbles. Or bring your favorite game to share. Everyone welcome!

LUNCHEON & SEMINAR

The Geneseo Park District would like to invite you to a *free* seminar from Hammond-Henry Hospital while enjoying a *free* light luncheon provided by the Geneseo Park District Foundation. *Stay and play cards following the luncheon.*

WOMEN'S HEALTH



WEDNESDAY JUNE 15, 2022

11:15 AM - NOON, LUNCHEON & SEMINAR TO FOLLOW

Come observe or participate in a new exercise program from Hammond-Henry Rehab that focuses on core, posture, mobility, and strengthening all the key muscles that support the spine and pelvis... this includes the pelvic floor. This class will help anyone looking to improve bladder control, post-labor recovery, and general core strength.

INSTRUCTOR: Shannon Port, *Hammond-Henry Rehab*

LOCATION: Geneseo Community Center

POSTURE & GAIT



THURSDAY AUGUST 11, 2022 | Noon - 1:00 pm

Whether you're walking or running, the mechanics of your locomotion depend on your gait. You may think this simply means standing up tall and putting one foot in front of the other. But your gait is a little more complex than that and requires the proper functioning of many body parts. Gait and posture problems may affect balance and increase your risk of injury. They may also be responsible for your ankle, knee, or back pain. Please join Hammond Henry Physical Therapists for an afternoon of discussion and demonstrations.

SPEAKER: Hammond-Henry Rehab

LOCATION: Geneseo Community Center



PROTEIN: THE MISSING LINK AT BREAKFAST

THURSDAY AUGUST 18, 2022 | Noon - 1:00 pm

Breakfast gives you energy to start the day. A healthy breakfast is important for everyone. What key role does protein play and what foods can be easily added to your breakfast.

SPEAKER: Marcia Wirth, RDN, LDN *Hammond-Henry Clinical Dietitian*

LOCATION: Geneseo Community Center

--->> ARE YOU ELIGIBLE AND RECEIVE MEDICAID? <<---

If so, ask us about our **FUNding Positive Recreation Program**.

You could receive up to **\$200 A YEAR**
towards your membership or programs.

Pick up an application at The Center's front desk
or online at WWW.GENESEOPARKDISTRICT.ORG



GENESEO COMMUNITY CENTER HOURS

FALL, WINTER & SPRING HOURS

through May 29, 2022

Monday - Friday
5:00 am - 9:00 pm

Saturday & Sunday
6:00 am - 3:00 pm

SUMMER HOURS

May 30 - September 4, 2022

Monday - Friday
5:00 am - 9:00 pm

Saturday & Sunday
6:00 am - 1:00 pm

DAILY ADMISSION AT THE CENTER

\$7.00 Youth/Senior

\$8.00 Adult

Community Center or Park District Memberships required or The Center Daily Admission applies.

COMMUNITY CENTER HOLIDAY CLOSINGS

Memorial Day (Closed)

Independence Day (Closed)

Labor Day (Closed)

JOHN & CARLA EDWARDS AQUATIC CENTER & SPLASH PAD HOURS

May 28 - August 14, 2022 (Weather & Staff Permitting)

Adjacent to The Center, the John & Carla Edwards Aquatic Center complex includes a Poolhouse, Splash Pad, 6 Lane Lap Pool, Drop Slide, 2 Diving Boards, Climbing Wall, Activity Pool with Zero Depth Entry, Play Feature, Lily Pad Walk and Current Channel.

ASK US ABOUT THE TEMPERATURE CONTROLLED POOLSIDE ROOM WHICH IS AVAILABLE TO RENT YEAR ROUND!

Visit GeneseoParkDistrict.org/aquatic-center/#rentals for more information.

DAILY ADMISSION AT THE AQUATIC CENTER

\$8.00 Adult/Youth/Senior (under 2 FREE)

Park District or Aquatic Center Membership required or Aquatic Center Daily Admission applies, unless otherwise indicated.

	AQUATIC CENTER SWIMS	NIGHT SWIM ²	SPLASH PAD FREE ADMISSION	ADULT WATER WALKING ⁴	PARK DISTRICT & AQUATIC CENTER MEMBERS ONLY LAP SWIM & WATER WALKING ⁵
Monday	OPEN SWIM¹ Noon – 5:00 pm	NIGHT SWIM² 7:15 - 9:15 pm <i>Not held on 5/30 & 7/4</i>	8:30 - 11:30 am <i>Not held on 5/30 & 7/4</i>	9:00 - 11:00 am <i>Not held on 5/30 & 7/4</i>	5:30 - 6:30 am <i>Not held on 5/30 & 7/4</i>
Tuesday	OPEN SWIM¹ Noon – 7:00 pm		8:30 - 11:30 am	9:00 - 11:00 am FREE ADMISSION	
Wednesday	OPEN SWIM¹ Noon – 5:00 pm	NIGHT SWIM² 7:15 - 9:15 pm	8:30 - 11:30 am	9:00 - 11:00 am	5:30 - 6:30 am
Thursday	OPEN SWIM¹ Noon – 7:00 pm		8:30 - 11:30 am	9:00 - 11:00 am FREE ADMISSION	
Friday	OPEN SWIM¹ Noon – 7:00 pm <i>7/29 Kiwanis Fun Day [Free Admission Noon -5 pm]</i>		8:30 - 11:30 am <i>Not held 6/24 & 7/29</i>	9:00 - 11:00 am <i>Not held 6/24 & 7/29</i>	
Saturday	OPEN SWIM¹ Noon – 5:00 pm	SATURDAY SWIM³ FREE FOR MEMBERS & PARK DISTRICT RESIDENTS 10:45 - 11:45 am	8:30 - 10:30 am	9:00 - 10:30 am	
Sunday	OPEN SWIM¹ Noon – 5:00 pm		8:30 - 11:30 am		

¹OPEN SWIM

FREE for Park District & Aquatic Center Members
Daily Admission for Non-Members

²NIGHT SWIMS.

FREE for Park District & Aquatic Center Members
Daily Admission for Non-Members

³SATURDAY SWIM

FREE for Park District, Aquatic Center Members & Park District Residents*
Daily Admission for Non-Park District Residents
**A Driver's License is required at time of admittance for proof of residency*

⁴ADULT CURRENT CHANNEL WATER WALKING

FREE for Park District & Aquatic Center Members
Daily Admission for Non-Members
Participants must be 18 yrs or older & remain in their designated area.
FREE Admission Tuesday & Thursdays

⁵MEMBERS ONLY ADULT LAP SWIM & WATER WALKING

Park District & Aquatic Center Members only.
Participants must be 18 yrs or older & remain in their designated area.
All lap swim times are subject to change based on attendance & weather.
Available for all Members during the Indoor Pool Shutdown
June 27 - July 10, 2022 *Not held 7/4*
5:15 - 7:00 am
Participants must have either a Community Center, Aquatic Center or Park District Membership.

THE AQUATIC CENTER WILL BE OPEN

**Memorial Day
& 4th of July**

Noon - 5pm
(weather & staff permitting)

OUTDOOR SUMMER MOVIE NIGHT

COME WATCH A FAMILY FRIENDLY MOVIE
FOR **FREE** AT THE PARK DISTRICT
MOVIE BEGINS WHEN THE SUN GOES DOWN



June 18, 2022
@Athletic Field



July 8, 2022
@Athletic Field



July 22, 2022
@Aquatic Center



August 5, 2022
@Athletic Field

THESE FAMILY FRIENDLY MOVIES ARE SPONSORED BY THE GENESEO PARK DISTRICT FOUNDATION!

Learn more about the Geneseo Park District Foundation at GeneseoParkDistrict.org/Foundation

Geneseo
Park District
Foundation